

Pavilion Ribbon Cutting

By Lizz Stephens, VP Marketing and Business Strategy

CVM has a long-standing reputation as one of Cincinnati's finest Life Plan Communities. From the gorgeous scenery to the award-winning healthcare, it is a very special place that about 450 residents call home. Our community is situated on 75-acres of immaculately manicured grounds and features an array of beautiful amenities to be enjoyed.

The picnic pavilion is one amenity that was used often in the warmer months for activities and events including cookouts, ice cream socials, and concerts. The management team recognized that our residents deserve only the very best, and over the past months we have invested considerable resources in improving our pavilion.

You may recall that the original pavilion had no restrooms and no kitchen for meal preparation. In addition, it had limited storage that was not impervious to the elements and was not climate controlled. After months of hard work, the new pavilion is finally ready for our residents to enjoy!

We invite you to attend our ribbon cutting ceremony on April 16 from 2 p.m. – 3:30 p.m. Enjoy refreshments while you preview the new 3,600 sq. ft. pavilion featuring a beautiful gas fireplace with fireside lounge area, kitchen serving space and much-needed restrooms! An added benefit is that there is an additional 3,500 sq. ft. for storage and 48 new parking spaces. Please RSVP to the front desk at 513-398-1486 by April 11.

The new pavilion is an amenity our residents will enjoy for years to come, and our guests and prospective residents are sure to find it inspiring.



Birthdays, Celebrations and Updates



April Birthdays

This information is for
The Christian Village at Mason residents.



April Anniversaries

This information is for
The Christian Village at Mason residents.



CVM Transportation

Transportation services are available to all residents.
Monday - Friday, 8:00 a.m. – 4:30 p.m.

*Concierge Cards - \$36 for 13 round trips
For errand and medical trips within 5 miles.

For medical appointments and other trips over 5 miles, or if you require the driver to stay with you, pricing listed below:

- \$3.00/mile from drop-off and pick-up
- \$40/hour for the driver to stay with you

Scheduling Transportation

Call (513) 701-3415 to schedule an appointment.

RESIDENT UPDATES

This information is for
The Christian Village at Mason residents.



Village Clinic Hours

7169 Village Drive

Monday - Friday - 10:00 a.m. - 11:30 a.m.

If you need to contact the nurse outside of these hours, please contact Diane Reed, R.N., Queen City Skilled Care, Home Care Coordinator at (513) 314-0562 or Heather Carter at (513) 701-3403.



Grocery Pickups

Please turn in one list per week on Monday or Thursday into the Front Desk. (4 or 5 items.)

Please give list and money to the front Desk or call Transportation at (513) 703-3415.

Chaplain's Corner

BY CHAPLAIN DAVID RAY



More Than a Fish Story

If you have listened to me preach, you will know that I especially love to tell the Bible's stories.

There is something powerful about how a story can speak to the heart, awaken imagination, and communicate in ways many other kinds of words cannot. This is why Jesus so often told stories. Parables, we call them. Stories that teach not only through their obvious details, but through meanings that lie intentionally below the surface to engage a listener's heart and curiosity.

A younger brother asks for his inheritance early, then squanders it recklessly in a far-off land—until he finally thinks of home and returns to a wildly gracious welcome by his loving father. **A farmer plants seed,** with some finding fertile soil, while others land in places that disappointingly do not result in good growth. **A man unexpectedly digs up a treasure in a field,** and is so overwhelmed that he goes out and sells everything he possesses to go back and buy the field that holds this “treasure of great price.”

But the Bible's real-life stories teach us in powerful ways, too. **A rich, young lawyer comes to Jesus,** wanting to know how to inherit eternal life. “You know the commandments,” Jesus says. And the man quickly states that he has “kept them all since he was a young boy.” But Jesus unexpectedly adds one thing more: “Go, sell everything you have and give it to the poor, and then you will have treasure in heaven. Then come, follow me.” But this was far too much to ask, and the man sadly walked away.

