



## Grandparents Day 2025!

Our Grandparents Day Bash at CVM was another great success, and we couldn't have asked for better weather! The campus was buzzing with joy and excitement as over 350 people—families, friends, and residents—came together to celebrate. Specialty trucks like Casa Mexico Cantina and Peace Pizza served up delicious food, while our very own CVM Auxiliary raised funds for our healthcare residents by selling pulled pork sandwiches. To top it off, everyone received free ice cream or shaved ice from the Tikiz Shaved Ice specialty truck.

Children lined up for face painting, crazy balloon creations, and were dazzled by strolling magician David Henning, "the Magician with a Mission." The energy continued with live music from Jesse Lyn and the TNT Band, who brought a lively country twang to this year's country-themed celebration. A heartfelt thank-you goes out to our sponsors—Queen City Skilled Care, Right at Home, and the CVM Auxiliary—for making this wonderful day possible. Be sure to save the date for next year's celebration on **Saturday, September 12, 2026!**

# Birthdays, Celebrations and Updates



## October Birthdays

This information is for  
The Christian Village at Mason residents.

## Village Clinic Hours

7169 Village Drive

**Monday - Thursday, 10:00 a.m. - 11:30 a.m.**

If you need to contact the nurse outside these hours, please contact Diane Reed, R.N., Queen City Skilled Care, Home Care Coordinator at (513) 314-0562 or Heather Carter at (513) 701-3403.

## CVM Transportation

Transportation services are available to all residents. Monday-Friday, 8 a.m. – 4:30 p.m.

### \*Concierge Cards—\$36 for 13 trips

For errand & medical trips within 5 miles.

### \*Appointments by Mile or Hour

For medical appointments and other trips over 5 miles, or if you require the driver to stay with you, pricing listed below:

- \$3.00/mile from drop-off and pick-up
- \$40/hour for the driver to stay with you

### Scheduling Transportation

Call (513) 701-3415 to schedule an appointment.

## Grocery Pickups

Please turn in one list per week on Monday or Thursday to the Front Desk. (4 or 5 items).

Please give list and money to the front Desk or call Transportation at (513) 703-3415.

## RESIDENT UPDATES

This information is for  
The Christian Village at Mason residents.

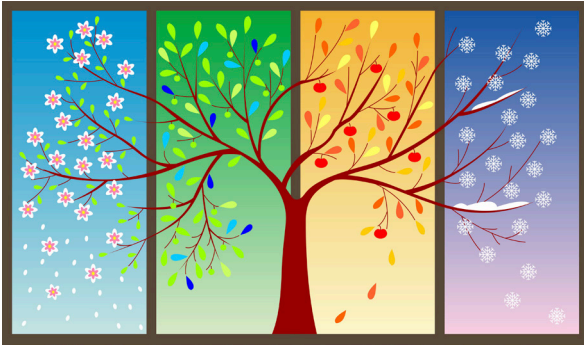


## October Anniversaries

This information is for  
The Christian Village at Mason residents.

# Chaplain's Corner

BY CHAPLAIN DAVID RAY



## SEASONS of LIFE

**I love the CHANGING SEASONS—as spring gives way to summer, and summer to fall, until winter finally comes.** Each brings its own unique sense of beauty.

Life can be seasonal, too. The awakening blooms and vigor of a youthful spring, followed by longer days of steady growth under a summer sun. Then the vibrant color that fall can bring, and even the cold and shorter days of winter.

A wise “preacher,” in an Old Testament book we call, “Ecclesiastes,” writes:

***For everything there is a season,  
a time for every activity under heaven.***

Most who live here in the Village are enjoying the autumn season of life. Some things have slowed down for us, but we remember and celebrate what the earlier seasons brought us, and often bask in their glory. We don’t stop growing, but we do so in different ways.

To be honest, fall is one of my favorite seasons. I love the varied greens of summer—but, oh, the boundless colors of fall. The colors had been there all along beneath the green, but are finally allowed—because of the season’s change—to display their presence.

Winter will finally come, for all of us, but we enjoy the vibrant colors of fall before the cold and snow that will

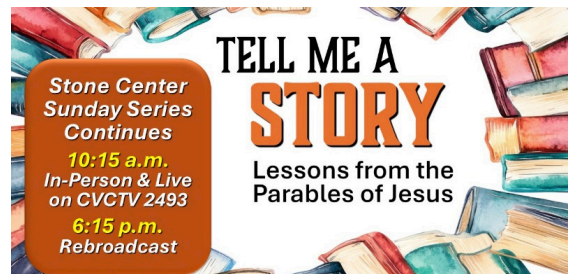
follow. To be honest, there is even a beauty—in a different way—in the season when things die. Because they always do so with a certain confidence that after the winter, will soon come an eternal SPRING. Let’s weather the wonderful changes together!

