

A publication for the residents living in the friendly community of The Christian Village at Mason.



Fundraiser Joins Team



We are excited to welcome Jeff Bradley to our team as the Vice President of Development. Jeff begins his position on September 11th, and his office will be at The Christian Village at Mason in the new Stone Center suite of offices.

Mr. Bradley is a 1996 graduate of Cedarville University with degrees in Business Management and Biblical Studies. His work history includes 16 years in mortgage banking, 4 years in wealth management and 5 years in fundraising for Reaching Souls International, a Christian organization that places and supports hundreds of missionaries around the world.

Jeff's father and grandfather were both ministers. He demonstrates a committed Christian walk, a deep faith in Christ and a commitment to serving others in Jesus' name.

In addition to providing general fundraising leadership, Mr. Bradley will focus a considerable amount of his time expanding our donor base and developing planned giving (estate gifts) and other ways to support and grow the CBA Foundation Endowment. Endowment growth will be a critical component in our fundraising strategy going forward.

Jeff enjoys just about anything that has to do with athletics. Standing 6 feet 7 inches tall, you'd be correct if you assumed that in his past, he spent considerable time on the basketball court.

You will see a great deal of Jeff as he acclimates to his new leadership role, so please extend a warm welcome and wish him success.

SPECIAL DAYS

September 4

Labor Day

September 17

Constitution Day

September 10

Grandparents Day

September 21

World Alzheimer's Day

September 13

International Chocolate Day

September 23

First Day of Fall

Birthdays, Celebrations and Updates



September Birthdays



September Anniversaries

This information is for Christian Village at Mason residents.



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Grocery Pickups

Please turn in one list per week on Monday or Thursday into the Front Desk (4 or 5 items).

Please give list and money to the Front Desk or call Transportation at (513) 701-3415.



Village Clinic Hours 7169 Village Drive

Monday - Friday - 10:00 a.m. - 11:30 a.m.

If you need to contact the nurse outside these hours, please contact Diane Reed, R.N., Queen City Skilled Care, Home Care Coordinator at (513) 314-0562 or Heather Carter at (513) 701-3403.



CVM Transportation

Transportation services are available to all residents. Monday - Friday, 8:00 a.m. – 4:30 p.m.

*Concierge Cards - \$36 for 13 round trips

For errand (non-medical) trips within 5 miles.

*Appointments by Mile or Hour

For medical appointments or other trips that would not qualify as a concierge trip.

- \$3.00/mile from drop-off and pick-up
- \$40/hour for the driver to stay with you

Scheduling Transportation

Call (513) 701-3415 to schedule an appointment.

Chaplain's Corner

BY CHAPLAIN DAVID RAY



"Listening"

I had a conversation with one of our residents recently and asked what she enjoyed most about her past church experience, and her response somewhat surprised me. She said, "I appreciated having someone to listen to me." I hoped that what she meant was that she experienced a church leader who not only spoke to her, but heard her.

There are a lot of people in life who are always ready to talk, but not as many who are willing to listen. Listening is hard work. Principally because it means not talking.

Within the clinical pastoral education programs that have helped prepare me for chaplaincy work, a helpful tool is a "verbatim." It's a written, word-forword record of a pastoral encounter that is presented for critique by both peers and a supervisor. And frequently, especially during my early years, I would need to be reminded that listening is as vital—if not more so—than talking.

Now that's a bit of a challenge for a person who also makes his "living" by talking (and writing). But when I discipline myself not to talk, some of the most life-changing conversations often result. I must patiently wait long enough for someone to say something they have long needed to say, but not had the space, invitation, trust, or courage to speak.

Sure, waiting can be awkward. Long periods of silence often beg for words to fill them. But if silence is not provided, too many people never speak. More than once, after exercising sufficient patience, I've had someone say to me: "You know, I've never told anyone about this before, but . . ." And then what had long needed to be said was said, a door was opened into an area of life that had long been hidden, and a healing conversation began.

I still must force myself not to talk at times. Because I do love words. But I have learned to treasure listening. So I'll stop, just now, and let you fill in the next words in the conversation for me. I'm listening...

Stone Center Sermon Series

September 3 When Dreams Do Come True (close of ORIGIN story series)

September 10 Guest Speaker: Doug Waters

September 17 He Had Compassion, Do We?

