



Night of Stars

On September 14 the stars were out and shining brightly! No, not the stars in the sky, but the stars in the Stone Center! On that evening we recognized and honored nine team members (Stars) for outstanding service.

Team members from both our communities, nominated by their managers, were celebrated for their extraordinary service in support of our mission. There was a banquet, special program featuring video segments of each Star “caught” doing what they do so well each day, recognition ceremony and a special presentation by Keynote Speaker, Mrs. Kay Moll.

Thank you to all who attended and supported this fantastic event! Save the date and plan to join us next year at 6:30 p.m. on September 12, 2024!

Honorees

The Christian Village at Mason

- ★ Mary Brown, Social Services
(8 years)
- ★ Bonnie Collins, Housekeeping
(13 years)
- ★ Jackie Prater, LPN, Nursing
(3 years)
- ★ Penda Sow, STNA, Nursing
(17 years)
- ★ Brittany Williams, STNA, Nursing
(8 years)

The Christian Village at Mt Healthy

- ★ Donna Atkins, STNA, Nursing
(17 years)
- ★ Michelle Shuck, Housekeeping
(20 years)
- ★ Hattie Sprawl, LPN, Nursing
(19 years)
- ★ Flora Vincent, LPN, Nursing
(13 years)

Birthdays, Celebrations and Updates



October Birthdays

This information is for
Christian Village at Mason residents.



October Anniversaries

This information is for
Christian Village at Mason residents.

RESIDENT UPDATES

This information is for
Christian Village at Mason residents.



CVM Transportation

Transportation services are available to all residents.
Monday - Friday, 8:00 a.m. – 4:30 p.m.

*Concierge Cards - \$36 for 13 round trips
For errand (non-medical) trips within 5 miles.

*Appointments by Mile or Hour
For medical appointments or other trips that would not
qualify as a concierge trip.

- \$3.00/mile from drop-off and pick-up
- \$40/hour for the driver to stay with you

Scheduling Transportation

Call (513) 701-3415 to schedule an appointment.



Grocery Pickups

Please turn in one list per week on Monday or
Thursday into the front desk (4 or 5 items).

Please give list and money to the front desk or call
Transportation at (513) 701-3415.



Village Clinic Hours

7169 Village Drive

Monday - Friday - 10:00 a.m. - 11:30 a.m.

If you need to contact the nurse outside these hours,
please contact Diane Reed, R.N., Queen City Skilled
Care, Home Care Coordinator at (513) 314-0562 or
Heather Carter at (513) 701-3403.

Chaplain's Corner

BY CHAPLAIN DAVID RAY



Stone Center Sermon Series

HAVE YOU EVER WONDERED what it was like to be among those who got to meet **JESUS, ONE-ON-ONE, during His time on earth?** To know how he looked. The sound of His voice. What He might have said to you, or you to Him? Perhaps even how His touch could have felt?

I'm thankful how we can imagine, vicariously, through stories the Bible preserves about people who did meet Jesus. Some stories are well-known, while others are less-noticed. Over the months of October and November, we will visit some of both during Stone Center Worship—"one-on-one" stories that offer insight into how Jesus met people then and might still meet us today.

We'll begin with the story of a man long-stuck in a paralyzing place in life, challenged by Jesus to decide whether he genuinely wanted to "get well." Another story is set within a desolate cemetery where a "mad" man, possessed by demons, regularly terrorizes the countryside after breaking loose from chains meant to restrain him.

Or another time when Jesus interrupted a funeral procession to raise a dead man back to life and bless his grieving widowed mother. Or yet another encounter with a man who fancied himself to be quite "religious" until he was challenged by Jesus to give more than he'd ever imagined and was unwilling to accept. And this only gets us started, because through November there will be more stories, including those about women who met Jesus, too.

Jesus Meets...

- October 1 A **Stuck** Man (John 5:1-15)
- October 8 A **Mad** Man (Mark 5:1-20)
- October 15 A **Dead** Man (Luke 7:11-17)
- October 25 A **Religious** Man (Mark 10:17-31)
- October 29 Guest Speaker

Hospice: When Life Grows Fragile

I'm grateful we can now provide further specialized care for community residents through our new Christian Village Hospice (CVH). While we have always supplied support through the entirety of life, CVH allows us to provide even greater continuity of care through end-of-life. Someone recently commented that it "just makes good sense" for a relationship, long-developed, to continue in this seamless way. We agree and have found that it adds great value to our care.

