



CEO Town Hall Meeting

Christian Village Communities

The first of two CEO Town Hall meetings for 2026 is scheduled for **Wednesday, April 22nd at 2 pm in the Stone Center Auditorium at The Christian Village at Mason.** It will also be broadcast on CVC TV on a date TBD following.

These meetings have been well attended in the past as residents have regarded them as a great source of information about what's going on at CVC, how well our organization has performed compared to budget, as well as what is projected for the coming year. Updates will be provided about all the developments on each campus. We will review financial year end 2025, review completed capital projects in 2025 and announce projects planned for 2026. In addition to her planned meeting agenda, Vickie will answer resident questions that are signed and submitted to the Village Center front desk by close of business day on April 17th.

Town Hall meetings are planned in support of the administration's objective for transparency and enhanced communication between CVC management and our residents. The second Town Hall meeting for 2026 is scheduled for **October 28th, also at 2 pm.** Residents of Christian Village at Mason and Christian Village at Mt. Healthy are invited to attend this event. Please mark your calendar to save these dates!

Birthdays, Celebrations and Updates



March Birthdays

This information is for
The Christian Village at Mason residents.

Village Clinic Hours

7169 Village Drive

Monday – Thursday, 10:00 -11:30 a.m.

If you need to contact the nurse outside these hours, please contact Diane Reed, R.N., Queen City Skilled Care, Home Care Coordinator at **(513) 314-0562** or Heather Carter at **(513) 701-3403**.

Grocery Pickups:

Please turn in one list per week on Monday or Thursday into the Front Desk. (4 or 5 items). Please give list and money to the front Desk or call Transportation at **(513) 703-3415**.

CVM Transportation:

Transportation services are available to all CVM residents Monday-Friday, 8 a.m. – 4:30 p.m.

New 2026 Transportation Costs

Concierge Cards—\$37 for 13 trips

For errand (non-medical) trips within 5 miles.

*Appointments by Mile or Hour

For medical appointments or other trips that would not qualify as a concierge trip.

· \$4.00/mile from drop-off and pick-up

· \$42/hour for the driver to stay with you

Scheduling Transportation

Call **701-3415** to schedule an appointment.



March Anniversaries

This information is for
The Christian Village at Mason residents.

Chaplain's Corner

BY CHAPLAIN DAVID RAY



Some FORTY DAYS before the coming of EASTER, many Christians observe a season of spiritual preparation commonly called, "LENT."

While more formally celebrated within the Catholic tradition, there is evidence that Lent became a simple observance from the earliest centuries of the church and has become more broadly celebrated today.

Why FORTY days? The number "40" figures often as a notable span of time within the Bible.

When God cleansed the world through the **flood**, it rained for 40 days and nights. After **Moses** killed the Egyptian, he fled to Midian where he spent 40 years **tending flocks** before his return to lead the Hebrew's in their Exodus. He also spent 40 days and nights on a fiery **Mt. Sinai**, receiving the Law from God, quickly followed by **intercession** before God for a same number of days because of Israel's sin. Forty years of **wandering** in the wilderness resulted for Israel before a next generation of **spies** eventually spent 40 days sizing up the Promised Land. **Goliath** taunted the armies of King Saul for 40 days before **David** arrived to slay him. When the prophet **Elijah** fled from Ahab and Jezebel, he traveled 40 days and nights to hide on Mt. Horeb.

And, perhaps, most notably, **Jesus** spent 40 days in the Judean **wilderness**, preparing for His ministry while successfully resisting Satan's **temptations**.

This common number was surely not coincidence, but marked significant periods of preparation or trial, not unnoticed by the early church and turned into a meaningful numbering of days to prepare believers' hearts for Easter.

So I've chosen to lead us through our own time of spiritual preparation through March, into an early April Easter.*

The tone for our **LENTEN EXPERIENCE** was set through a sermon on Feb. 22, with messages to continue during March, including **PALM SUNDAY on Mar. 29**; followed by a reflective observance of **GOOD FRIDAY on Apr. 3**, with self-guided devotional stations of the cross from 9 a.m. to 5 p.m., concluding with a 6 p.m. service, all in the Stone Center.

EASTER Sunday, Apr. 5, will be celebrated with a **7:30 a.m.** outdoor **SUNRISE Service** (including decoration of a floral "**Living Cross**") followed by a **Continental BREAKFAST** in the Village Pavillion, and **10:15 Easter WORSHIP** in the **Stone Center**. **We have 40 DAYS to prepare our hearts.** Please join us!

(*Due to winter weather cancelations, personal health challenges, and calendar constraints, the planned "Ecclesiastes" sermon series was postponed until after Easter.)

Closing Notes

Sunday Worship: Stone Center Auditorium, 10:15 a.m., and also live on CVCTV Channel 2493 and rebroadcast at 6:15 p.m.

Chaplain Devotions: Monday-Friday, at 9 a.m. and 3 p.m.

Office (513) 701-3406, **Cell** (513) 218-6548, or **Email** david.ray@christianvillages.org.

If you need assistance to attend worship, desire Communion, or would welcome a visit, please contact us.

