



CEO Town Hall Meeting

Thursday, April 13, 2023

2:00 p.m.

Stone Center Auditorium

The first of two CEO Town Hall meetings for 2023 is scheduled for Thursday, April 13 at 2:00 p.m. in the Stone Center Auditorium. It will also be broadcast on CVC TV.

These meetings have been well attended in the past as residents have regarded them as a great source of information about what's going on at CVM, how well our organization has performed compared to budget as well as what is projected for the coming year. There will be an update on the picnic pavilion project, as well as the latest information about the development of a CVM campus expansion on the 10-acre tract previously purchased from Christ's Church at Mason. Also, residents will hear about proposed new and exciting intercommunity communication technology using a smart-phone app for utilization.

Larry Monroe will provide updates on our financial yearend 2022, review completed capital projects in 2022 and announce projects planned for 2023. In addition to his planned meeting agenda, Mr. Monroe will answer resident questions that are signed and submitted to the Village Center front desk by close of business day on April 7th.

Town Hall meetings are planned in support of the administration's objective for transparency and enhanced communication between CVM management and our residents. The second Town Hall meeting for 2023 is scheduled for August 17, also at 2:00 p.m. Please mark your calendar to save these dates!



**TOWN HALL
MEETING**

Birthdays, Celebrations and Updates



April Birthdays

This information is for Christian Village at Mason residents.



CVM Transportation

Transportation services are available to all residents. Monday - Friday, 8:00 a.m. – 4:30 p.m.

*Concierge Cards - \$36 for 13 round trips

For errand (non-medical) trips within 5 miles.

*Appointments by Mile or Hour

For medical appointments or other trips that would not qualify as a concierge trip.

- \$3.00/mile from drop-off and pick-up
- \$40/hour for the driver to stay with you

Scheduling Transportation

Call (513) 701-3415 to schedule an appointment.



Village Clinic Hours

7169 Village Drive

Updated Village Clinic Hours:

Tuesday - Thursday - 9:00 a.m. - 10:00 a.m.

If you need to contact the nurse outside these hours, please contact Diane Reed, R.N., Queen City Skilled Care, Home Care Coordinator at (513) 314-0562 or Heather Carter at (513) 701-3403.



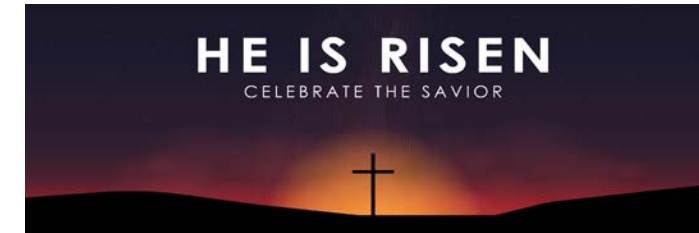
Grocery Pickups

Please turn in one list per week on Monday or Thursday into the Front Desk. (4 or 5 items).

Please give list and money to the front Desk or call Transportation at (513) 703-3415.

Chaplain's Corner

BY CHAPLAIN DAVID RAY



Tra•di•tion (noun)

1. an inherited pattern of thought or action
2. a specific practice of long standing

Some traditions grow old and worn, or even out of place. But there are others that root us in the richness of our past, and remind us of things sacred and enduring in our lives.

Traditions especially come to play around holidays.

That's why, this EASTER, we are planning some things we hope will rekindle memories of the past to be recelebrated in the present. This is your special invitation to join us for:

PALM SUNDAY - APRIL 2

- 10:15 a.m. Worship (Stone Center Auditorium)

A celebration of Christ's triumphal entrance into the city of Jerusalem, with palm fronds for all.

GOOD FRIDAY - APRIL 7

- 9:00 a.m. – 5:00 p.m. Stations of the Cross (Stone Center Auditorium)

Come and go as your schedule allows throughout the day, both residents and staff. Follow a self-guided reflection upon the last words of Christ from the cross. The chapel will be a quiet place, with soft music and the warmth of the stained glass windows to greet you.

- 6:00 p.m. Good Friday Service (Stone Center Auditorium & CVC TV)

A reflective 30-minute gathering to remember the cross through word and song.

EASTER SUNDAY - APRIL 9

- 7:30 a.m. Sunrise Service (Village Lakeside Gathering)

Welcome the dawn of the Resurrection through a brief 30-min service of song and word, along with the decoration of a Living Cross (bring your own spring flowers to the service, or some will be provided).

- 8:00 a.m. Danish Delights (Hockley Chapel, with reservations welcomed through front desk)
- 10:15 a.m. Easter Worship (Stone Center Auditorium & CVC TV)

A pull-out-all-the-stops celebration of Christ's Resurrection. Perhaps your outside family members can even join you.

New Sermon Series

Beginning Sunday, April 16: "The Shepherd in the City"

An multi-week study of Psalm 23.

Contact Information

Office (513) 701-3406, **Cell** (513) 218-6548, or **Email** david.ray@christianvillages.org.