## CVCTV OFFERINGS

I mentioned, last month, that a new Chaplain’s Devotion would start this fall on CVCTV. Beginning this month, it will air on Monday-Friday (via Channel 2493), at 9 a.m. and 3 p.m. each day. The devotion—about 10 minutes in length—will be the same throughout the week, but you’ll have opportunity to access it whenever best for your schedule. Or you can even listen to it again, or invite a friend to tune in.

## CHAPLAIN CHAT

**New in October, we are launching a monthly, open gathering with the Chaplain** that will feature announced topics or open-ended conversations. On Wednesday, Oct. 22, from 10-11 a.m., in the Hockley Chapel, I’ll share about my past mission work in Ukraine, along with current news drawn from ongoing conversations with friends about conditions there today.



## Closing Notes

Sunday Worship: Stone Center Auditorium, 10:15 a.m., and also live on CVCTV Channel 2493.

**Office** (513) 701-3406, **Cell** (513) 218-6548, or **Email** david.ray@christianvillages.org. If you need assistance to attend worship, desire Communion, or would welcome a visit, please contact us.

**This information is for  
The Christian Village at Mason residents.**

# *Social Services*

**BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES**

## **Social Service Scoop -**

### **Village Clinic**

Queen City Skilled Care (Purpose Care) is an independent home health company. Home health services are provided to individuals in their homes when they are needing increased medical oversight, Occupational, Physical or Speech therapy services following an illness or hospitalization. Christian Village at Mason has partnered with Queen City Skilled to provide on-site services for our Garden Home residents. These services include BP monitoring, assistance with medication oversight, medication or health questions, education regarding medical diagnosis, assistance with basic wound care or assistance in contacting your primary care physician or setting up lab services. An RN or LPN from Queen City Skilled Care is available in the Village Clinic located at **7169 Crescent Drive, Monday-Thursday from 10:00 a.m. – 11:30 a.m.**

Services provided in the clinic are at no cost to residents. If appropriate, the nurse may discuss options of home care services. Home health services are billed through Medicare Part A. Home health services require a physician's order. In addition, to receive home health residents would need to be considered "homebound" while receiving services. Homebound is defined as "needing the assistance of another to get to and from appointments, church services, grocery store and other similar trips. Typically, residents are not always homebound but may be for the short period of time while recovering from an illness, fall or other medical condition. The clinic services should not be used in lieu of urgent care or an emergency room.

To learn more about the Village Clinic or Queen City Skilled care, feel free to stop by and meet one of their nurses during clinic hours or contact **Diane Reed, Home Care Coordinator at 513-314-0562.**

### **Medicare Open Enrollment**

Medicare Open Enrollment begins **October 15** and runs through **December 7, 2025**. Christian Village at Mason will host representatives from Bost Benefits again this year. Specific information about Medicare plans will not be released until 10/1/2025. There have been changes in prescription drug plans specifically for those taking medications, such as Eliquis, Jardiance, Xarelto, Entresto and NovoLog. If you currently take one of these medications or another equally expensive medication, you will want an annual enrollment review. Bost Benefits will be on campus 10/28/2025 from 9:00 a.m. – 5:00 p.m.

Please contact **Mary Brown at 513-701-3423** if you are interested in learning more or scheduling a consultation appointment.



# The Well

**BY TOMI MARUNA, DIRECTOR OF FITNESS & WELLNESS**

## Shift Your Focus: Celebrate What Your Body Can Do

It's easy to dwell on the things our bodies can't do anymore. Maybe your arms don't reach as high as they once did. Perhaps getting down on the floor isn't an option anymore, or your balance isn't as steady as it used to be. Focusing on those limitations, however, often leaves us discouraged and keeps us from moving forward.

**Instead, try flipping the perspective: celebrate what your body can do right now.** Here are some ways to think about it:

- You might not be able to reach overhead, but you can extend your arms forward or out to the sides to open your chest.
- You might not be able to bend low to the ground, but you can still sit tall in a chair and practice gentle twists or stretches.
- You might not walk far, but you can take shorter strolls, use support for safety, or practice seated marches.
- You might not feel steady standing alone, but you can hold on to a chair or railing and still work on building your balance muscles.
- You might not have full use of your hands as you once did, but you can still practice small squeezes, gentle stretches, or even just wiggling your fingers to keep the circulation moving.

**Every choice you make to move-big or small-is a victory!** These are not “lesser” movements; they are proof that your body is still working for you.

When we focus on what we can do, our outlook changes. We shift from frustration to gratitude, from dwelling on what we've lost to appreciating what we still have. Progress may look different than it did years ago, but it's progress all the same.

**Remember: your body is not defined by its limits, but by its possibilities.** Honor it. Thank it. And keep moving forward with confidence.