**This information is for
The Christian Village at Mason residents.**

You Never Know

BY RUTH ODOR,
GARDEN APARTMENT RESIDENT

Z is for _____?

One of my favorite authors died recently. Sue Grafton wrote a series of mysteries that ran from A on through the alphabet. A is for Alibi, B is for Burglar, C is for Corpse, etc. I read every one of them. Some of you are her fans, too. Maybe you also just finished reading Y and were eagerly awaiting Z. But there will be no such book, for Sue Grafton died, and she left legal documents indicating that no one is to finish the series. So the heroine, Kinsey, died with her.

Perhaps Sue Grafton gave her readers more than her books. Perhaps she did not disappoint us by leaving her series unfinished. She gave us an opportunity to be creative and to think of titles we would have used. (A bit limited. How many words begin with "Z"?) I have thought what my title would be. Z is for Zeal, Z is for Zone, or Z is for Zinnia? Also sometimes it is better not to know some things. I once wrote a children's book about Bigfoot, presenting both sides--yes, there is a Bigfoot, and no, there is not a Bigfoot. "Then what did you decide in the conclusion?" my friend asked. I wrote: "This riddle may never be solved--and maybe we don't want it to be. Sometimes playing the 'are they or aren't they' game is more fun than actually knowing. Is Bigfoot out there...? That's the Great Mystery." Perhaps Sue Grafton's unfinished mystery series is her greatest mystery of all.

We begin living with our A's and B's. Life ahead looks long and we think we have an abundance of time before Z comes up. Then in our middle years we give a little more thought to what we need to do before Z appears. And as life gets nearer to its close we begin to be very aware of how few our days can be.

I should visit a friend in Nursing. But I don't like to go to Nursing so I fail to go. I feel guilty for not talking to someone about Christ. I know the words to say but I don't say them. I only think, "She probably wouldn't listen anyway." Or "The preacher could do that better than I can."

Just as no one can finish Sue Grafton's series, no one can finish the series that is my life. Only I can do it; (just like the old spiritual) no one else can do it for me; I have to do it by myself. The time is now.

Social Service Scoop

BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES

Caregiver Support Group – Christian Village at Mason Social Workers offer a monthly Caregiver Support Group. This group meets in the Village Clinic at 7169 Crescent Drive the 2nd Tuesday of each month from 10:30 a.m. – 12:00 p.m. This group is open to any resident or family members of Christian Village at Mason residents. The next meeting will be held on March 10, 2026, and will focus on providing safe living environment to help decrease falls and other injuries.

Grief Support Group - We all experiences losses throughout life. Some losses may be more difficult to process than others. It is often helpful to have someone to talk with or a group of peers that can support one another during these times. The grief group is led by Chaplains, Joseph Booher and David Ray, Social Worker, Heather Carter and RN, Ashli Gordon. We hope you will join us as we navigate grief together. The group will meet weekly for 6 weeks beginning on Tuesday March 17, 2026, from 6:00 p.m. – 7:00 p.m. in the Hospice Office / Village Clinic, located at 7169 Crescent Drive. If you have any questions or would like more information, please contact Heather Carter at 513-701-3403.

The Well

BY TOMI MARUNA, DIRECTOR OF FITNESS & WELLNESS

Reawaken Your Body: Moving from Winter into New Life

After a long winter, many of us feel a little stiff, a little tired, and maybe even a little stuck. Cold weather tends to make us move less, sit more, and shrink into ourselves. But just like the earth wakes up in spring, our bodies were created to renew themselves too.

Spring is the season of fresh starts — not just for flowers and trees, but for us.



Movement is one of the greatest ways to “wake up” the body. Gentle walking, stretching, light strength work, and even dancing helps lubricate the joints, improve circulation, and remind the brain that it’s safe and good to move again. You don’t have to do anything extreme — just moving a little more today than you did yesterday begins the process of renewal.

This time of year is also a wonderful reminder that we are not meant to stay stuck — physically, emotionally, or spiritually.

“See, I am doing a new thing! Now it springs up; do you not perceive it?” — Isaiah 43:19

Our bodies may be older, but they are still wonderfully designed to respond to care and motion. Muscles can strengthen. Balance can improve. Energy can return. Hope can rise again.

This month, choose one small way to move into something new:

- Take an extra walk down the hallway
- Join a fitness class
- Stretch for five minutes in the morning
- Stand up and sit down a few more times

Small steps add up to powerful change.

Spring is not about pushing — it’s about awakening. And your body is ready!



State of the Foundation

Thursday, March 19th 3:00 P.M. Stone Center

Join us to learn more about the impact you've made through the CBA Foundation at Christian Village Communities. You'll also learn more about the foundation's work and mission, including things you may not know!

Light refreshments will be served following the event.

We'd love to see you there!

For more information, contact Matt Hilderbran at 513-701-3345.