Engaging with hospice does not mean that end-of-life is imminent, but that decline is continuous, and added care can bring much benefit and comfort. This includes not only medical, but assistive care, along with focused spiritual support that I provide through my role as CVH Chaplain. If you have questions, please reach out to any of our team.

Contact Information

Office (513) 701-3406, **Cell** (513) 218-6548, or **Email** david.ray@christianvillages.org.

If you need assistance to attend worship, desire communion, or welcome a visit, please contact us.

Tune to CVC TV for Chaplain's live: **Word of the Week** (Monday, 9:30 a.m.), **Daily Devotions** (Tuesday and Thursday, 11:00 a.m.), & **Stone Center Worship** (Sunday, 10:15 a.m.).

This information is for Christian Village at Mason residents.

Social Services

BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES



Hospice Update

Christian Village Hospice successfully completed their initial survey for Medicare certification on September 14, 2023. This was a 3-day intensive survey. The surveyor reviewed all policies and procedures, clinical charts, and programs offered through Christian Village Hospice. We received no citations and have been recommended for certification to receive Medicare reimbursement. Christian Village Hospice will continue to serve our patients at both the Mason and Mt. Healthy campuses.

We will continue to enhance our services and volunteer programs. If you are interested in becoming a volunteer for Christian Village Hospice, please give me a call.

Garden Home Resident Pictures

The safety of our campus residents is a top priority. One way to help enhance safety is by having photo identification of all residents on our campus. Our electronic medical record software, Point Click Care, has provision to upload a photo. This software is a HIPAA compliant, secure software.

The Christian Village at Mason will be taking photos of Garden Home residents on November 15 from 1:00 p.m. – 3:00 p.m. and on Friday, November 17 from 9:30 a.m. – 11:00 a.m. Please plan to get your picture taken during one of these sessions in Hockley Chapel.

If you have any questions, please feel free to call Heather Carter at (513) 701-3403.

Understanding Your Medicare Benefits

October 15, 2023, begins open enrollment for 2024 Medicare Benefits. Open enrollment runs through December 7, 2023.

You should be receiving your Annual Notice of Change that will explain changes to your Medicare Plan for 2024. You may also receive numerous fliers and phone calls about signing new forms or enrollment in new plans. Please be cautious. Most plans renew automatically, and you do not need to sign anything.

It is beneficial to review your benefits with an insurance specialist if you have questions about your current plan or making a change.

The Christian Village at Mason will have a representative from BOST BENEFITS available on October 23, 2023, to assist with review of your Medicare plan and answer questions you may have.

Please see the flyer in this newsletter for more information about in-person benefit reviews.

If you have other questions, please contact Mary Brown at (513) 701-3423.

Caregiver Support Group

Join us on October 10 from 10:30 a.m. – 12:00 p.m. to connect with other caregivers. Caregiving has many facets and challenges. Our team will facilitate group conversation, provide resources and education related to dementia care and caregiving in general.

This group meets monthly on the 2nd Tuesday of each month at the Village Clinic located at 7169 Crescent Drive.

Time: 10:00 a.m. - 11:30 a.m.

The Well

BY KYRA SCHROER, DIRECTOR OF FITNESS & WELLNESS



Left: Fitness Challenge Finishers (not pictured: Barry Harrison, Martha Brammer, Kathy Hastings), Middle: Barb Vogt, blindly with witnesses, picked the winning ticket, Right: Mary Kalberg won a \$100 Kroger gift card.

Renewal Fitness Challenge Finishers and Other RFC News

Congratulations to the 18 residents who completed the 7-week fitness challenge. Participants not only needed to complete the exercise requirement, but they also needed to check in each week with either a voicemail or an email to let me know they finished.

Peggy Hamblin's Garden Home was being renovated, so she was at the campsite for part of the time, but still completed the requirements by fitting the exercise in around doctor appointments near the Village. Peggy asked if she could keep it up and shared that this was the kickstart she needed to start the exercise habit.

Several of my already consistent exercisers chose not to sign up for the challenge, including Garden Home resident Marion Parish. His friend, Barry Harrison, gave his finishers shirt to Marion, and it was appropriate because Marion was the one who encouraged me to have a challenge to increase the number of people using the fitness center.

Barry and his wife Barbara (pictured above) are back to exercising from their Garden Home because it works better for them. Remember you can tune into CVC TV Monday through Friday at 10:30 a.m. and exercise from home. Exercise videos are also available on demand through the CVM Resident App.

