



## CVM Spring Art Show

In March, the CVM community came together for a beautiful Spring Art Show featuring the creative talents of resident artists Martha Brammer, Don Cox, Barbara Harrison, Judy Jones, Elmer Ruff, David Strang, and Jan Weller.

These talented individuals showcased a variety of artwork from their years of artistic expression. Residents and staff enjoyed viewing the impressive pieces during the open house, and several employees even inquired if the artwork was for sale.

It was a wonderful event that highlighted the artistic spirit of the community and brought everyone together in celebration.

# Birthdays, Celebrations and Updates



## May Birthdays

This information is for  
The Christian Village at Mason residents.



## May Anniversaries

This information is for  
The Christian Village at Mason residents.

### Grocery Pickups

Please turn in one list per week on Monday or Thursday onto the Front Desk. (4 or 5 items).

Please give list and money to the front Desk or call Transportation at (513) 703-3415.

### Village Clinic Hours

7169 Village Drive

**Monday - Thursday, 10:00 a.m. - 11:30 a.m.**

If you need to contact the nurse outside these hours, please contact Diane Reed, R.N., Queen City Skilled Care, Home Care Coordinator at (513) 314-0562 or Heather Carter at (513) 701-3403.

### CVM Transportation

Transportation services are available to all residents. Monday-Friday, 8 a.m. – 4:30 p.m.

#### \*Concierge Cards—\$36 for 13 trips

For errand & medical trips within 5 miles.

#### \*Appointments by Mile or Hour

For medical appointments and other trips over 5 miles, or if you require the driver to stay with you, pricing listed below:

- \$3.00/mile from drop-off and pick-up
- \$40/hour for the driver to stay with you

#### Scheduling Transportation

Call (513) 701-3415 to schedule an appointment.

## RESIDENT UPDATES

This information is for  
The Christian Village at Mason residents.

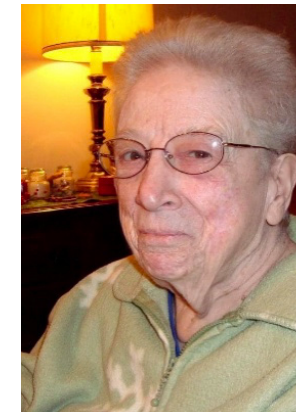
# Chaplain's Corner

BY CHAPLAIN DAVID RAY

## THINGS MY MOTHER TAUGHT ME...

**My mom passed away in 2013, but her influence upon my life continues to this day.**

During her memorial service, I told a few stories. Here's one to enjoy, and I might tell more on Mother's Day. If you have stories about your moms, I'd love to hear and share some from you, too.



**Every year, when I was in early elementary school, my mom would order me two new pairs of pants from the Sears & Roebuck catalog.** These pants served as the standard feature of my weekday wardrobe.

Grey, "gambler stripes" my mom called them—and they had double knees. The thin stripes gave them added style, even though they were only a slight step up from jeans. And the double knees? That was because I could too easily wear holes in them from hard play during recess.

One year, dressed in my brand-new gambler stripes, I stood in front of our house, ready to cross the street to walk to my nearby school. It had rained the night before, with puddles still standing along the curb. And a pickup truck driver—indifferent to both the standing water as well as the standing boy—ploughed by closely enough to leave me and my brand-new gambler stripes all wet and speckled with mud.

Tears filling my eyes, I ran back toward the house where Mom had witnessed it all from the front door. She waited with open arms, wiped away my tears, and calmly took me back inside to change into a clean shirt and a second new pair of gambler stripes.

As I said, Mom always ordered me two new pairs of pants each year. I assume that was to even out the wear, but also to allow for times when life gets muddled and back-up clothes are suddenly needed.

But while the extra pants were important, Mom's big hug might have meant more. When my life still gets spattered through unexpected messes, I still often remember my mom. She always had a back-up plan, and (though now gone) I can still feel her loving arms around me.

### MAY in STONE CENTER WORSHIP

**We conclude our sermon series** from Philippians this month and will also have special worship celebrations of both **Mother's Day** and **Memorial Day**.

### SPIRITUAL SURVEY

**Some might recall a special survey** we conducted shortly after I arrived as Chaplain. We were seeking to identify spiritual needs and best measure participation in current offerings. Watch for something similar this month as we continue to evaluate how best to serve.

