

Save the Date

Hearing, Balance, and Clarity: *Restoring Your Connection to Life*

MERCY HEALTH SPEAKING SERIES

Join us for the next topic in the Mercy Health Speaking Series. Presenting will be Kirsten R. Mosko, AUD. Kirsten's presentation will focus on audiology/hearing and improving the quality of life for patients who experience hearing loss, tinnitus, and balance disorders.

By combining our resources, expertise, and commitment to care, we look forward to continuing our collaboration between The Christian Village at Mason and Mercy Health Kings Mills Hospital. We hope to see you there!

This event will be held in the Stone Center Auditorium at 10 am on Wednesday, October 14, 2026. Please register for this event at the front desk or by calling 513-398-1486.

Birthdays, Celebrations and Updates



September Birthdays

This information is for
The Christian Village at Mason residents.

Village Clinic Hours

7169 Village Drive

Monday – Thursday, 10:00 -11:30 a.m.

If you need to contact the nurse outside these hours, please contact Lisa Oehler, LPN, Purpose Care Home Care Coordinator (formerly Queen City Home Care) at (513) 489-0850 or Heather Carter at (513) 701-3403.

CVM Transportation:

Transportation services are available to all CVM residents Monday-Friday, 8 a.m. – 4:30 p.m.

Concierge Cards:

\$37 for 13 trips

For errand and medical appointments within 5 miles.

Appointments by Mile or Hour:

For trips that would not qualify as a concierge trip:

\$4.00/mile from drop-off and pick-up

\$42/hour for the driver to stay with you

Grocery Pickups:

Please turn in one list per week on Monday or Thursday into the Front Desk (4 or 5 items). Please give list and money to the front Desk or call Transportation at **(513) 703-3415**.

Scheduling Transportation:

Call **701-3415** to schedule an appointment.



September Anniversaries

This information is for
The Christian Village at Mason residents.

RESIDENT UPDATES

This information is for
The Christian Village at Mason residents.

Chaplain's Corner

Choose JOY!?

By Chaplain David Ray

Troubled by a new ache you've never noticed before (and you're not even out of bed). Worried about some hard challenge you're certain to face before the day is done. Trying to figure out how to pay an overwhelming bill that will soon be passed due. Dreading a conversation that's certain to be difficult with someone you already don't like.

It's easy for the bad to overwhelm the beginning of a day. To let anxiousness or fear dominate early morning thoughts. Because all the things you dread might just come true. You're not just imagining them.

So what to do? There is a psalm that offers good advice. Its counsel: Choose JOY!

Now you might think it's a psalm full of Pollyanna thoughts about all that is good. But it includes a recital of things that are surely bad. Let me lift a few descriptors you'll find if you read Psalm 118: distress, hate, destroyed, attacked, swarmed, punished, and rejected. And there is even the "D" word: die.

But the psalm opens with this first thought: "Give thanks to the Lord, for he is good! His faithful love endures forever." And there are many good words of hope that follow, like: prayer, help, refuge, rescued, victory, glorious, and wonderful.

Despite the trouble that could come, there is a confidence in God who will be present, too. So, in the middle of the psalm come these words:

"This is the day that the Lord has made. We will rejoice and be glad in it" (vs. 24).

On the worst of days, it is still God's day. Despite our greatest fears, God is always "good," and "His faithful love endures forever" (vs. 1).

We have a choice in how we begin our days: with confidence or with fear, with hope or with despair. And we get to choose JOY! Not a joy that is blind to aches



or troubles, but that is always fully aware of the strong presence of God. Or as another line in the psalm puts it: "The Lord is for me, so I will not fear." (vs. 6)

I choose JOY. At least I try, and encourage you to do the same.

This past *delayed* series begins soon. Ecclesiastes wrestles with the meaning of life from an earthly point of view, along with hints of the heavenly. We'll also hear some classic popular songs which echo some of the book's themes. Join us!

Closing Notes

Sunday Worship: Stone Center Auditorium, 10:15 a.m., and also live on CVCTV Channel 2493 and rebroadcast at 6:15 p.m.

Chaplain Devotions: Monday-Friday, at 9 a.m. and 3 p.m.

Office (513) 701-3406, **Cell** (513) 218-6548, or
Email david.ray@christianvillages.org.

If you need assistance to attend worship, desire Communion, or would welcome a visit, please contact us.

You Never Know

BY RUTH ODOR,
GARDEN APARTMENT RESIDENT



Turn Toward the Light

Have you noticed how plants turn toward the sunlight? If I don't turn the plants on my windowsill, the growth is too heavy on one side. The plant reaches out for the sunlight and grows toward it. If we are to grow—to grow toward Him—we must reach for the *Sonlight*.

In the tobacco-growing region where I grew up were small buildings with windows on one side. These buildings stood alone or were built on the side of the barn. They are called stripping rooms (Yes, stripping rooms). It is here that the leaves of tobacco are stripped from the stalk and graded. Before the day of fluorescent light these buildings always faced north. The windows were always on the north side. I used to wonder why. Then my dad explained that the only true light is the north light. We have been given our one true Light, our north Light. Speaking of Jesus, John wrote, "In him was life, and that life was the light of men... The true light that gives light to every man coming into the world" (John 1:4,9). David wrote in Psalm 27:1, "The Lord is my light." And Jesus himself said, "I am the light of the world" (John 8:12).

