



# Wishing You a Happy New Year!

With countless fun activities, memorable events, and special moments shared with friends and family, 2025 brought our community so much joy, laughter, and spirit. As we reflect on these cherished memories, we look forward to the year ahead with excitement and hope. We can't wait to see the blessings that 2026 will bring to our faith-filled community.

**Wishing you a very Happy New Year as we welcome 2026 together!**

# Birthdays, Celebrations and Updates



## January Birthdays

This information is for  
The Christian Village at Mason residents.

## Village Clinic Hours

7169 Village Drive

**Monday - Thursday, 10:00 a.m. - 11:30 a.m.**

If you need to contact the nurse outside these hours, please contact Diane Reed, R.N., Queen City Skilled Care, Home Care Coordinator at (513) 314-0562 or Heather Carter at (513) 701-3403.

## CVM Transportation

Transportation services are available to all residents. Monday-Friday, 8 a.m. – 4:30 p.m.

### \*Concierge Cards—\$37 for 13 trips

For errand & medical trips within 5 miles.

### \*Appointments by Mile or Hour

For medical appointments and other trips over 5 miles, or if you require the driver to stay with you, pricing listed below:

- \$4.00/mile from drop-off and pick-up
- \$42/hour for the driver to stay with you

### Scheduling Transportation

Call (513) 701-3415 to schedule an appointment.

## Grocery Pickups

Please turn in one list per week on Monday or Thursday to the Front Desk. (4 or 5 items).

Please give list and money to the front Desk or call Transportation at (513) 703-3415.



## January Anniversaries

This information is for  
The Christian Village at Mason residents.

## RESIDENT UPDATES

This information is for  
The Christian Village at Mason residents.

# Chaplain's Corner

BY CHAPLAIN DAVID RAY

## The Gift of Sight



**I vividly remember what it was like when, at about seven years of age, I got my first glasses.**

Before then, I had just assumed that the chalkboard in the front of the classroom was blurry to everyone.

But on that day when I walked out of the optician's office, with new spectacles freshly placed in front of my

eyes, a whole new world suddenly opened around me.

My most dramatic memory is of walking down a street near my house and noticing how sharply outlined all the leaves were on the trees. Even their colors looked more vibrant. I couldn't stop looking—not just at leaves, but at everything!

There was a man Jesus once healed who had been blind from birth. And a debate broke out as to why this had happened to him. Had he done something to deserve it? Had his parents? People in that day often thought that every bad thing was somehow earned.

But Jesus said that it was no one's fault, but just an opportunity for God to be glorified. Then he added: "I am the light of the world."

Next, Jesus stooped to pick up a handful of dirt, and used his own saliva to make it into a sort of paste, which he then rubbed onto the man's eyes. Then he told the man to go wash it off at a nearby pool of water. And when he did, that blind man could suddenly see!

It was all quite amazing, not just for the man, but for all who personally had known him to have been blind for all his life.

But some of Jesus' religious enemies took issue with this healing which had been done on a Sabbath day. You were supposed to rest on such a day—and, I guess, to remain blind!

So these enemies, wanting to set things right, found the blind man and said, "Who was it that healed you?" And the man finally could only say, "I don't know who he was, but one thing I do know: I was blind, but now I see."

Later, Jesus would say that he had come into the world so that the blind could see. Although some, who thought they could see, would be judged for their blindness.

I suppose back then there were those who assumed how they saw the world was the way things were, while all along they needed someone to heal them from their spiritual blindness.

The gift of sight is a precious thing—for a seven-year-old boy or for a stubborn adult who settles for only thinking that leaves on trees don't have beautiful edges. Or worse—who can't see Jesus!

(Footnote: I'm having cataract surgery this month, which inspired these words, so I might miss a thing or two as I heal. But when all is said and done, I look forward to seeing a lot of things more clearly.)

## Another Chaplain Chat

**Join me on Wed., Jan. 28, at 10 a.m., in the Hockley Chapel,** for another time together when I'll tell you some more formative stories from my childhood, and invite you to share some of your own, as well. Let's chat!