## Legacy Society Luncheon

On **November 18th**, we will host a **Legacy Society Luncheon** at the Christian Village at Mason to thank and celebrate those who have included the **Christian Benevolent Association Foundation** in their estate plans. If you have already made this meaningful commitment, thank you! If you have not yet shared your intentions, or if you are interested in making the CBA Foundation part of your legacy through a planned gift, please let us know so we can extend an invitation to you. Invitations will be sent soon!

## What is the Legacy Society?

The Legacy Society was created to recognize and honor individuals who have made a commitment to provide critical, long-term support through their **estate plans**. We are truly thankful for those that understand the importance of ensuring that the Christian Benevolent Association Foundation continues to impact our CVC communities through engaging others to generate needed resources. Philanthropy through estate planning is essential in continuing to minister to the residents and team members of Christian Village Communities and to sustain the organization's ministry well into the future.

### THERE ARE MANY WAYS TO LEAVE A LEGACY:

- Bequests by will or living trust
- Entrance Fee Refund (make the CBA Foundation a beneficiary)
- Gifts of life insurance
- Gifts of real estate, stock or other assets

If you would like to become a Legacy Society member or get more information about any of these planned giving options, contact Matt, VP of Development at (513) 701-3345 or [matt.hilderbran@christianvillages.org](mailto:matt.hilderbran@christianvillages.org)

## Auxiliary & Resident Organization News

### Auxiliary Update

By Harold Lorton, Auxiliary President

**MEMBERSHIP MEETING:** The next quarterly meeting will be **Wednesday, October 8 at 2:00 pm in Hockley Chapel**. At this meeting, Board Members and Committee Chairs will update the membership on the organization's finances, fund-raising and other activities. At the July Membership Meeting, we announced that Lora Jollis would chair an auxiliary effort to welcome new Garden Home residents. She and Patricia Horvath identified 28 homes to visit, including some folks who moved in during late 2024. To date, they have visited with residents in 19 units. During our meeting, she will recount some reactions to their visits and provide a brief overview of the very useful, 16-page, Village-centric handout they, with others, created and have been distributing.

Directors from Community Life Services, Fitness & Wellness and Music will present projects they would like the Auxiliary to fund. Each paid-up member has a vote. If you are new to the Village or an established, non-member resident, this invites you to attend the Auxiliary membership meeting. After the meeting, if you're interested in joining, blank membership forms will be available at the sign-in table in Hockley Chapel. And, blank membership forms are always available at the Reception Desk. Membership dues are \$10 per person per calendar year. The Auxiliary is a 501 (c) (3) charitable organization. Dues and donations are tax deductible. Our purpose is to help enhance the lives of CVM residents.

**DINE OUTS:** We received an email from Red Robin, our September restaurant, advising that a check for \$291.23 will be mailed to the Auxiliary in October. Dee

# Auxiliary & Resident Organization News

and Al Shelton, Dine Outs Co-chairs, want to give a big THANK YOU SHOUT OUT to Village residents, family members and staff who have supported this very successful fund-raising activity. Our last Dine Out for 2025 will be at **Carrabba's Italian Grill, 5152 Merten Dr., Mason, OH on Thursday, October 9 from 11:00 am to 8:00 pm.** Please take the flyer from the October Village Newsletter or pick one up at the front desk. Present the flyer to the server or cash register attendant when you pay for your food. The restaurant will reimburse the Auxiliary for a % of the food bill. Community Life Services will provide transportation at 11:30 am for those no longer able to drive. Please sign up ahead of time at the front desk if you need a ride.

**CRAFT SHOW:** This Auxiliary sponsored event will be held on **October 25, 2025, last Saturday in October, 9:00 am to 3:00 pm.** Many vendors we've purchased quality products from in past years are returning. Lowell Bowie, Craft Fair point of contact, has recruited new vendors as well.

**WHITE ELEPHANT SALE:** On **Saturday, October 25, same day as the Craft Show, the Auxiliary will also host a White Elephant Sale from 9:00 am to 3:00 pm.** If you have items to donate (no clothing or furniture) and want them picked up for storage until the sale date, contact Dave Doty on his home phone, 513-398-1520 and leave a message-name, address, general description of donation(s) and phone number for call-back.

## CEO Town Hall – Fall 2025

The second of two resident Town Hall meetings for 2025 is scheduled for **Wednesday, October 15, 2025, 2-4 pm.** It will be held in the Stone Center Auditorium at The Christian Village at Mason, and is for residents only.

In addition to her planned meeting agenda, Vickie Brashear, CEO, will also answer resident questions that are signed and submitted to her by close of business on **Friday, October 10, 2025.** They can be turned into the front desk at CVM, CVMH, or sent directly to Vickie's office. Town Hall meetings are planned in support of the administration's objective of enhancing communication between CVC management and our residents.