September 25 Come, Follow Me

Contact Information

Office (513) 701-3406, **Cell** (513) 218-6548, or **Email** david.ray@christianvillages.org.

If you need assistance to attend worship, desire communion, or would welcome a visit, please contact us.

Tune to CVC TV for Chaplain's live: **Word of the Week** (Monday, 9:30 a.m.), **Daily Devotions** (Tuesday and Thursday, 11:00 a.m.), & **Stone Center Worship** (Sunday, 10:15 a.m.).

This information is for Christian Village at Mason residents.

Social Services

BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES

File of Life

The File of Life is an important document for you to keep updated with your medical condition as well as emergency contact. The City of Mason Paramedics and other surrounding units that respond to an emergency at your residence, look for this document. We had a recent situation in which 911 was contacted and the medics were not able to find the File of Life. This may cause a delay in notification to your emergency contact and at times, not knowing your health status, could lead to a delay in proper treatment. Please complete this document if you have not done so. It is important to keep the document up to date with changes in medications, new medical diagnosis or change of phone number for your emergency contact. The File of Life forms are duplicate copy forms. A copy should be kept in the magnetic pouch on your refrigerator. The bottom, or yellow copy, should be provided to the Social Service office. Blank copies can be picked up from the receptionist or in the Social Service office. If you are unable to come to the main building, we would be happy to deliver these to you. Garden Apartment residents are not required to complete a File of Life. If you have any questions or need copies of the File of Life of magnetic pouch, please call (513) 701-3403.

Hospice Update

Christian Village Hospice began serving The Christian Village at Mason residents in April 2023. We have been pleased to see the number of residents in need of hospice services who have been enrolling with Christian Village Hospice since we first started offering hospice care. Volunteers are an important part of our hospice program. As our census grows, we will need to build our volunteer services. If you are interested in learning more about becoming a volunteer, please call the Christian Village Hospice office at (513) 204-2185.

Right at Home

The Christian Village at Mason partners with Right at Home to provide in-home private duty services for our residents on campus. Most home care providers require a 3-4 hour minimum for scheduling.

Our partnership provides an option of a 30 or 60 minute visit. These visits will be scheduled as morning and evening visits. Desired times will depend on the caseload.

A nurse from Right at Home will complete an assessment and will establish a plan of care for the services requested. If you are interested in learning more about the Community Care services offered, please contact the Social Service Department at (513) 701-3423.

Support Groups

Two new supports groups to begin in September.

Grief Support Group – This is a 6-week support group focused on understanding grief and guiding participants through this challenging journey. This group will meet weekly on Tuesday from 6:00 p.m. – 7:30 p.m. beginning September 12, 2023. The group will run through October 17, 2023.

Caregiver Support Group – The support group will focus on various aspects of caregiving. Our team will facilitate group conversations, provide resources and education related to dementia care and caregiving in general. This group will be offered monthly, the 2nd Tuesday of each month, beginning September 12, 2023. The group will meet from 10:30 a.m. – 12:00 p.m.

Both groups will meet in the Christian Village Hospice Office located at 7169 Crescent Drive. If you are interested in attending either of these groups, please RSVP to Heather Carter.

The Well

BY KYRA SCHROER, DIRECTOR OF FITNESS & WELLNESS

5th Annual Walk to End Alzheimer's Wednesday, September 27, 2023 at 2:00 p.m. at the Gazebo

Resident Initiatives Leading Up to the Walk

BAKE SALE

Date and Time: Wednesday, September, 20, 10:00 a.m. - 4:00 p.m.

Place: Main building lobby in close proximity to the silent auction.

Items: Prepackaged and priced baked goods with all proceeds going to The Alzheimer's Association

How can I help? You can bake, buy, or volunteer. Contact Judy Stagney for details at (513) 492-7020.

SILENT AUCTION

See enclosed flyer for details.

Thank you, Joan Lee and Judy Stagney, for taking the lead and for all the residents and staff supporting them and this important cause!

PROMISE GARDEN Carrying a yellow flower means you are a caregiver to someone with Alzheimer's or dementia. Carrying a purple flower means you lost someone to Alzheimer's. Carrying an orange flower means you support the Alzheimer's Association. Carrying a blue flower means you are living with Alzheimer's. Carrying a White flower, represents the hope for a cure.

