November

The Christian Village at Mason
November 1st – November 7th, 2026

BREAKFAST Week 2	LUNCH	DINNER
SUNDAY 1		
Hot or cold cereal Scrambled Eggs Sausage Links Toast Jelly Margarine	Meatloaf Mashed Potatoes w/gravy Peas & Carrots Mini Cheesecake * Smoked Pulled chicken * Sweet potato tots * Alternate Vegetable	Salisbury Steak with Gravy Garden Rice Green beans, carrots & red peppers Rice Krispy Treats * Brat on a Bun * Chips * Alternate Vegetable
MONDAY 2		
Hot or cold cereal Buttermilk Biscuit Sausage Gravy Scrambled Eggs Margarine	Baked Quiche Garden Vegetable Soup Mini Muffin Dessert Bar * Pastrami and Gouda on Rye * Chips * Alternate Vegetable	Fried Chicken Redskin Potatoes Prince Charles Vegetable Dinner Roll Italian Ice * Beef and Cheese Taco Bowl * Seasoned Rice * Alternate Vegetable
TUESDAY 3		
Hot or cold cereal Scrambled Eggs Danish Yogurt Cup	Battered Cod Coleslaw French Fries Fresh Baked Cookie * Tomato Soup * Grilled Cheese Sandwich * Alternate Vegetable	Shredded Brisket on Garlic Toast Yams Battered Brussel sprouts Cobbler * Chopped BLTE salad * Pita Bread * Alternate Vegetable
WEDNESDAY 4		
Hot or cold cereal Waffle Sausage Patty Fruit Cup Syrup & Margarine	French Onion Beef and Noodles California Blend Vegetables Dinner Roll Peanut Butter Pie * Garden Veggie Burger * Lettuce-Tomato-Onion * Sun Chips	Turkey with Gravy Stuffing Green Bean Casserole Cranberry Sauce Dinner Roll Peach Pie * Flounder Strips * French Fries * Alternate Vegetable
THURSDAY 5		
Hot or cold cereal Cheesy Scrambled Eggs Bacon Toast Jelly & Margarine	Egg Salad Croissant Creamy Potato Salad Onion Rings Pudding Cup * Mini Corn Dogs * Pasta Salad * Alternate Vegetable	Grilled Salmon Baked Potato Chopped Spinach Frosted Cake * Lasagna * Alternate Vegetable
FRIDAY 6		
Hot or cold cereal Breakfast Casserole Toast Jelly & Margarine	Bacon Cheeseburger LTOP Potato Chips Fresh Baked Cookie * Soup of the Day * Chicken Caesar Salad w/tomatoes * Crackers	Swedish Meatballs Buttered Noodles Scandinavian Blend Chocolate Éclair * Stuffed Cabbage Rolls * Seasoned Rice * Alternate Vegetable
SATURDAY 7		
Hot or cold cereal Scrambled Eggs Coffee Cake Fruit Cup	Fish Sandwich Mac & Cheese California Blend Cherry Pie * Fruit & Cottage Cheese Plate * Soup * Crackers	Pork Chop w/gravy Mashed Sweet Potatoes Cauliflower Dinner Roll Brownie * Chicken Tenders * Tater Tots * Alternate Vegetable