## Christmas Fund 2025

The Christmas Fund for CVM Employees begins in September each year. It always feels a bit strange to be talking about Christmas in all this hot, summer-type weather. This wonderful event allows all of us residents a good way to say, "thank you!" to our staff. Primarily due to the "No Tipping" policy we have in the non-profit culture of our village, none of our employees are permitted to receive a "tip" for any of the services they provide to us all throughout the year, including the dining room, maintenance and nursing, to name a few.

Residents will be receiving information about this project for the next few months, via letters from the committee, ad spots on CVC TV, and other publicity efforts, as we go through the 2025 campaign.

## Upcoming Music Concerts

Concerts will be held in the Stone Center unless another location is listed.

- **Wild Honey Band**, Monday, October 6, 7:00 p.m.
- **Oola Khan Grotto Band**, Tuesday, October 14, 7:00 p.m.
- **Circle Singers**, Tuesday, October 28, 7:00 p.m.

## Library News

By Mary Ann Watrous

### August/September 2025 Additions

- Mary Anna Evans: *The Traitor Beside Her*  
Large Print
- Delia Owens: *Where The Crawdads Sing*
- Karen White: *The Attic on Queen Street*
- Shannon Work: *Everything To Lose; Now I See You*

### Mason Public Library Outreach

Friday, October 3, 10:00 a.m.

Please remember to turn in your used books to the craft room for pick up.

# You Never Know

BY RUTH ODOR,  
GARDEN APARTMENT  
RESIDENT



## WHAT WOULD IT BE LIKE?

What would it be like never to worship? Never to lay self and world aside and “climb the stairs” to God? Never to reach up in praise and adoration? Never to cry out with the psalmist, “O God you are my God earnestly I seek you; my soul thirsts for you”? (Psalm 63:1). Never to sing, “Holy, holy, holy! Lord God Almighty! Early in the morning our song shall rise to Thee”?

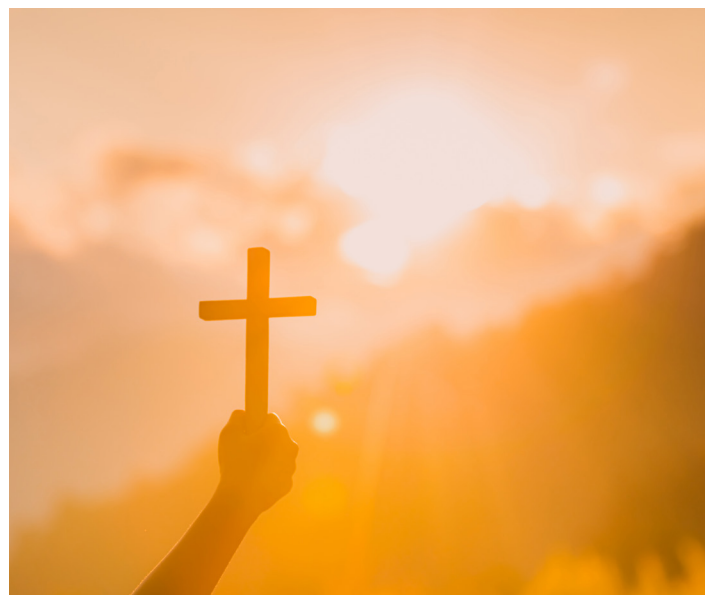
In addition to the importance of worship in our relationship with God our Father, worship is essential for the health of the mind and soul. Worship is perhaps the most selfless of all acts. Emptying our hearts of self, we reach up, out, and beyond Him who is highest of all, to the omnipotent, omnipresent Creator, ruler of the universe, King of kings, Lord of lords, everlasting Father.

Within the heart of man has always dwelt a need to worship. Not satisfied, such need is as thirst never quenched and hunger never appeased. What would it be like never to worship God? I don't know.

What would it be like always to carry a burden of guilt—never to be free? Always to be weighted down with remorse for wrongs committed? Never to know the cleansed heart, the heart made white as winter's snow and fresh and clean as summer's breeze? Never to “taste ... the calm of sin forgiven”? What would it be like never to experience forgiveness? I don't know.

What would it be like not to know Christ the Redeemer? Never to have heard His name. Not to know of His life, His teaching, His death and resurrection, His love? What would it be like not to know Jesus. I don't know.

What would it be like to have no assurance of answered prayer? “For the eyes of the Lord are on the righteous and his ears are attentive to their prayer, but the face of the Lord is against those who do evil” (1 Peter 3:12). Not “request not granted” but “request not heard”! What would it be like to have the door to an audience with God closed? I don't know and I am grateful I don't.



The Christian Benevolent Association does not discriminate on the basis of race, color, national origin, ethnicity, sex, religion, age, qualified handicap or veteran status.