Walk Day Information

- 1. 11:00 a.m. 2:00 p.m. The El Caporal Food Truck will be parked in front of the main building donating 10% of SALES to our team! Make plans with friends and neighbors to eat together. There will be tables available in the chapel on a first come first served basis during this time.
- 2. 2:00 p.m. The Ambassadors Choir kicking off the event by singing the national anthem at the gazebo.

Walkers may grab a flower to carry representing connection to the disease. Refer to the graphic for details.

Route:

- Immediately following the singing, walkers will head up the "hill" on Village Drive toward Woodpecker Drive
- Proceed around the back of the main building passing our fabulous work in progress Picnic Pavilion
- Follow Leisure Lane and back around Crescent Drive passing the Hospice Clinic to the front of the Village
- Continuing on Village Drive back to Main Building. The finish line is our front porch this year!

How can I help? Wear the color purple to support our team and participate by doing what you CAN DO!

Auxiliary & Resident Organization News

Ambassador Choir

The Ambassador Choir will resume rehearsal on Tuesday, September 12, at 1:30 p.m. in the Hockley Chapel. No experience necessary. Just a love for singing is all that is essential. No sign ups. Just come ready to sing!

(Note: Past Ambassador members, please return any music that you may have from past rehearsals.)

Christmas Fund

As we close in on the last few weeks of summer. with all the record-breaking heat temps, it is difficult to even think of the opposite season here in Ohio – December, snow and of course. Christmas! Yet here at CVM, we have a wonderful annual event to allow all of us, especially our fantastic staff, to celebrate the Christmas Season through THE CHRISTMAS FUND. Well over ten years ago, residents here at CVM formed a Christmas Fund Committee with a mission to raise some extra Christmas spending money for our staff members. Primarily due to the "No Tipping Policy" we have in the non-profit culture of our Village. None of our employees are permitted to receive a "tip" for service they provide every day of the year, including the dining room, maintenance, and nursing to name a few.

The Christmas Fund was established to provide an easy way to "thank" the employees for the great help they give us all year round, even in the face of a pandemic! Residents will be receiving information about this project for the next few months via letters from the committee, ad spots on CVC TV, and other publicity efforts, as we go through the 2023 Campaign. Please feel free to ask any questions from the members of the Christmas Fund Committee listed below.

Bob Moorehead (513) 492-7738, Ruth Shoemaker (513) 204-0298, Buzz Dorward (513) 492-9642, Mike Ryan (207) 266-1097, Beth Stratman (513) 886-1630.

Kroger Shopping Bus

If you are a Garden Home resident and would like to use the CVM Bus to go shopping at Kroger on **Tuesday, September 19** at 9:00 a.m., please contact the front desk with your name and Garden Home address. The bus will pick you up at your home. Shopping trips require a Concierge Card — (\$36 for 13 trips). The cards can also be purchased at the front desk.

Assisted Living Garden Apartment Hallways

Several years ago, CVM made a significant investment to renovate the hallways and common spaces in the Assisted Living Garden Apartments. We enlisted the help of a professional designer to select and oversee the installation of new furniture, light fixtures, carpeting, and artwork. It appears that some residents in this part of our healthcare center have placed personal decorations in the common areas of the halls. Our goal in decorating these areas the way we have is to create a common theme and maintain neutrality in the aesthetics of the hallways. We ask that if you currently have personal items in the hallways, please remove them. In addition, if you have your patio door open, please make sure your hallway door is closed. Having both doors open creates a breeze from the air return. We appreciate your understanding and cooperation.

Garden Home Resident Pictures

Soon, Garden Home residents will be receiving a letter from Heather Carter, Director of Social Services, regarding an upcoming campaign for us to get pictures of all GH residents. The purpose of this campaign is to get a picture of each GH resident and upload it to our secure electronic medical records files for safety purposes. Please look for a letter from Social Services with more details about this campaign and potential times to get your photo taken.

Auxiliary & Resident Organization News

CVM Veterans Association Meeting

The Veterans Association meeting will be on Wednesday, September 20th, at 10:00 a.m., followed by a light picnic lunch for Veterans and guests. There is a limit of 50 guests for the lunch.