## Closing Notes

Tune to CVC TV for the Chaplain's Devotions (Tuesday & Thursday, 11:00 a.m.) and Stone Center Worship (Sunday, 10:15 a.m.).

**Office** (513) 701-3406, **Cell** (513) 218-6548, or **Email** david.ray@christianvillages.org.

If you need assistance to attend worship, desire Communion, or would welcome a visit, please contact us.

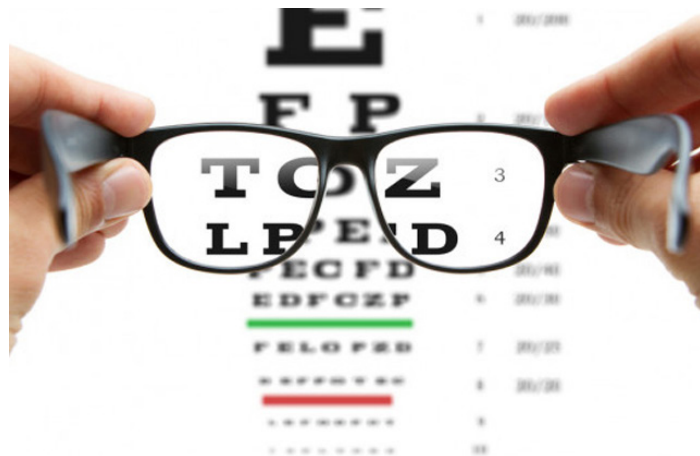
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## Social Services

BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES

### Social Service Scoop -

Caregiver Support Group - The Caregiver Support Group meets the 2nd Tuesday of each month from 10:30 a.m. - noon. This group is for residents and their families that are caring for a loved one. The group meets at the Village Clinic at 7169 Crescent Drive. The next meeting is scheduled for May 13, 2025.



Ancillary Services - Christian Village at Mason has several services, including podiatry, audiologist, and optometrist that come to the Village to see residents on a regular basis. If you are interested in learning more about these services or scheduling an appointment, please contact **Mary Brown, Social Service assistant, at (513) 701-3423.**

File of Life - It is important to keep the information on your file of life up to date. A copy should be kept in the magnetic pouch on your refrigerator as well as one in the Social Service office. Blank copies can be picked up from the receptionist or in the Social Service office.



## The Well

BY TOMI MARUNA, DIRECTOR OF FITNESS & WELLNESS

### Exciting Updates to Our Fitness Classes on CVC TV #2493!

Are you looking for a fun and convenient way to stay active? Our senior fitness classes on CVC TV are designed to keep you moving, improving, and feeling your best—all from the comfort of your home!

I specifically design our virtual classes to work for every fitness level. However, it is important to remember to be patient with yourself as you learn the exercises. Always listen to your body and make any changes that you need!



#### CVC Fitness Class Schedule

##### Monday/Wednesday: Easy Chair Workout

This is a gentle yet effective seated workout that targets key muscle groups. Using just a sturdy chair, this session focuses on improving strength and flexibility while seated comfortably.

##### Tuesday/Thursday: Balance and Mobility

Maintaining balance and mobility is essential for staying independent and active. This class is dedicated to enhancing stability and coordination in a seated and standing position. From simple exercises to improve posture to movements that challenge your balance, this class will leave you feeling stronger and more confident.

#### New Class Alert!

There is a new Circuit Class on Fridays—a 30-minute total-body seated workout that you can do at your own pace. This class introduces fun, new ways to challenge your strength, balance, and flexibility. If you're looking for variety and a workout that fits your abilities, this one's for you!

#### New Afternoon Time!

Can't make the morning sessions? We've got you covered! Starting this month, we're offering a 2:00 PM class Monday through Friday. Now, whether you're an early bird or prefer to exercise later in the day, there's a class and time that works for you.

If you haven't tried the Virtual Vitality classes yet, this is the perfect time to start! Regular movement improves strength, energy, and overall well-being—and it's fun and accessible for all fitness levels. Tune in, move with me, and feel the difference!