Residents in my balance class used the on-demand feature of the app when I was on vacation to continue meeting in the fitness center for class. Mahalo (an expression of gratitude used in Hawaii) to Bob Moorehead for taking the lead on making this happen. Darlene Lindsay allowed me to quote her and let people know she doesn't like balance class, especially when we go to the balance bar. She was reluctant to join class, but her persistent neighbor and friend continued to urge her to attend. Darlene says even though she doesn't enjoy class it allows her to do the things she does enjoy. She is also quite an encourager for other class members. Maxine LeForge didn't need the community app to lead line dance during my absence, and the lovely line dancers all stepped up to tackle any technology issues and make it happen.

When I got back to work after a FABULOUS trip to Hawaii celebrating over 30 years of marriage, I received such a warm welcome from the community. I was so happy that many of you continued using the RFC when I was gone and encouraged others!

Mahalo!

Auxiliary & Resident Organization News

Christmas Fund

Frosty says, "There is still time to donate to the Christmas Fund Campaign for this year." The last day to donate will be Friday, November 24 at 4:00 p.m. To all of those who have already given, he says "Many, many thanks!" Be sure to check on CVC TV as the amounts are posted as the program moves along. Other announcements are given by the Activities Department, on the Monday Morning announcements.

Remember to enter the "Guess the Amount Donated" contest. Forms will be available at the front desk. The closest dollar amount guess to the actual amount donated will win a gift card for a local restaurant. Please help us to recognize and thank all our employees here at CVM for the great work they do for us every day. Particularly when there is a "No Tipping" policy here at CVM, whether in the Dining Room, Maintenance or Transportation Services. Contributions are voluntary and may be handed in at the front desk. Be sure to mark "Christmas Fund" on the memo line of your check.

Any questions may be directed to any of the members of the Christmas Fund Committee:

Bob Moorehead (513) 492-7738, Ruth Shoemaker (513) 204-0298, Buzz Dorward (513) 492-9642, Mike Ryan (207) 266-1097, Beth Stratman (513) 886-1630

Therapy Open House

Meet the Therapy Department!

Did you know that CVM has 12 full time physical, occupational, and speech therapy staff located on campus? Come meet our therapists on October 11 between 10:00 a.m. and 2:00 p.m. in the Grace Center gym. Light refreshments will be provided as well as a raffle with a chance to win an Amazon gift card. Call Abbie McKee, the Director of Rehab, at (513) 468-1010 with any questions.



Mason Police Department Visit

In partnership with our community, the City of Mason Police Department will be here to speak about fraudulent activities that target the elderly and home safety. There will also be a Q & A time. Join us on Tuesday, October 17, at 2:00 p.m. The location will be announced closer to the event.

Village Auxiliary Meeting

Ed Stagney, President

The Third Quarter General Auxiliary Meeting will be held Wednesday, October 11 at 2:00 p.m. in the Hockley Chapel. This is the last meeting of the year. Besides bringing everyone up to date on the upcoming Craft Show, we will be voting on requests for funds from CVM. Also, plans for 2024 will be reviewed at this time.

The Auxiliary has made progress recovering from the effects of the Covid pandemic. Now it is time to move forward with projects that further improve the welfare of the residents at The Christian Village in Mason. Bring your ideas to the meeting.

Everyone is encouraged to attend although only dues-paying members can vote.

Kroger Shopping Bus

If you are a Garden Home resident and would like to use the CVM Bus to go shopping at Kroger on Tuesday, October 17 at 9:00 a.m., please contact the front desk with your name and Garden Home address. The bus will pick you up at your home. Shopping trips require a Concierge Card — (\$36 for 13 trips). The cards can also be purchased at the front desk.

Auxiliary & Resident Organization News

CEO Town Hall - Fall 2023

The second of two resident Town Hall meetings for 2023 is scheduled for Thursday, October 12, 2:00 - 4:00 p.m. It will be held in the Stone Center Auditorium.

In addition to his planned meeting agenda, Mr. Monroe will also answer resident questions that are signed and submitted to the Village Center front desk by close of business day Friday, October 6.

Town Hall meetings are planned in support of the administration's objective of enhancing communication between management at CVM and our residents.