Auxiliary & Resident Organization News

Auxiliary Update

By Harold Lorton, Auxiliary President

DINE OUTS: Phil and Linda Saneholtz, Co-Chairs, have started contacting restaurants for our 2026 Dine Outs. For planning purposes, the first three will be at Bob Evans on Tuesday, April 9; City Barbeque on Wednesday, May 6 and El Caporal on Tuesday, June 9. Flyers for the appropriate restaurant will be distributed with the April, May and June CVM Newsletters. Present the flyer to the server or cash register attendant when you pay for your food. Each restaurant reimburses the Auxiliary for a % of food bills matched with a flyer.

CRAFT SHOW: The 22nd Annual Auxiliary-sponsored Craft Show will be held on October 24, 2026, 9:00 am to 3:00 pm. On February 10, 2026, Co-Chairs Lowell Bowie and Carol Sabreen, emailed 167 invitations to vendors with reservation details.

APPAREL SALES with CVM LOGO: The apparel committee, Co-Chairs Ken Piper and Penny Matheis, with President Harold Lorton, met February 16 to review the garment catalogue and agree on a selection of sample garments for the vendor to embroider with the Christian Village at Mason Cross Logo. After we receive the embroidered samples, we will display them, schedule two garment fittings and sales days in the spring. The vendor will produce and deliver ordered and paid for garments. Based on feedback and anticipated change in weather, additional garments will be selected for sale in early fall.

MEMBERSHIP DRIVE: Also included with this Newsletter on green paper, celebrating St. Patrick's Day, is an Annual Membership Drive handout. You will find a blank 2026 Membership form at the bottom of the page to facilitate your joining the Auxiliary. If you have questions regarding the organization, names and numbers are provided on the handout.

Auxiliary & Resident Organization News

Veterans Association Meeting

Wednesday, March 18, 10:00 a.m.

Women are often overlooked when veterans are mentioned. The guest speaker's main topic will be about the Women's Memorial at Arlington National cemetery in Washington, DC. All women are invited to attend the meeting. Our meetings are open to everyone.

Clubhouse Reminder

For the safety of our residents, please remember to turn off the fireplace when leaving the clubhouse.

Mercy Health Speaking Series

with Christian Village Communities

Save the Date 2026

Wednesday, April 8, 2026, 10 am

Wednesday, October 14, 2026, 10 am

topics to be announced later



Upcoming Music Concerts

Concerts will be held in the Stone Center unless another location is listed.

Wyoming Winds - Monday, March 9, 7:00 p.m.
Community Band comprised of members who love to share their music such as a variety of Patriotic, musical and movie selections, newly written music, and the "standards".

Glenn Bowles - Tuesday, March 24, 7:00 p.m.
Glenn Bowles is a multi-talented singer/entertainer. For 25 years Glenn was one of the frontmen for "The Nations's #1 Rock n' Roll Revue" The Van-Dells. Glenn is also the first man to hold the title of World Champion Elvis Tribute Artist.

Library News

By Mary Ann Watrous

January/February 2026 Additions

Fredrik Backman: *Anxious People*

Wanda Brunstetter: *The Walnut Creek Wish; The Sugarcreek Surprise; The Apple Creek Announcement*

W. Bruce Cameron: *A Dog's Purpose; A Dog's Way Home*

Melody Carlson: *The Christmas Shoppe*

Tess Gerritsen: *The Summer Guests*

Craig Grossi: *Craig and Fred*

Frieda McFadden: *The Crash*

Nancy Mehl: *Night Fall*

Alex Michaelides: *The Fury*

John Sandford: *The Investigator*

Julia Spencer-Fleming: *In The Bleak Midwinter*

Marsali Taylor: *The Shetland Poisonings*

Becki Willis: *Forgotten Boxes*

Non-Fiction

Brian Kilmeade and Don Yeager: *George*

Washington's Secret Six

Evan Ponstingle: *Kings Island, A Ride Through Time*

Mason Public Library Outreach

Friday, March 7, 10:00 a.m.

Please remember to turn in your used books to the craft room for pick up.

RESIDENT UPDATES

This information is for
The Christian Village at Mason residents.



411 Western Row Rd
Mason, OH 45040

If you have an address change or would like to be removed from our mailing list, please email lizz.stephens@christianvillages.org



The Christian Benevolent Association does not discriminate on basis of race, sex, religion, age, qualified handicap, or veteran.

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Christian Village Communities

Vickie Brashear, President & CEO
Diane Gumbert, CFO
(513) 701-3448

The Christian Village at Mason

Lizz Stephens, VP of Marketing and Business Strategy
(513) 701-3408

CVM Health Care Facility

Bob Slade, LNHA, VP of Operations
(513) 398-1486

The mission of Christian Village Communities is to guide older adults to joyful and purposeful life experiences in a faith-filled community.

Care is the heart and soul of everything we do. We are devoted to maintaining the highest standards of expertise and service in health and wellness. We are committed to serving each person as though they were our own family; with love, compassion and excellence. 

Want to support the ministry of Christian Village Communities?
Visit www.christianvillages.org/donate to learn more about supporting our foundation and providing financial relief to our residents and employees.

BE SURE TO VISIT OUR WEBSITE TO VIEW THE CALENDAR OF EVENTS
www.christianvillages.org