- Breakfast is not served in Matthew's Dining Room



The Christian Village at Mason
November 8th – November 14th, 2026

BREAKFAST Week 3	LUNCH	DINNER
SUNDAY 8		
Grits Scrambled Eggs Buttermilk Pancakes Syrup Margarine	Turkey Pot Roast Noodles Carrots Roll & Margarine Key lime Pie *Baked Salmon *Rice *Alternate vegetable	Minestrone Soup Hot Ham and Cheddar Applesauce Chips Cookie *Tuna Salad Sandwich *Potato Salad *Alternate vegetable
MONDAY 9		
Hot or cold cereal Cheesy Scrambled eggs Bacon Toast & jelly Fruit Cup	Chicken Pot Pie Biscuit Broccoli Boston Cream Pie * Pasta Fagioli soup * Roast Beef and Provolone * Carrot Salad	Meatloaf Mashed Potatoes w/gravy Corn O'Brien Fruit Pie *Braised Pork *Mashed Sweet Potatoes *Alternate Vegetable
TUESDAY 10		
Hot or cold cereal Biscuit Sausage gravy Hard Boiled Egg Pineapple Tidbits Margarine	Chili Dog w/cheese Potato Wedges Green Beans Fresh Baked Cookie *Turkey & Swiss *Lettuce & Tomato *Potato Salad	Sliced Ham Steak Stewed Tomatoes Macaroni & Cheese Dinner Roll & Margarine Lemon Bar * Sloppy Joe * Coleslaw *Tater Tots
WEDNESDAY 11		
Hot or cold Cereal Breakfast casserole Raisin Toast Jelly & Margarine	Hearty Vegetable soup Chicken Patty Sandwich Lettuce and Tomato Jello Salad *Ham & Cheese Sandwich * Pasta Salad *Alternate vegetable	Turkey Ala King Capri Vegetables Biscuit Strawberry Cream Pie *Baked Cod *Roasted Potatoes * Alternate Vegetable
THURSDAY 12		
Hot or cold cereal Scrambled eggs Goetta Banana Toast Margarine & Jelly	Beef Stew Baked Apples Corn Muffin Cream Pie *BLT *Chips * Alternate vegetable	Pulled Brisket Baked Sweet Potato Country Green beans Cheesecake * Greek Grilled Chicken Salad * Pita Bread Wedges
FRIDAY 13		
Hot or cold cereal Scrambled eggs Tropical fruit Toast Margarine & Jelly	Salisbury Steak Mashed potatoes with Gravy California Blend Vegetables Mousse * Vegetable Ravioli * Tossed Salad * Dinner Roll	Orange Chicken Rice Stir Fry Vegetables Fruit Pie * Cream Chipped Beef over Toast * Broccoli and Cheese Bites
SATURDAY 14		
Hot or cold cereal Omelet Sausage link Toast Margarine & Jelly	Texas Chili w/ cheese Crackers Tomato Basil Pasta Salad Cinnamon Applesauce Cupcake *Chicken Salad Sandwich *Vegetable Soup with Crackers	Open Face Roast Beef Yukon Mashed w Gravy Buttered Peas Orange Cake *Vegetable Lasagna *Dinner Roll *Alternate Vegetable

- Breakfast is not served in Matthew's Dining Room



The Christian Village at Mason
November 15th – November 21st, 2026

BREAKFAST Week 4	LUNCH	DINNER
SUNDAY 15		
Hot or cold cereal Scrambled eggs Bacon Toast & Jelly Peaches	Chicken Alfredo Broccoli, Cauliflower & Carrot Blend Frosted cake *BBQ Beef Sandwich *Tater Tots *Cole Slaw	Country Fried Steak Au Gratin Potatoes Carrots Fresh Baked Cookie *Grilled Cheese *Soup of the Day *Chips
MONDAY 16		
Hot or cold cereal Hard Boiled egg Sausage Link Cinnamon Bun Margarine	Cheese Pizza Crinkle Cut Fries Buttered Corn Chocolate Éclair * Egg Salad Plate * Fruit Cup * Chilled Pea Salad	Black Forest Ham White Cheddar Mac & Cheese Green Beans Applesauce Banana Cream Pie * Lobster Ravioli * Tossed Salad
TUESDAY 17		
Hot or cold cereal Cheesy Scrambled eggs Tropical Fruit Toast & Jelly Margarine	Braised Beef Noodles Hot Slaw Fruited Gelatin *Chef Salad w/dressing *Crackers *Cup of Soup	Chicken Cordon Bleu Redskin Potatoes Garlic Mushrooms Brownie * Taco Salad * Sour Cream & Salsa
WEDNESDAY 18		
Hot or cold cereal Buttermilk Biscuit Sausage Gravy Scrambled eggs Margarine Fruit Cup	Cream of Broccoli Soup Swiss Patty Melt Waffle Fries Frosted Cake * Cottage Cheese & Fruit Plate w/ assorted crackers * Cup of Soup *Alternate vegetable	Open Face Turkey w/gravy Cheddar Mashed Potatoes Broccoli Cheesecake * Salmon * Brown Rice * Alternate Vegetable
THURSDAY 19		
Hot or cold cereal Scrambled eggs Blueberry Pancakes Syrup Margarine	Fried Chicken Mashed Potatoes w/ Gravy Cream Corn Biscuit Fresh Baked Cookie * Grilled Bacon, Cheese and Tomato Sandwich * Soup * Crackers	Beef & Cheddar Melt over Mashed Potatoes Scandinavian Vegetable Blend Cupcake * Crab Cake w/Dipping sauce * Alternate vegetable * Sweet Potato Fries
FRIDAY 20		
Hot or cold cereal Egg Patty Sausage Patty Whole Wheat English Muffin Fruit Cup Margarine Jelly	Grilled Mett Potato Salad Sauerkraut Custard Pie *Salmon Burger w/shredded lettuce *Sun Chips *Fried Pickles	Grilled Steak Baked Potato Broccoli, Squash & Carrot Blend Ice Cream Sandwich *Tuna Casserole *Dinner Roll *Alternate Vegetable
SATURDAY 21		
Hot or cold cereal Scrambled eggs Danish Yogurt Margarine	Chicken and Dumplings Peas and Carrots Roll w/ margarine Lemon Pie *Vegetable Spring Rolls *Ramen Noodle Slaw	Spaghetti w/Meat sauce Italian Vegetable Blend Chocolate Chip Mousse Cake *Grouper Tenders *French Fries *Alternate vegetable