Library News

By Mary Ann Watrous

August/October 2023 Additions:

- Ann Cleeves, *The Glass Room*
- Charlie Donlea, *Don't Believe It, Twenty Years Later, Summit Lake*
- Mark Greaney, *Mission Critical*
- Kristin Hannah, *True Colors*
- Karen Harper, *Forbidden Ground, The Falls*
- Colleen Hoover, *Regretting You*
- Susan Meissner, *A Fall of Marigolds*
- Robert B. Parker, *Buckskin, Resolution*
- Allison Pataki, *The Magnificent Lives of Marjorie Post*
- James Patterson, *Princess, Cross Down (New); Private Moscow (New), The 23rd Midnight (New)*
- Beth Wiseman, et al, *An Amish Christmas*

Large Print:

- Kristin Heitzmann, *Freefall (LP)*
- James Patterson, *The 20th Victim (LP)*
- Stuart Woods, *Hush-Hush (LP), Criminal Mischief (LP)*

Mason Public Library Outreach

Friday, October 6, 10:00 a.m.

Please remember to turn in your used books to the craft room for pick up.

Upcoming Concerts

Concerts will be held in the Stone Center. They may not be available to be aired on CVC TV if music groups bring their own sound equipment.

- **Hearsay Barbershop Quartet** Tuesday, October 10, 7:00 p.m.

This quartet is sure to entertain you! They are all members of the Southern Gateway Chorus from Cincinnati Western Hills Chapter of the Barbershop Society. Garden Home resident, Bob Moorehead, sings with this team.

- **Glenn Bowles** Tuesday, October 17, 7:00 p.m.

Glenn Bowles is a veteran entertainer who has performed for thousands throughout the US and Canada. For 25 years, Glenn toured the country as a member of the Vandells "The Nation's #1 Rock & Roll Revue." Join Glenn and relive cherished memories as he performs a variety of classic songs from the 50's, 60's and 70's.

- **New Horizons Band of Cincinnati German ("Oompah") Band** Wednesday, October 25, 7:00 p.m.
- **Larry Monroe in Concert** Wednesday, November 1, 7:00 p.m.

Bring in November by joining CEO Larry Monroe on the guitar for a special fall concert on Wednesday, November 1 at 7:00 p.m. in the Stone Center. The concert will feature songs from several different genres. There will be a surprise that you won't want to miss.

CVC TV Weekend Schedule

- Saturday, October 7, 3:00 & 7:00 p.m.
"Most Power Forces on Earth: Lightning"
- Saturday, October 14, 3:00 & 7:00 p.m.
"Big Bend: The Wild Frontier of Texas"
- Saturday, October 21, 3:00 & 7:00 p.m.
"Matsula Moose, Wild Giants of the Baltics"
- Saturday, October 28, 3:00 & 7:00 p.m.
"The Grand Moroccan Roadtrip"

You Never Know

BY RUTH ODOR,
GARDEN APARTMENT
RESIDENT

STORMY SEAS AND SAFE HARBORS

I have always been fascinated by lighthouses--their stories, pictures, and visits to them. They played an important part in our history, although in this age of electronic devices only a few are still in existence.

The same is also true of lightships. On a visit to Nantucket I learned a great deal about lightships. These small ships were used to mark dangerous shoals, sandbars, and low water in places where lighthouses could not be built. The lights on these ships warned approaching vessels of dangers and guided them safely to shore. When the whaling industry declined, many whalers became the captains of lightships. They learned how to do basketweaving from the native Indians and began weaving baskets to pass the time and to make a little money. Shops on Nantucket soon found that these baskets were much in demand by both inhabitants and tourists. At first they made large market baskets and then smaller ones, purses, and eventually jewelry (small gold ones on a chain). The baskets had lids with a design on the top and a penny for good luck inside. According to an old legend if a two-pence

were thrown overboard as a ship passed the lightship the larger ship would be granted a safe voyage and safe return.

We may not need lighthouses or lightships today but we need pilots who guide ships through dangers and safely to the harbor. No captain, no helmsman, ever steers his vessel into the harbor. He drops anchor some distance from the shore. And on the shore a pilot gets into his boat, sails out to the ship, and boards it. The pilot knows that harbor. He knows where the dangers are and how to avoid them. The pilot steers the vessel safely to the shore.

We have such a Pilot.

"Jesus, Saviour, pilot me
Over life's tempestous sea;
Unknown waves around me roll,
Hiding rocks and treach'rous shoal;
Chart and compass come from Thee,
Jesus, Saviour, pilot me."

- Edward Hopper



The Christian Benevolent Association does not discriminate on the basis of race, color, national origin, ethnicity, sex, religion, age, qualified handicap or veteran status.