During April, I will take us back to hear an even more ancient story about a prophet named, “JONAH.” You've probably heard about his encounter with a big fish, but (don't be surprised) it is so much more than just a fish story. It's about disobedience and consequences, about judgment and grace. It's about our heart and response to God, too. So please join me for Stone Center worship during April to hear yet another teaching story from the Bible!

Contact Information

Office Number: (513) 701-3406

Cell Number: (513) 218-6548

Email: david.ray@christianvillages.org

If you need assistance to attend worship, desire Communion, or welcome a visit, please contact us.

Tune to CVC TV (Channel 2493) for Chaplain's live: **Word of the Week** (Monday, 9:30 a.m.), **Daily Devotions** (Tuesday and Thursday, 11:00 a.m.), & **Stone Center Worship** (Sunday, 10:15 a.m.).

**This information is for
The Christian Village at Mason residents.**

Social Services

BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES

April is Volunteer Appreciation Month

The Christian Village at Mason and Christian Village Hospice would like to thank our volunteers who help us serve our residents.

- Martha Brammer
- Dave Doty
- Fred Herzner
- Barb Hobe
- Judith Lorton
- Judy Olinger
- Bethany Stratman
- Judy Wahl
- Blanche Walker

If you are interested in volunteer opportunities, please contact Tracy Wolcott at (513) 701-3414 or Heather Carter at (513) 701-3403.

File of Life

The File of Life is an important document. This provides medical and emergency contact information to both The Christian Village at Mason and to local paramedics in the event of an emergency. The File of Life should be kept in the red magnetic pouch and placed on your refrigerator.

There have been recent situations where paramedics have not been able to locate this information or the information on the form was not current. This may cause a delay in notification to your emergency contact. More importantly, this may cause a delay in proper treatment.

It is just as important that you keep a copy of Advanced Directives accessible. Advanced Directives include Health Care Power of Attorney, Living Will and State of Ohio Do Not Resuscitate forms. I would recommend that these documents be kept near the File of Life. You may consider notating on the File of Life form where 911 responders can easily access the Advanced Directives. I recommend a copy of the forms be placed in an envelope placed on top of your refrigerator. I would also encourage you to provide The Christian Village at Mason with a copy of these documents.

While we hope none of these documents are ever needed, it is important that medical responders are aware of your health needs and your wishes. There are copies of the blank File of Life forms available at the reception desk and in the Social Service Office.

If you have any questions about any of these documents or how to complete Advanced Directives, please feel free to contact me at 513-701-3403. I urge you to keep your File of Life up to date.



The Well

BY TOMI MARUNA, DIRECTOR OF FITNESS & WELLNESS

Embracing the Joy of Movement: A Renewed Commitment to Wellness

“Splendor and majesty are before him; strength and joy are in his place.”

Psalm 96:6

I love that our workout room is called the Renewal Fitness Center! We must make it a priority to renew our bodies daily through physical activity.

As spring unfolds, it's an ideal time to renew your commitment to movement and wellness. Here are a few ideas to motivate you on your journey.

Rediscovering the Joy:

1. Try New Things

Don't be afraid to step out of your comfort zone. Trying new activities can be invigorating and adds spark to a fitness routine.

2. Move with Friends

Exercise is more enjoyable with company. Whether finding a workout buddy or joining a fitness class, connecting with others makes the journey more fun and motivating.

3. Set Goals

Establish specific goals to work toward. Think about the daily functions you want to maintain as you age. Having clear objectives provides motivation and keeps you on track.

4. Embrace Joyful Movement

Exercise shouldn't feel like punishment; it should be an activity you look forward to. Find joy in movement, let it bring you happiness, and revel in the positive impact it has on your overall wellbeing. Let's make a commitment to rediscover the joy of movement together. Embrace this journey with enthusiasm, and remember, your pursuit of wellness should also be a celebration of the incredible things that God has designed your body to do!

