







November 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Kroger Grocery Trips Tuesdays & Fridays Turn Lists into front desk on Mondays & Thursdays. (4 to 5 items)</p> <p>Front Desk: 398-1486 Transportation: 701-3415</p>	<p>ACR — Admin. Conference Room C — Chapel CL — Chaplain's Lounge CR — Craft Room CVC TV— Ch. 2493 DC — Village Doctor's Clinic FSL— Fireside Lounge</p>	<p>L — Garden Apartment Lounge LL — Library Lounge MDR — Matthews Dining Room PS — Picnic Shelter SWC— Stone Worship Center R — Reservation Required RFC — Renewal Fitness Center</p>	<p>1 9:30 -10:00 Activity Sign Up (see flyer in VN)</p> <p>10:00 Knitting/Sewing Group (CR) 10:30 Exercise w/ Kyra (CVC TV) 12:30 Cribbage (L) 1:00 Euchre (L) 2:15 Movie & Popcorn (L) "Sons of Kate Elder", Western starring John Wayne 7:00 Larry Monroe in Concert (SWC)</p>	<p>2</p> <p>10:00 Coffee & Conversation (CR) 11:00 Daily Devotion w/ Chaplain 1:00 Bingo (L) 1:00 Mahjong (MDR) 3:00 Craft Time (L)</p>	<p>3 MPL book pick-up/drop off</p> <p>10:00 Rosary (L) 10:30 Catholic Bible Study (L) 10:30 Exercise w/ Kyra (CVC TV) 1:00 Bible Study (L) 3:00 Corn Hole (RFC)</p>	<p>4</p> <p>1:00 Bingo (L)</p> <p>3:00 & 7:00 (CVC TV) "Facing the Storm: Story of the American Buffalo,"</p>
<p>5</p> <p>10:15 CVM Chapel Service (SWC) & (CVC TV)</p> <p>10:30 Catholic Communion (L)</p> <p>2:00 Dominoes (L)</p>	<p>6</p> <p>9:30 Weekly News Bulletin (CVC) 10:00 Live Smart Series: Gratitude & Kindness (L) 10:30 Exercise w/ Kyra (CVC TV) 1:00 Bingo (L) 3:00 Board Games (L)</p>	<p>7</p> <p>10:00 Chair Volleyball (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:00 Daily Devotion w/ Chaplain 1:00 Coloring Fun /Board Games (L) 1:30 Ambassador Choir Rehearsal (SWC) 2:00 Dominoes (L) 3:00 Craft Time (L)</p>	<p>8</p> <p>10:00 Knitting/Sewing Group (CR) 10:30 Exercise w/ Kyra (CVC TV) 12:30 Cribbage (L) 1:00 Euchre (L) 2:15 Movie & Popcorn (L) "Jack & the Beanstalk"</p>	<p>9 9:00 G.H. Resident Council Meeting (L) 9:15 G.H. Cincinnati Museum Day Outing (FSL) (R)</p> <p>10:30 Coffee & Conversation (CR) 10:30 Oaks & Acorns (L) 10:30 Exercise w/ Kyra (CVC TV) 11:00 Daily Devotion w/ Chaplain 1:00 Bingo (L) 1:00 Mahjong (MDR) 3:00 Craft Time (L)</p>	<p>10</p> <p>9:15 G.H. Symphony & Lunch Outing (FSL) (R)</p> <p>10:00 Rosary (L) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p> <p>1:00 Bible Study (L) 3:00 Corn Hole (RFC)</p>	<p>11</p> <p>1:00 Bingo (L)</p> <p>3:00 & 7:00 (CVC TV) "Heading Back to Normandy", Aff the War History Documentary</p> <p></p> <p>Veterans Day</p>
<p>12</p> <p>10:15 CVM Chapel Service (SWC) & (CVC TV)</p> <p>10:30 Catholic Communion (L)</p> <p>2:00 Dominoes (L)</p>	<p>13</p> <p>9:30 Weekly News Bulletin (CVC TV) 10:00 Trivia (L) 10:30 Exercise w/ Kyra (CVC TV)</p> <p>1:00 Bingo (L) 3:00 Board Games (L)</p>	<p>14 9:00 Kroger Shopping Bus (R)</p> <p>10:00 Chair Volleyball (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:00 Daily Devotion w/ Chaplain 1:00 Coloring Fun /Board Games (L) 1:30 Ambassador Choir Rehearsal (SWC) 2:00 Dominoes (L) 3:00 Craft Time (L)</p>	<p>15</p> <p>10:00 Knitting/Sewing Group (CR) 10:00 Veterans Association Meeting (HC) 10:30 Exercise w/ Kyra (CVC TV) 12:30 Cribbage (L) 1:00 Euchre (L) 2:15 Movie & Popcorn (L) "Walk the Line", The Story of Johnny Cash</p>	<p>16</p> <p>10:00 Coffee & Conversation (CR) 10:30 Exercise w/ Kyra (CVCTV) 11:00 Daily Devotion w/ Chaplain 11:00 G.H. Lunch Outing to Japanese Steakhouse (FSL) (R) 1:00 Bingo (CR) 1:00 Mahjong (MDR)</p> <p>2:00 Catholic Mass (L) 3:00 Craft Time (CR)</p>	<p>17</p> <p>10:00 Rosary (L) 10:30 Catholic Bible Study (L) 10:30 Exercise w/ Kyra (CVC TV)</p> <p>1:00 Bible Study (L) 3:00 Corn Hole (RFC)</p>	<p>18</p> <p>1:00 Bingo (L)</p> <p>3:00 & 7:00 (CVC TV) "Polar Extremes: Ice Worlds", Full Nova Documentary</p>