# Auxiliary & Resident Organization News

## Auxiliary Update

By Harold Lorton, Auxiliary President

DINE OUTS: **Thursday, May 1st**, the Auxiliary is sponsoring a **Dine Out at Quatman's Cafe at 224 W. Main St**, downtown Mason, around the corner from the Mason Public Library--**11:00 am, when they open, to 8:00 pm**. Please take the flyer from this May Village Newsletter or pick one up at the front desk. Present the flyer to the cash register attendant when you pay for your food. The restaurant will reimburse the Auxiliary for a % of the food bill. Community Life Services will provide transportation at 11:30 am for those no longer able to drive. Please sign up ahead of time at the front desk if you need a ride.

MEMBERSHIP: Minutes from the Quarterly General Membership Meeting on April 9 are included with this Newsletter. Although the annual membership campaign is over, you may still join. Annual dues are \$10.00/ per member. Forms are available at the reception desk in the main building.

## Get to Know the CEO! Vickie Brashear's Plans to Connect with Residents in 2025

Vickie Brashear, CVC President & CEO, is eager to personally connect with each of our residents over the coming year. She welcomes residents to schedule individual meetings at their home to get to know them and share thoughts about living in our community. If you are interested in scheduling with Vickie this year, please contact her **Executive Assistant, Amie Kocher, (513) 701-3448**. Vickie looks forward to this opportunity to get to know all of you.

## Veterans Information

By Dick Biedinger

Mission BBQ is celebrating Military Appreciation Days during "Armed Forces Week." All veterans will receive a

free sandwich on certain days. ARMY on Monday, May 12; MARINES on Tuesday, May 13; NAVY on Wednesday, May 14; AIR FORCE on Thursday, May 15; and COAST GUARD on Friday, May 16. Then on Saturday, May 17, veterans should come before noon for a live National Anthem and a free sandwich from 11:00 am to 2:00 pm.

## WE NEED SHOES

King of Kings Lutheran Church youth group is collecting gently worn, used, or new shoes and sandals to support small businesses in developing countries. Three years ago you helped us collect over 100 shoes to be added to the collection at church. There is a company that will pay our group for the shoes and after the shoes are cleaned, they are either sold (at a very nominal price) or given to small businesses in developing countries for resale.

If you have any shoes that you don't wear anymore, please call **Dick and Joanne Biedinger (513-339-0491)** for pick up or you can just drop them off at our front porch at **7108 Crescent Drive** (Cardinal cul-de-sac) before the end of June. The youth group will be using these funds to help with expenses for their trip to New Orleans in July to attend the National Lutheran Youth Gathering which occurs every three years.

We thank you for your help.

## ROMEOS (Retired Old Men Eat Out)

If you're new to the community or simply looking for a way to connect, ROMEOS is a great group to join! This casual men's group meets **every Tuesday at 11:30 AM** for breakfast or lunch, offering a chance to share good food and great conversation. It's a welcoming way to meet new people and enjoy some camaraderie.

If you have questions or need a ride, please contact **Chuck Abbott at (513) 492-7797**.

# Auxiliary & Resident Organization News

## Be a Part of Night of Stars 2025

by Matt Hildebran, VP of Development

Mark your calendars for **September 11th at 6pm for Night of Stars (NOS) 2025!** Plans are already underway for this wonderful event. NOS 2024 was a huge success as we recognized ten of our team members, five at each of our communities, for their dedicated, extraordinary service to our residents. It is a great evening consisting of a banquet, inspiration and employee recognition.

NOS was conceived out of a desire to show our deep appreciation for our Christian Village Communities team members. Were it not for the 400+ dedicated staff who deliver unprecedented quality care, attending to the needs of the residents and patients we serve, there would be no Christian Village Communities.

**The CBA Foundation** hosts this event not only to honor our Stars, but also to raise resources for qualifying residents in need of financial assistance, as well as to support other CVC ministerial needs.

Each year we solicit sponsorships for the event, and in past years we have limited these opportunities to companies with whom we do business throughout the year and other local partners. We have heard from residents who asked if they could be a sponsor of this event. With this interest, we are providing an opportunity for residents, families and others to become NOS sponsors.