In closing, I want you to know how incredibly thankful I am to be here. Your warm welcome has truly been appreciated! My goal is to continue to build on the great foundation that Kyra laid here in the RFC. Please come and see me if you need help coming up with ideas to incorporate more movement in your daily life. Here's to a season of renewed energy, strength, and joy!



Auxiliary & Resident Organization News



Dine Outs are Back!

Join us at Quatmans in Mason on Tuesday, April 16, for a special day of dining and giving back (see flyer for more details.) Quatmans will donate 10% of your meal's cost to the CVM Auxiliary when you present a flyer, available at the front desk. For convenience, we're organizing a resident trip at 11:30 a.m. with CVM transportation for those needing a ride—sign up at the front desk to join. Don't miss out on this opportunity to enjoy great food and support a good cause!

CVM Book Club

The organizational meeting for the new CVM book club was held on Monday, March 11. 16 ladies attended and offered suggestions. We developed a book list and established basic rules for the club.

The reading list generated at the meeting has been given to the Mason Public Library. They will collect titles and supply the books to us each month. Audio and large print books will be included.

When the suggested book list is solidified through the library, we'll send out the monthly titles via The Monthly News. This should appear in the May Village News. At this juncture, we are at full capacity of participants and book suggestions for the year.

We will begin our actual book discussions in June. Keep reading.

We will meet in the lounge from 10:00-11:00 a.m. on the second Monday of each month.

Fall Town Hall Date Change

The date for the Fall Town Hall meeting was incorrectly listed in the March Village News article. The correct Fall Town Hall date is Friday, October 18 at 2:00 p.m.. Please update your calendars accordingly.

Auxiliary Update

By Ed Stagney, Auxiliary President

A big THANK YOU to everyone who joined the Auxiliary this year, especially those who added donations in addition to their dues. Although the annual membership campaign is over, you may still join or donate at any time. Forms are available at the reception desk in the main building.

The Quarterly General Meeting will be held on April 10 at 2 p.m. in the Hockley Chapel. Because there was no meeting in January, annual 2023 results will also be reviewed in addition to plans for 2024.

The Craft Show, to be held on Saturday, October 26, is underway as registration forms were sent to prospective vendors this week. Plans are to restart the "Dine Out" program that provides income to the Auxiliary through purchases at a specific restaurant. In prior years, this was a good source of additional income before Covid hit. Other possible fundraising opportunities are being considered, so please plan to join us at the General Meeting on April 10.

I am available to discuss any suggestions, questions, or concerns. My home phone is (513) 492-7020, cell (513) 379-3037, and email is edstagney@yahoo.com.

Kroger Shopping Bus

If you are a Garden Home resident and would like to use the CVM Bus to go shopping at Kroger on Tuesday, April 16 at 9:00 a.m., please contact the front desk with your name and Garden Home address. The bus will pick you up at your home. Shopping trips require a Concierge Card — (\$36 for 13 trips).

Auxiliary & Resident Organization News

Upcoming Concerts

Concerts will be held in the Stone Center.

- **Kings Junior High School Jazz Band** Thursday, April 4, 3:30 p.m.
- **Ambassador Choir Spring Concert** Tuesday, April 9 at 7:00 p.m. & Wednesday, April 10, 7:00 p.m.

An Evening of Classic Praise: “The Majesty and Glory of Your Name” and “A Strong Tower.” Along with a variety of choral anthems, and a couple of brand-new arrangements of your favorite hymns.

- **Hope Church Choir** Thursday, April 18, 7:00 p.m.
- **The Great Miami Blue Grass Band** Tuesday, April 23, 7:00 p.m.

This group performs music of the Appalachian Region which is rooted in traditional English, Scottish, and Irish Ballads and dance tunes as well as American Blues and Jazz. Come see Garden Home resident, Mike Ryan, as a member of this group.

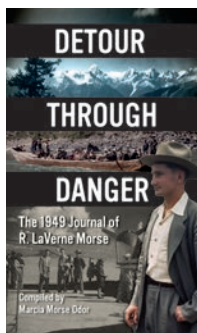
- **Kevin J. Wood Portrays President Abraham Lincoln** Wednesday, April 24, 7:00 p.m.