### Closing Notes

**Sunday Worship:** Stone Center Auditorium, 10:15 a.m., and also live on CVCTV Channel 2493 and rebroadcast at 6:15 p.m.

**Chaplain Devotions:** Monday-Friday, at 9 a.m. and 3 p.m.

**Office** (513) 701-3406, **Cell** (513) 218-6548, or **Email** david.ray@christianvillages.org.

**If you need assistance** to attend worship, desire Communion, or would welcome a visit, please contact us.

**This information is for  
The Christian Village at Mason residents.**

# Social Services

## BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES

### Social Service Scoop

#### Village Clinic Update –

The Village Clinic is staffed by a nurse from Purpose Care (formerly Queen City Skilled Care). Village Clinic Hours are Monday – Thursday, 10:00 – 11:30 a.m. Lisa Oehler, LPN, is the Home Care Coordinator for Purpose Care. If you cannot reach the Village Clinic Nurse, Lisa can be reached at **513-498-0850**.

Please keep in mind the clinic staff can check Blood Pressures, Blood Sugars, and provide education regarding medication. Other services may require a physician's order. If you have additional questions about the clinic or services please contact Heather Carter, Director of Social Services at **513-701-3403** or Lisa Oehler, LPN with Purpose Care.

#### Ancillary Services –

Podiatry - Many of our residents may be familiar with Dr. Norman. Dr. Norman provides podiatry services for residents of the Garden Apartments at the Garden Apartment Nurses Office. Visits are typically scheduled approximately every 60 days. Similarly, Dr. Norman provides services for Garden Home residents in the Village Clinic. If you reside in an apartment, there is a sign-up sheet outside the Garden Apt Nurses' Office. Residents living in Garden Homes should contact Dr. Norman to schedule your visit. His office number is **937-431-4749**. Please allow 24-48 hours for a return call, as they travel to many communities and do not have an office receptionist.

Vision - Dr. Timothy O'Leary provides optometry services for residents of our campus. Dr. O'Leary is usually on campus about every 45 days. He provides comprehensive eye exams, manages eye medications and orders prescription eyeglasses for those who need them. He will coordinate care with previous providers, such as Cincinnati Eye Institute and Midwest Eye Center.

Audiology - Lindsey Amend, is a Hearing Instrument Specialist that works alongside audiologist at Family Audiology. Lindsey can provide hearing health consultations, hearing screenings, otoscope exams, and hearing aid cleanings onsite at Christian Village at Mason. Visits should be scheduled in advance.

If you are interested in learning more about our ancillary services or to schedule an appointment, please contact Heather Carter at **513-701-3403** or Mary Brown at **513-701-3423**.

#### Caregiver Support Group –

Christian Village at Mason Social Workers offer a monthly Caregiver Support Group. This group meets in the Village Clinic at 7169 Crescent Drive the 2nd Tuesday of each month from 10:30 a.m. – 12:00 p.m. This group is open to any resident or family members of Christian Village at Mason residents. The next meeting will be held on January 13, 2026.

# The Well

BY TOMI MARUNA, DIRECTOR OF FITNESS & WELLNESS

## Winter Wellness: Staying Strong in Body and Spirit

As the days grow shorter and the air turns crisp, winter invites us to slow down and reflect on what truly keeps us strong — not just in body, but in spirit. While this season can sometimes feel quiet or even a little dreary, it also offers a beautiful opportunity to nurture ourselves in simple, meaningful ways.

### Keep Moving

Even when it's chilly outside, our bodies still crave movement. A few minutes of gentle stretching, chair exercises, or a short indoor walk can make all the difference. Movement warms our muscles, boosts circulation, and lifts our mood. If you join a class, the laughter and camaraderie you share may do just as much good as the exercise itself!



### Stay Connected

Winter can sometimes lead to more time indoors, but connection is one of the best “vitamins” for our well-being. Reach out to a friend, share a meal, or simply stop to chat in the hallway. A kind word or a smile can brighten someone’s day—and yours too. We’re designed for community, and it’s amazing how much joy and strength come from sharing life together.