- Breakfast is not served in Matthew's Dining Room



The Christian Village at Mason
November 22nd – November 28th, 2026

BREAKFAST Week 5	LUNCH	DINNER
SUNDAY 22		
Hot or Cold Cereal Scrambled eggs Biscuits & Sausage Gravy Mandarin Oranges Margarine	Baked Ham Cheddar Mashed Potatoes Prince Charles Blend Vegetable Corn Muffin Butter Cake * Avocado Bacon Salad * Assorted Crackers * Alternate Vegetable	Shredded Pork with gravy Baked BBQ Beans Buttered Green Beans Ambrosia * Turkey & Cheddar * Cup of Soup * Fruit Cup
MONDAY 23		
Hot or Cold Cereal Cheesy scrambled eggs Breakfast Ham Slice English Muffin Jelly Margarine	Cheeseburger Lettuce/Tomato/Onion/Pickles French Fries Fruited Jell-O * Italian Sausage on Bun * Peppers & Onions * BBQ Chips	Beef tips & Mushrooms Buttered Noodles California Blend Vegetables Lemon Meringue Pie * Chef's Salad * Assorted Crackers * Fruit Cup
TUESDAY 24		
Hot or Cold Cereal Buttermilk Pancakes Sausage Links Syrup Margarine	Salisbury Steak Key West Vegetables Au Gratin Potatoes Roll w/ margarine Butterscotch Pudding * BLT * Chips * Alternate vegetable	Homemade Lasagna Normandy Vegetables Garlic Roll Tiramisu * Trio Plate * Fruit Cup * Cup of Soup
WEDNESDAY 25		
Hot or Cold Cereal Cheese Omelet Wheat Toast Jelly Margarine Fruit Cup	Chicken Tenders Potato Wedges Mixed Vegetables Brownie *Brat on a bun *Mashed Potatoes * Alternate vegetable	Spaghetti with Meatballs Green Beans Garlic Toast Fruit Pie * Beef Barbeque * Coleslaw * Potato Tots
THURSDAY 26	*THANKSGIVING*	
Hot or Cold Cereal Scrambled eggs Sausage Links Wheat Toast Jelly Margarine	Roast Turkey w/ Gravy Country Green Beans Yukon Mashed Potatoes Candied Sweet Potatoes Traditional Stuffing Cranberry Relish Corn Muffin Pumpkin Pie * Ham	A HOIDAY BOXED MEAL WILL BE DELIVERED TO YOUR ROOM
FRIDAY 27		
Hot or Cold Cereal Scrambled eggs Danish Yogurt Margarine	Stadium Hot Dog Potato Chips Cucumber Tomato Salad Ice Cream Cup * Pepperoni Pizza * Cheese Sticks * Alternate vegetable	Sliced Brisket Baked Sweet Potato Peas Fresh Baked Cookie * Cottage Cheese & Fruit Plate * Hummus & Pretzels * Alternate vegetable
SATURDAY 28		
Hot or Cold Cereal Egg & Cheese Sandwich Bacon Margarine	Fish and Chips Coleslaw Assorted Petit Fours * Italian Sub * Sun Chips * Alternate Vegetable	Orange Chicken Fried Rice Buttered Carrots Frosted Cake * Ground Beef Stroganoff * Alternate vegetable

- Café Menu and Instructions on Reverse Side
- Breakfast is not served in Matthew's Dining Room