<p>19</p> <p>10:15 CVM Chapel Service (SWC) & (CVC TV)</p> <p>10:30 Catholic Communion (L)</p> <p>2:00 Dominoes (L)</p>	<p>20</p> <p>9:30 Weekly News Bulletin (CVC) 10:00 Trivia (L) 10:30 Exercise w/ Kyra (CVC TV)</p> <p>1:00 Bingo (L) 3:00 Board Games (L)</p>	<p>21</p> <p>10:00 Chair Volleyball (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:00 Daily Devotion w/ Chaplain 1:00 Coloring Fun /Board Games (L) 1:30 Ambassador Choir Rehearsal (SWC) 2:00 Dominoes (L) 3:00 Craft Time (L) 7:00 Delta Kings Barbershop Chorus Christmas Concert (SWC)</p>	<p>22</p> <p>10:00 Knitting/Sewing Group (CR) 10:30 Exercise w/ Kyra (CVC TV) 12:30 Cribbage (L) 1:00 Euchre (L) 2:15 Movie & Popcorn (L) "Mall Cop", Comedy</p>	<p>23</p> <p>HAPPY THANKSGIVING</p> <p></p> <p>All Offices Closed</p>	<p>24</p> <p>10:00 Rosary (L) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p> <p>1:00 Bible Study (L) 3:00 Corn Hole (RFC)</p>	<p>25</p> <p>1:00 Bingo (L)</p> <p>3:00 & 7:00 (CVC TV) "Indonesia Wonders"</p>
<p>26</p> <p>10:15 CVM Chapel Service (SWC) & (CVC TV)</p> <p>10:30 Catholic Communion (L)</p> <p>2:00 Dominoes (L)</p>	<p>27</p> <p>9:30 Weekly News Bulletin (CVC) 10:00 Trivia (L) 1:00 Bingo (L) 2:15 G. Apt. Resident Council (L) 3:30 Board Games (L)</p>	<p>28</p> <p>10:00 Chair Volleyball (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:00 Daily Devotion w/ Chaplain 1:00 Coloring Fun /Board Games (L) 1:30 Ambassador Choir Rehearsal (SWC) 2:00 Dominoes (L) 3:00 Craft Time (L) 7:00 Great Miami Blue Grass Band (SWC)</p>	<p>29</p> <p>10:00 Knitting/Sewing Group (CR) 10:30 Exercise w/ Kyra (CVC TV) 12:30 Cribbage (L) 1:00 Euchre (L) 2:15 Movie & Popcorn (L) "The Music Man", Musical</p>	<p>30</p> <p>10:00 Coffee & Conversation (CR) 10:30 Exercise w/ Kyra (CVCTV) 11:00 Daily Devotion w/ Chaplain 11:00 G.H. Lunch Outing to Hofbraus Haus (FSL) (R) 1:00 Bingo (CR) 1:00 Mahjong (MDR) 3:00 Craft Time (L)</p>	<p></p>	<p>**RENEWAL FITNESS CENTER EXERCISE SCHEDULE ON THE BACK OF CALENDAR.**</p> <p></p>

All activities and events are subject to change. Check CVC TV for updates & contact Tracy Wolcott at (513) 701-3414 with questions.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><i>"...but those who hope in the Lord will renew their strength."</i></p> <p>(Isaiah 40:30)</p>		<p>1 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p>	<p>2 9:30 Upper Body (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11-12:00 Ping Pong (RFC)</p>	<p>3 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC) 3:00 Corn Hole (RFC) (Activity Dept.)</p>	<p>4</p>
<p>5</p>	<p>6 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p>	<p>7 9:30 Upper Body (RFC) 10:00 Chair Volleyball (RFC) (Activity Dept.) 10:30 Exercise w/ Kyra (CVC TV)</p>	<p>8 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p>	<p>9 9:30 Upper Body (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11-12:00 Ping Pong (RFC)</p>	<p>10 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC) 3:00 Corn Hole (RFC) (Activity Dept.)</p>	<p>11</p>
<p>12</p>	<p>13 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p>	<p>14 9:30 Upper Body (RFC) 10:00 Chair Volleyball (RFC) (Activity Dept.) 10:30 Exercise w/ Kyra (CVC TV)</p>	<p>15 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p>	<p>16 9:30 Upper Body (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11-12:00 Ping Pong (RFC)</p>	<p>17 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC) 3:00 Corn Hole (RFC) (Activity Dept.)</p>	<p>18</p>
<p>19</p>	<p>20 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p>	<p>21 9:30 Upper Body (RFC) 10:00 Chair Volleyball (RFC) (Activity Dept.) 10:30 Exercise w/ Kyra (CVC TV)</p>	<p>22 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p>	<p>23 HAPPY THANKSGIVING  No group exercise classes</p>	<p>24 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC) 3:00 Corn Hole (RFC) (Activity Dept.)</p>	<p>25</p>
<p>26</p>	<p>27 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p>	<p>28 9:30 Upper Body (RFC) 10:00 Chair Volleyball (RFC) (Activity Dept.) 10:30 Exercise w/ Kyra (CVC TV)</p>	<p>29 9:00 Line Dance (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11:15 Balance Class (RFC)</p>	<p>30 9:30 Upper Body (RFC) 10:30 Exercise w/ Kyra (CVC TV) 11-12:00 Ping Pong (RFC)</p>		