### Nourish Your Body

Comfort foods can be both delicious and nourishing. Warm soups filled with lean protein and vegetables, a hearty bowl of oatmeal, or a cup of tea with honey can all provide comfort and energy. And don’t forget hydration—our bodies still need water even when we’re not sweating in the summer sun.

This season, let’s embrace winter as a time to grow stronger in faith, friendship, and health. Each day, we can choose movement over stillness, connection over isolation, and faith over worry. Remember, true strength doesn’t come from how much we can do, but from the One who strengthens us.

“The joy of the Lord is your strength.” — *Nehemiah 8:10*

## Get a Jump on 2026 - Cross Estate Planning Off Your To-Do List

It's hard to believe another year has come and gone, but a New Year offers a fresh start to all for personal goals and new resolutions. It's also a great time to take stock of where you're at in your estate planning. When thinking about your plan, review the following:

**Wills and trusts.** Review your will or trust for any life change events.

**Beneficiary designations.** Update any beneficiary on your life insurance or retirement plans and consider adding a charitable organization like the CBA Foundation.

**Durable power of attorney.** Make sure your durable powers of attorney for financial and health care are current.

**Safe-deposit box.** Catalog the contents of your safe-deposit box. Give a written copy to a trusted family member and note any items you are holding for someone else.

**Bank or brokerage accounts.** Name designated heirs or the CBA Foundation of bank or brokerage account proceeds at your death. \*

**Charitable contributions.** If you've included a gift to the CBA Foundation in your estate plan, review the details of your gift and let us (and your loved ones) know of your intentions. This will guarantee that your wishes are carried out. Also, we would like to acknowledge you as a part of our Legacy Society.

We've had requests for recommended wording to include a gift to the CBA Foundation in estate plans. One simple option is:

I [name] give [\_\_\_\_\_ percent of my estate, or description of asset, or \_\_\_\_\_ dollars] to the Christian Benevolent Association Foundation, an Ohio non-profit corporation (tax ID: 31-1413825), for the benefit of Christian Village Communities and its mission for [Charitable Care-Greatest Needs].

If you have any questions please don't hesitate to contact **Matt Hilderbran, VP of Development at 513.701.3345**

*\*State laws govern payable on death accounts and transfer on death accounts. Please consult with your bank representative or investment advisor if you are considering these gifts.*

## Auxiliary & Resident Organization News

### Auxiliary Update

By Harold Lorton, Auxiliary President

**Membership Meeting:** The next quarterly meeting will be Wednesday, January 14, 2026 at 2:00 p.m. in Hockley Chapel. The agenda includes a review of calendar 2025 revenue and disbursements, requests for 2026 funds by CVM Departments, election of board members and activities planned for 2026. Although this meeting is for members, non-member residents are welcome.

### Veterans Association Meeting

By Jerry Kohls

Join us in the Hockley Chapel on Wednesday, Jan. 21, at 10:00 a.m. to listen to our guest speaker Colen Stewart, who will talk about the capture of the Pegasus Bridge in Normandy on D-DAY June 6, 1944.

Everyone is welcome to attend.

# Auxiliary & Resident Organization News

## Christmas Fund Recap

By Bob Moorehead

The CVC Christmas Fund event has run its course for 2025 with our hearts full of joy and love since this year's total contributions from Christian Village at Mason and Christian Village at Mt. Healthy has reached record levels for our staff to enjoy their Christmas season a little more!

Many of us at CVM do recognize how grateful we residents are for all our employees' hard work all year for our ability to enjoy living in this fantastic place! The evidence is heartfelt appreciation via monetary gift checks with a total amount of \$101,150.00 for our 2025 campaign! Frosty says, "Wow! You are all awesome! Thank you so much!"