Back in June of 1833 John Henry Newman, lonely and recovering from an illness, was on a ship sailing across the ocean. The night was dark, no moon, no stars. Newman must have been thinking of that passage in Exodus that tells of God's guiding the Israelites with a pillar of fire at night when he wrote a prayer that became the words of the hymn "Lead, Kindly Light." That hymn is not in most hymn books today and is seldom sung. However, the words, especially those of the first stanza, are often used as a prayer.

"Lead, kindly Light, amid 'the encircling gloom,
Lead Thou me on!
The night is dark, and I am far from home;
Lead Thou me on!
Keep Thou my feet;
I do not ask to see ...
The distant scene; one step enough for me."
"One step enough for me."

Social Service Scoop

By Heather Carter, LSW, Director of Social Services

For the past 3 years, Christian Village Hospice has mailed handmade Christmas Cards to all our patients and their families. We believe the handmade cards provide a special reminder that our patients and families are always part of the Christian Village Community family.

To date, we have served over 200 patients and families. We are looking for volunteers to help

with card making and mailing. Our new volunteer orientation on September 17, 2026, at 1:00 p.m. for anyone interested in assisting with our Christmas card project or other hospice volunteer services.

If you have any questions or would like additional information about volunteer needs, please contact Heather Carter, Hospice Administrator, at 513-701-3403.

The Well

Laughter is Really Good Medicine

By Tomi Maruna, Director of Fitness & Wellness

We spend a lot of time talking about what we should do for our health: exercise, eat well, sleep, drink water, and stay connected. But there is one wellness prescription that doesn't require a copay: LAUGHTER!

A good laugh isn't just fun—it may benefit both our bodies and our minds.

It Helps Relieve Stress

Laughter can help release tension and promote relaxation. Sometimes you don't need to solve the problem—you just need to laugh about it for a minute.

It Can Lift Your Mood

Laughter and positive emotions can help us feel happier and more relaxed. Spending time with people who make you laugh can be a wonderful mood booster.

It Brings Us Together

Have you noticed that laughter is contagious? One person starts laughing, and suddenly everyone else wants to know what they've missed! Shared laughter creates connection—and sometimes the best medicine isn't something you take, but someone you spend time with.

Your Daily Prescription

Try adding more laughter to your day:

- Spend time with people who make you smile.
- Share a funny story or favorite joke.
- Watch an old comedy.
- Laugh at yourself.
- Participate in activities that bring you joy.
- Look for the funny moments in everyday life.

The Bible says:

“A cheerful heart is good medicine.” — Proverbs 17:22

Your September wellness prescription: Take one good laugh several times a day—and refill as needed.



CBA Foundation

By Matt Hilderbran, VP of Development



Legacy Society Luncheon: On October 22nd, we will host a Legacy Society Luncheon at the Christian Village at Mason to thank those who have included the Christian Benevolent Association Foundation in their estate plans.

If you have already made this meaningful commitment, thank you! If you have not yet shared your intentions, or if you are interested in making the CBA Foundation part of your legacy through a planned gift, please let us know so we can extend an invitation to you. Invitations will be sent soon!

What is the Legacy Society? The Legacy Society was created to celebrate individuals who have made a commitment to provide critical, long-term support through their estate plans. We are truly thankful for those that understand the importance of ensuring the CBA Foundation continues to impact our communities

by engaging others to provide needed resources.

Philanthropy through estate planning is essential in continuing to minister to the residents and team members of Christian Village Communities and to sustain the organization's ministry well into the future.

There are Many Ways to Leave a Legacy Gift:

- Bequests by will or living trust
- Entrance Fee Refund (make the CBA Foundation a beneficiary)
- Gifts of life insurance
- Gifts of real estate, stock or other assets

If you would like more information about any of these planned giving options, contact Matt Hilderbran, VP of Development at (513) 701-3345 or matt.hilderbran@christianvillages.org

Auxiliary & Resident Organization News

Auxiliary Update

By Harold Lorton, Auxiliary President

Dine Outs: Join us for our next special meal, Thursday, September 10th, at Carrabba's Italian Grill, 5152 Merten Drive, Mason. Drop in anytime between 11:00 am and 10:00 pm. Please wear your nametag to help us connect better. To register your purchase to the Auxiliary, present the flyer from this September Village Newsletter to your server when paying the bill. Extra flyers for staff and friends are available at the front desk. Community Life Services will provide transportation at 11:15 am for residents no longer driving. Sign up at the front desk. We encourage all residents and staff to dine with us. Invite your friends! See you at Carrabba's!

- Dine-Out Co-Chairs: Phil & Linda Saneholtz.