This program consists of a first-person presentation of President Abraham Lincoln in period dress, talking about his own life and the history of the U.S.A. from independence through the civil war.

- **Oola Khan Grotto Band** Tuesday, April 30 7:00 p.m.

This Band returns for a second time and plays a variety of popular music from 1940 through the 1970s.

Book Recommendation from Larry



“I want to encourage residents to check out a book in our library entitled, “Detour Through Danger” written about the life of former CVM resident and life-long missionary to Southeast Asia, Laverne Morse. It is a captivating book that I am sure most residents are not familiar with.”

CEO Larry Monroe

Library News

By Mary Ann Watrous

February/March 2024 Additions:

- Stacey Abrams, *While Justice Sleeps*
- Mary Kay Andrews, *Hello, Summer*
- Glen Beck, *The Overton Window*
- Steve Berry, *The Templar Legacy; The Romanov Prophecy*
- C.J. Box, *Savage Run; Cold Wind*
- Jennifer Chiaverini, *Switchboard Soldiers*
- Ann Cleeves, *The Raging Storm*
- Candice Dow, *The Ex-Wife*
- Bob Drury and Tom Clavin, *Blood and Treasure (Non-Fiction)*
- Clive Cussler, *Fire Strike*
- Brian Freeman, *The Bourne Defiance*
- William Johnstone, *Die By The Gun*
- Michael Lawson, *The Inside Ring*
- Brad Meltzer, *The First Counsel*
- Fern Michaels, *What You Wish For; I'll Be Home for Christmas*
- Robert B. Parker, *The Bitterest Pill; Revelation*
- Nora Roberts, *Inner Harbor; Chesapeake Blue*
- Karen Schaler, *Love Always, Christmas*
- Margaret Wilkerson Sexton, *A Kind Of Freedom*
- Nicholas Sparks, *A Bend In The Road*
- Danielle Steel, *Prodigal Son*
- Brad Taylor, *End of Days*

Large Print

- J.A. Jance, *Downfall*
- Michael Ledwidge, *Beach Wedding*
- Karen White, *The Last Night In London*

Mason Public Library Outreach

Friday, April 5, 10:00 a.m.

Please remember to turn in your library books to the craft room for pick up.

You Never Know

BY RUTH ODOR,
GARDEN APARTMENT
RESIDENT

GETTING IT BACKWARD

One of my husband's favorite things was visiting his oldest brother in Florida. They loved to talk about Scriptures, sermons they had heard, thoughts they had remembered from reading a particular article. One evening they were engaged in such a conversation when my sister-in-law and I left the kitchen and joined them. "Let's not talk about those things," she said. "Let's talk about something important." "But don't you have it backward?" I thought but kept my mouth shut.

On another vacation trip the couple we were visiting were eager to show off their new church. Members of the Sunday school class were filled with enthusiasm as they shared their experiences. "Wasn't that great," exclaimed my friend as we walked to the worship service. "So much better than talking about David or Paul and things that they said." I could hardly believe my ears and I thought, "Aren't you getting it backward?"

It's so easy to get it backward, to get our priorities all mixed up, to fail to give God first place in our lives. As we grow older and lose our ability to do many things that we used to do, we sometimes are too concerned with the little things and place things in the wrong

order. As someone once said, "We push God into the background and write Him small." We give Him second place.

I have always liked this poem by an unknown author.

"Oh you who could not put one star in motion,
Who could not build one mountain out of earth.

Or trace the pattern of a single snowflake
Or understand the miracle of birth.

Presumptuous mortal who cannot alter the universe
in any way,

Or fashion one small bud, release one raindrop,
Or toss one cloud into a sunny day.

Oh earthling who could never paint a sunset,
Or cause one dawn to shine.

Oh puny man who cannot create one single miracle,
How dare you doubt the only One who can?"

We dare not get things backward or put God in second place. We can only give Him first place in our lives. He will have no other.



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