Have a Happy, Healthy New Year! – The 2025 Resident Employee Frosty Fund Committee

## Thank You to CVM Auxiliary!

The Community Life Service Department extends heartfelt thanks to our Auxiliary members for their generous financial support, which made it possible for every healthcare resident to receive an individual Christmas gift. Our Activity Coordinators thoughtfully selected each present with special care. It was a truly joyous occasion, filled with smiles and gratitude, as residents opened their gifts and shared in the spirit of the season.

## Upcoming Music Concerts

*Concerts will be held in the Stone Center unless another location is listed.*

- Happy Hour Trio Band - Tuesday, January 6, 7:00 p.m. Play the best variety of live hit music of the last millennia.
- Octavia Hollow - Tuesday, January 27, 7:00 p.m. 4-piece band that plays classic country, folk, and jazz in an acoustic/electric format.

## Library News

By Mary Ann Watrous

### November/December 2025 Additions

Laurie Lico Albanese: Hester  
Ann Bennett: The Lotus House  
Wanda Brunstetter: Letters of Trust (1); Letters of Comfort (2); Letters of Wisdom (3)  
Tracy Chevalier: The Last Runaway  
Lee Child: Exit Strategy (New)  
Chanel Cleeton: The Most Beautiful Girl in Cuba; Our Last Days in Barcelona  
Richard Paul Evans: The Noel Stranger  
Joanna Fluke: Chocolate Chip Cookie Murder  
Kristin Hannah: The Things We Do For Love  
Elizabeth Hardinger: All The Forgiveness  
Rachel Hauck: Sweet Caroline  
Jody Hedlund: Newton & Polly  
Pam Jenoff: The Woman With The Blue Star  
Ethan Joella: The Same Bright Stars  
Karen Kingsbury: Two Weeks; When We Were Young  
AJ Pearce: Dear Mrs. Bird  
Louise Penny: Black Wolf (#20)  
Deanna Raybourn: A Treacherous Curse  
Eliza Reid: Death on the Island  
Elif Shafak: There Are Rivers in the Sky  
Nicholas Sparks: True Believer  
Danielle Steel: Resurrection  
Mark Sullivan: Beneath A Scarlet Sky  
Marsali Taylor: Grave of A Shetland Sailor; The Shetland Night Killings  
Jenni L. Walsh: Ace, Marvel, Spy  
Markus Zusak: The Book Thief  
Liz Cheney: Oath and Honor (NF)  
David Faust: Not Too Old (NF)  
General Tommy Franks: American Soldier (NF)  
John Kennedy: How To Test Negative for Stupid (NF)  
Emily Brightwell: Mrs. Jeffries and the Merry Gentlemen (LP)  
Liz Moore: The God of the Woods (LP)  
Lori Wick: White Chocolate Moments (LP)

### Mason Public Library Outreach

Friday, January 2, 10:00 a.m.

Please remember to turn in your used books to the craft room for pick up.



411 Western Row Rd  
Mason, OH 45040

*If you have an address change or would like to be removed from our mailing list, please email [lizz.stephens@christianvillages.org](mailto:lizz.stephens@christianvillages.org)*



The Christian Benevolent Association does not discriminate on basis of race, sex, religion, age, qualified handicap, or veteran.

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### **Christian Village Communities**

Vickie Brashear, President & CEO  
Diane Gumbert, CFO  
(513) 701-3448

### **The Christian Village at Mason**

Lizz Stephens, VP of Marketing and Business Strategy  
(513) 701-3408

### **CVM Health Care Facility**

Bob Slade, LNHA, VP of Operations  
(513) 398-1486

The mission of Christian Village Communities is to guide older adults to joyful and purposeful life experiences in a faith-filled community.

Care is the heart and soul of everything we do. We are devoted to maintaining the highest standards of expertise and service in health and wellness. We are committed to serving each person as though they were our own family; with love, compassion and excellence. 

Want to support the ministry of Christian Village Communities?  
Visit [www.christianvillages.org/donate](http://www.christianvillages.org/donate) to learn more about supporting our foundation and providing financial relief to our residents and employees.

BE SURE TO VISIT OUR WEBSITE TO VIEW THE CALENDAR OF EVENTS  
[www.christianvillages.org](http://www.christianvillages.org)