The speaker will be Fred Herzner and he will share about his experiences in the Aviation Industry.

Library News

By Mary Ann Watrous

July/August 2023 Additions:

- · Shana Abe, The Second Mrs. Astor
- · Susan Crawford, The Pocket Wife
- · Silas House, Southernmost
- Iris & Roy Johansen, More Than Meets the Eye
- Alex Kava, Fallen Creed; Hidden Creed
- Nancy Mehl, Dead End
- Kate Morton, Homecoming (New)
- Joyce Carol Oates, 48 Clues Into the Disappearance of My Sister
- Michelle Obama, Becoming (Bio)
- Robert B. Parker, Spare Change
- James Patterson, Obsessed (New!)
- Suzanne Purewal, Embracing Destiny
- Francine Rivers, Leota's Garden
- Nora Roberts, Hideaway; Pride and Passion
- Alexander McCall Smith, Pavilion In The Clouds
- · Dan Smith, The Child Thief
- Kimberley & Kayla R. Woodhouse, Race Against Time

Large Print:

• Shelby Van Pelt, Remarkably Bright Creatures (LP)

Mason Public Library Outreach

Friday, September 1, 10:00 a.m.

Please remember to turn in your used books to the craft room for pick up.

Upcoming Concerts

Concerts will be held in the Stone Center. They may not be available to be aired on CVC TV if music groups bring their own sound equipment.

Stacey Todd

Tuesday, September 12, 7:00 p.m.

Stacey Todd, Singer-songwriter has toured with the Van-Dells for 47 years. When he is not touring, he performs solo concerts for all audiences of all ages.

Lilyanne Thoroughman, Violinist and Dobin,
 Pianist Friday, September 22, 7:00 p.m.

Lilyanne and Dobin will be playing the entire Brahms Violin Concerto in preparation for Lilyanne playing with the CCM Starling Showcase Orchestra on September 30.

Short Term Memory Band

Tuesday, September 26, 7:00 p.m.

This group of musicians sing and play music from the 50's and 60's. Their music is sure to bring back fond memories of those Golden Years of Music.

CVC TV Weekend Schedule

- Saturday, September 2, 3:00 & 7:00 p.m.
 "Midsummer in Norway"
- Saturday, September 9, 3:00 & 7:00 p.m.
 "The Hidden City Beneath the Ice"
- Saturday, September 16, 3:00 & 7:00 p.m.
 "California Mountain Lions"
- Saturday, September 23, 3:00 & 7:00 p.m.
 "How Did They Build the Underwater Tunnel from England to France"
- Saturday, September 30, 3:00 & 7:00 p.m.
 "The Real Life of C.S. Lewis"

You Never Know

BY RUTH ODOR. **GARDEN APARTMENT** RESIDENT

LIKE A PALM TREE

According to an old African proverb the wind does not break a tree that bends. The palm tree is such a tree. Palm trees, of course, do not grow on our campus. But we are familiar with them for we have seen them in Florida and in other parts of the world, tropical and subtropical regions. Those trees can grow quite tall, even up to 197 feet high. It is interesting to know that they always grow toward the sun, even when this means that they have to bend. It is amazing that palm trees can bend during the strong winds of a huge storm but they do not break.

Many people who live here are like the palm tree--they bend but do not break. They manage to rise above life's circumstances. They face adversity but are not defeated by it. Courage is there as they reach for strength and stand firm. They are resilient as they bend with life's winds but never let those winds cause them to break. They have learned not only to be flexible, accepting and adapting to change, but also to cope and to overcome. Although it is very difficult, they accept that which is realistic instead of wishful thinking. Oh, they have setbacks like everyone else, but they pick themselves up and keep going. Even though they are buffeted by strong winds they bend but do not break.

In Psalm 92, the psalmist compares the righteous to a palm tree. "The righteous will flourish like a palm tree; they will grow like a cedar of Lebanon. . . They will flourish in the courts of our God. They will



bear fruit in old age; they will stay fresh and green, proclaiming, 'The Lord is upright; He is my Rock' " (Psalm 92:12-15).

Those who have learned not to break even though life sends them bending, sometimes almost to the ground, know the Rock and hold fast to Him. And, like the palm tree, they grow toward the Son.