The Christian Village at Mason
November 29th – December 5th, 2026

BREAKFAST Week 1	LUNCH	DINNER
SUNDAY 29		
Hot or Cold Cereal Scrambled Eggs Sausage Gravy Biscuit Margarine Fruit cup	Pot Roast Mashed Potatoes & Gravy Glazed Carrots Dinner Roll & Margarine Fruit Pie *Crispy Flounder Fillets *White Cheddar Mac & Cheese *Alternate Vegetable	Garden Vegetable Soup Roasted Turkey & Cheddar Sandwich Cous Cous Salad Banana Pudding *Chicken Salad on croissant *Baked chips *Alternate vegetable
MONDAY 30		
Hot or cold cereal Western Omelet Hash brown patty Toast Jelly & Margarine	Spaghetti with Meat Sauce Italian Vegetables Garlic Roll Fruited Jell-O *Grilled Ham & Cheese Sandwich *Tomato Soup *Pasta Salad	Country Style Ribs Mashed Sweet Potatoes Normandy Blend Vegetables Apple Blossom *Soft Beef Taco *Shredded Lettuce, Tomatoes, & Cheese *Battered Cauliflower
TUESDAY Dec 1		
Hot or cold cereal Scrambled eggs Bacon Toast Jelly & Margarine	Chicken Tenders Waffle Fries Mixed Vegetables Black Forest Brownie * Grilled Hot Dog * Macaroni Salad *Alternate Vegetable	Butter Crumb Fish Lemon Pasta Green Beans Chocolate Cream Pie * Pepperoni Pizza * Tossed Salad * Applesauce
WEDNESDAY 2		
Hot or cold cereal Pancakes Sausage Patty Syrup & Margarine Fruit cup	Open Faced Pork w/gravy Au Gratin Potatoes Peas Cupcake *Vegetable Lasagna *Dinner Roll *Alternate Vegetables	Grilled Salmon Garden Rice California Blend Dinner Roll Sundae Cup * Honey BBQ chicken wings * Potato Wedges *Alternate Vegetable
THURSDAY 3		
Hot or cold cereal Scrambled eggs Yogurt Raisin Toast Margarine	Cheeseburger Lettuce, tomato, onion & pickles Chips Fruit Cobbler * Turkey Club on Multi Grain Bread * Potato Salad * Alternate Vegetable	Beef Stir Fry White Rice Oriental Vegetable Blend Frosted Cake * Reuben Casserole * Mini Potato Pancakes * Alternate Vegetable
FRIDAY 4		
Hot or cold cereal Hardboiled egg Ham Slice Mini Muffin Margarine	Country Chicken & Dumplings Carrots Slice of Bread Butterscotch Pudding * Stuffed Green Peppers * White Rice *Alternate Vegetable	Short Ribs Brussel Sprouts Yukon Gold Potatoes Fruit Pie *Crab Cake *Bow Tie Pasta * Alternate Vegetable
SATURDAY 5		
Hot or cold cereal Cheesy eggs Fried Potatoes Wheat toast Jelly/Margarine Fruit Cup	Chili, Spaghetti and Cheese Cold 3 Bean Salad Oyster Crackers Fresh Baked Cookie * Cup of Soup * Roast Beef & Cheddar Sandwich *Alternate Vegetable	Fried Fish Mac & Cheese Stewed Tomato Dinner Roll & Margarine Raspberry Peach Pie *BBQ Beef Sandwich *Cole Slaw *Onion Rings

- Breakfast is not served in Matthew's Dining Room

Cardiac Café Menu

Available for Lunch and Dinner

Chef Salad

Ham, turkey, cheese, hard-boiled egg, tomatoes on a bed of fresh greens served with your choice of salad dressings.

Pizzadilla

Provolone cheese and pepperoni on a flour tortilla grilled to perfection and served with marinara sauce.

Spaghetti with Marinara sauce

Pasta tossed with marinara sauce.

Chicken Quesadilla

Chicken and cheese on a flour tortilla, grilled to perfection & served with sour cream and salsa.

Hamburger

Grilled beef patty topped with spring mix tomato, onion, & pickles served on a hamburger bun.

Soft Taco

Flour tortilla with taco meat and cheese served with sour cream and salsa.

Baked Chicken

Baked Chicken can be served with any menu items.

Seasoned Baked Fish

Baked Fish of the Day can be served with any menu items.

Deli Sandwich

Choose Ham, Turkey, Swiss or American cheese served on white or wheat bread.

CVM Wellness Selection

Additional items available: Variety of hot and cold cereals, fresh fruit, fresh fruit salad, applesauce, pudding, gelatin, cottage cheese, yogurt, soup, grilled cheese, PB & J, lunch meat sandwiches, variety snack chips, ice cream cups, donut, pastry, muffin

Beverages: Coffee (Regular and Decaf), Hot Tea, Iced Tea, Milk, Lactose Free Milk, Hot chocolate (Regular and Sugar Free), Orange Juice, Apple Juice, Cranberry Juice, Prune Juice, Variety of Diet & Regular Soda, Flavored Sugar Free Water, Lemonade, V8 Juice

Please put your name and room number on your menu

Please circle desired menu items on the front page (weekly menu) for each meal or write in your Café Menu selections for meal requested. You may also write in any additional requests for that meal and small portions if desired. A copy of your menu can be given to you by any staff member. Completed menu must get to the kitchen for you to receive your selections; any staff member can drop it off for you.

If you have questions or need additional information, please call Food & Nutrition Services at 513-518-8269.