Garment Sale: The CVM Auxiliary will be selling fall garments embroidered with the Christian Village at

Mason logo in Hockley Chapel on September 2nd and 3rd from 12:00 noon to 4:00 pm for residents and staff. Collapsible umbrellas with a screen print of the Village logo will also be available. As a bonus, display garments will be available for purchase after 3:00 pm on Thursday, September 3rd. Garments must be paid for when ordered. We accept cash, check and credit card payments at all Auxiliary sales. Merchandise will be available for pickup after embroidered and brought to the Village.

Bake Sale: On Friday, September 25th, the Christian Village at Mason Auxiliary plans to sell all kinds of goodies made by our wonderful Auxiliary bakers and friends. The sale will open early for CVM staff to shop from 8:00 to 9:00 am. Residents, guests, and staff are invited to shop the baked goods from 9:00 am to 3:00 pm. The Bake Sale will set up in Hockley Chapel on Thursday afternoon, September 24th.

Auxiliary & Resident Organization News

Craft Show: The 2026 Auxiliary-sponsored Craft Show will be held on the fourth Saturday in October, the 24th, 9:00 am to 3:00 pm. All forty table spaces have been sold.

White Elephant Sale: On Saturday, October 24th, the Auxiliary will host a White Elephant Sale. If you have items to donate (**no clothing or furniture**) and want them picked up for storage until the sale date, contact Dave Doty (513)-398-1520, and leave a message – name, address, general description of donation(s), and phone number for call back.

Resident News

Veterans Association Meeting:

The next veterans' meeting will be on September 16th in the Hockley Chapel at 10:00 a.m. There will be a guest speaker from the US Air Force museum in Dayton. All residents are invited to come. Following the meeting at 11:30 a.m, Mission BBQ will provide lunch for 30 guests (veterans, spouses, & guests interested in attending). Sign up at the front desk!

Run Called Life – Strides for Hope Fundraiser: On

Saturday, September 12, our community will be part of the Run Called Life – Strides for Hope fundraiser. Approximately 245 participants are expected to enter our property around 9:30 a.m. and should be clear of the area by approximately 11:00 a.m.

The race route through our community will be:
Village Drive → Crescent Drive → Center Circle → left on Sunray Drive → right onto Central Park.

We invite you to step outside, relax in your driveway or along the route, and cheer on the runners as they pass by. The event should move through our community quickly.

Upcoming Music Concerts

Concerts will be held in the Stone Center unless another location is listed.

Barefoot McCoy: Tues, 9/08, 7:00 p.m.

(prior to concert at 6:15 p.m., there will be some sweet treats available in the Stone Center gathering area.)

The Lyn & Merry Duo: Tues, 9/22, 7:00 p.m.

German Polka Warriors: Wednesday, September 30, 6:30 p.m. (location tbd.)

Library News

By Mary Ann Watrous

July/August 2026 Additions

David Baldacci: *Strangers in Time; Nash Falls*

Wanda E. Brunstetter: *The Crow's Call; The Mockingbird's Song; The Robin's Greeting*

John Grisham: *The Widow*

Nancy Mehl: *Dead Fall; Free Fall*

James Patterson: *The Inn*

Reese Witherspoon /Harlan Coben: *Gone Before Goodbye*

Non-Fiction

Stephen E. Ambrose: *Nothing Like It In the World* (Transcontinental Railroad)

Anthony DeSantis: *The Stowaway in First Class...*

John Grisham: *Framed* (stories of false convictions)

David McCullough: *The Path Between the Seas*

(Building of the Panama Canal)

Ruth Lyons: *Remember With Me*

Large Print

Deborah Ezzell: *Short Stories for Seniors: 30 Feel Good...* (Nonfiction)

Michael Finkel: *The Art Thief...* (Nonfiction)

Richard North Patterson: *The Final Judgment*

Danielle Steel: *44 Charles St.*

Quentin F. Veit: *The Bumpy Road (Farm Life in the Great Depression)* (Nonfiction)

Mason Public Library Outreach: Friday, September 4, 10:00 a.m.



411 Western Row Rd
Mason, OH 45040

If you have an address change or would like to be removed from our mailing list, please email lizz.stephens@christianvillages.org



The Christian Benevolent Association does not discriminate on basis of race, sex, religion, age, qualified handicap, or veteran.

Non-Profit Organization
US Postage
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Christian Village Communities

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Diane Gumbert, CFO
(513) 701-3448

The Christian Village at Mason

Lizz Stephens, VP of Marketing and Business Strategy
(513) 701-3408

CVM Health Care Facility

Bob Slade, LNHA, VP of Operations
(513) 398-1486

The mission of Christian Village Communities is to guide older adults to joyful and purposeful life experiences in a faith-filled community.

Care is the heart and soul of everything we do. We are devoted to maintaining the highest standards of expertise and service in health and wellness. We are committed to serving each person as though they were our own family; with love, compassion and excellence. 

Want to support the ministry of Christian Village Communities?
Visit www.christianvillages.org/donate to learn more about supporting our foundation and providing financial relief to our residents and employees.

BE SURE TO VISIT OUR WEBSITE TO VIEW THE CALENDAR OF EVENTS
www.christianvillages.org