**If you would like to become a sponsor for the 2025 Night of Stars, there is a sponsorship form included in this issue of the Village News. There is also the option for cul-de-sacs to combine their resources for group sponsorships.**

Please drop off your sponsorship form at the foundation office or front desk. **Contact Aleigha Hummel with questions or for assistance at 513-468-1247.**

## Upcoming Music Concerts

- **Ambassador Choir Spring Concert** - Tuesday, May 13 & Wednesday, May 14, 7:00 p.m.
- **Sycamore Community Band** - Tuesday, May 20, 7:00 p.m.
- **Mt. Auburn Brass Fellowship** - Tuesday, May 27, 7:00 p.m.
- **Hope Church Choir** - Thursday, May 29, 6:30 p.m.

## Library News

By Mary Ann Watrous

### March/April 2025 Additions

- Marie Benedict, *The Mitford Affair*, *Queens of Crime*
- Geraldine Brooks, *Horse*
- Colleen Coble, *Abomination*
- Louise Erdrich, *The Round House*
- Jenny Hale, *The Summer House*
- Karen Kingsbury, *Leaving*
- Sarah Morgan, *Family for Beginners*
- Ann Napolitano, *Hello Beautiful*
- Francine Rivers, *Her Daughter's Dream*
- Steve Ruskin, *The Newton Cipher*
- John Sandford, *Judgment Prey*
- Ruth Ware, *One Perfect Couple*
- Lisa Wingate, *The Book of Lost Friends*

### Non-Fiction

- Steve Gipson, *God Save The South!*
- Jon Krakauer, *Under The Banner of Heaven*
- Kevin Maurer, *Damn Lucky*
- Bob Welch, *Saving My Enemy*

### Large Print

- Melody Carlson, *No One To Trust (LP)*

### Mason Public Library Outreach

Friday, May 2 10:00 a.m.

Please remember to turn in your used books to the craft room for pick up.

# You Never Know

BY RUTH ODOR,  
GARDEN APARTMENT  
RESIDENT



## LOST-----AND FOUND

We boarded our riverboat which was docked at the riverbank in Antwerp, Belgium. Tomorrow we would have a day to explore Antwerp before we set sail for our adventurous journey down the Rhine. During the morning our tour director led us to various sights in the city. The afternoon was left free to do whatever we chose. I had three things in mind as I set out by myself. I would remember the streets and I would find my way.

I stopped at the candy shop to purchase those delicious Belgian chocolates and then found a place where they made and sold that beautiful handmade lace. And then it was the huge cathedral that dominated the town. In it were original paintings by Reubens. When would I ever get a chance to see them again? I found the rooms where the paintings were and admired each one. Oh, it was time to go! I hurried out the door and down the street.

Soon I realized that I had come out a different door and this was an unfamiliar street. I kept trying street after street, but none were familiar. I looked at my watch and realized that I was running out of time. The boat would sail at four as promised. I panicked. I was lost!

After trying several different streets, I stopped at a little shop and asked the way to the river and to my boat. Amazingly the girl behind the counter spoke English. She said, "You are going in the right direction. If you go too far you will get wet." The river! Soon I saw it and my riverboat! I ran the rest of the way. When I ran up the gangplank there was my friend who was so worried about me. After only a few minutes the boat began to sail. I cannot express the joy I felt. I was lost--but now I was found.

That was not a life-threatening situation, but the one in which my friend found himself was. He had been this way before, but that had been long ago when he was a child. He and his father had explored this national forest many times. There had been a lake and maybe he could find it. After exploring a bit he could not find the lake and started back home.

When he began his journey there had been only a little snow and his were the only tire tracks. Now fresh snow had fallen and there were many tire tracks. Before long he could not tell which tracks were his. Once he stopped his all-terrain vehicle and carefully examined those tracks, but they were not those of his vehicle. Realizing that he must not backtrack, he looked for a fallen limb, and when he found one laid it across the track. On and on he traveled. The light was beginning to fade, and the temperature was dropping.

He was lost! There was no GPS on his vehicle, and he was not wearing any tracking device. No one could find him. He would freeze to death far from home. He prayed and prayed.

Suddenly he saw a fence. It was a familiar fence. He followed the fence until he came to a road. It was a familiar road. It led home. As he fell into the welcoming arms of his wife, his gratitude and his joy knew no bounds.

Only if you have been lost can you know the joy of being found.



The Christian Benevolent Association does not discriminate on the basis of race, color, national origin, ethnicity, sex, religion, age, qualified handicap or veteran status.