Tune to CVC TV for Chaplain's live: **Word of the Week** (Monday, 9:30 a.m.), **Daily Devotions** (Tuesday and Thursday, 11:00 a.m.), & **Stone Center Worship** (Sunday, 10:15 a.m.).

If you need assistance to attend worship, desire communion delivery, or would welcome a visit, please contact us.

This information is for Christian Village at Mason residents.

RESIDENT UPDATES

This information is for Christian Village at Mason residents.

Social Services

BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES

Right at Home

The Christian Village at Mason partnered with Right at Home to provide in-home private duty services for our residents on campus. Most home care providers require a 3-4 hour minimum for scheduling.

Our partnership provides an option of a 30 or 60 minute visit. A nurse from Right at Home will complete an assessment and will establish a plan of care for the services requested.

If you are interested in learning more about the Community Care services offered, please reach out to the Social Services Department at (513) 701-3423.

File of Life

The File of Life is an important document for you to keep updated with your medical condition as well as emergency contact. The City of Mason Paramedics and other surrounding units that respond to an emergency at your residence, look for this document. There have been a couple recent situations in which 911 was contacted and the medics were not able to find the File of Life or the information on the form was outdated. This may cause a delay in notification to your emergency contact and at times, not knowing your health status, could lead to a delay in proper treatment. Please be sure to complete this document if you have not done so. It is also important to keep the document up to date, with changes in medications, new medical diagnosis or a change of phone number for your emergency contact. The File of Life forms are a duplicate copy form. A copy should be kept in the magnetic pouch on your refrigerator. The bottom, or yellow copy, should be provided to the Social Service office. Blank copies can be picked up from the receptionist or in the Social Service office. Garden Apartment residents are not required to complete a File of Life. If you have any questions or need copies of the File of Life or magnetic pouch, please give me a call at (513) 701-3403.



The Well

BY KYRA SCHROER, DIRECTOR OF FITNESS & WELLNESS

New 30-minute Class

Upper Body Strength

Thursday, April 6th from 9:30-10:00 a.m.

Renewal Fitness Center (RFC) group fitness room.

Line dance and Balance classes have been well attended and the times seem to work for the people who are attending. I am going to start a new class on a trial basis in April. My policy is that at least three people need to attend in order to have a class. Remember classes are free of charge and a great opportunity for socialization. The new class can be done from the seated position or standing.

Reminder that the RFC doors are unlocked from 6:00 a.m. until 7:00 p.m. each day. If you are the only person in the RFC, please use an emergency call pendant available by the hallway inside door.

Heart Mini

Wednesday, April 19 at 2:00 p.m.

The Heart Mini is our spring event and the Walk to End Alzheimer's is our autumn event. We need walkers, scooter riders, and cheerleaders to join in the fun. We will be having fun and raising funds for The American Heart Association.

The El Caporal food truck will be here on 4/19 from 11:00 a.m. until 2:00 p.m. and will generously donate 10% of their total sales to our team. As of this writing we have 9 people "officially" registered and have raised \$440 toward our \$2,500 goal. No donation is too small - it all adds up. Look for donation boxes on the day of the event or ask Kyra about other options to support our team.

Frequently Asked Questions:

- **How far is the walk?**
You decide your own distance.
- **What is our route?**
The three main streets in the Village.
- **Do I have to sign up?**
It's helpful for planning purposes but not necessary.
- **Where do we meet?**
We'll meet at the gazebo.
- **What is a cheerleader?**

An encourager who smiles and cheers and encourages others (no special uniform required and apartment residents with porches facing the main streets make good ones.)



Auxiliary & Resident Organization News

Quarterly Auxiliary Meeting

The Quarterly Auxiliary meeting will be held on Wednesday, April 12 at 2:00 p.m. in the Hockley Chapel.

All residents are welcome to attend.

Amish Country Visit Proposal

We are looking into taking a trip to the Amish Country, Ohio in late August. Itinerary is subject to change but we would be visiting and staying in Walnut Creek at the Carlisle Inn. During the visit, we would have a tour of a working Amish farm, do some shopping, eat Amish food and possibly see a show in the evening. We would leave at 8:00 a.m. on Tuesday, August 22 and return home in the evening on Wednesday, August 23.

There will be walking involved throughout the trip and the mode of transportation will be our CVM buses.

We would like to gauge the interest in this before we start fully planning the getaway. Please contact Tracy Wolcott at (513) 701-3414 and let her know if you are interested in joining us. Full payment would be due June 1 and refunds would not be available after that, unless we can find someone to take your place.

Estimated cost is based on a minimum number of 12 participants.

Double Occupancy: \$200 per person, which includes, lunch, overnight, farm tour and breakfast. You will be responsible for dinner Saturday night and any incidentals you want to buy.

Single: \$250 per person, which includes all that is listed above and a single queen room (there are not many rooms available for a single bed).

Veterans Day Banners

In response to the positive feedback, we received about the light pole banners we installed last year, we are excited to announce that we will be installing additional banners around our campus to add to the beauty of our community. Additionally, in association with Veteran's Day and in a similar fashion to the City of Mason, we plan to utilize these banners to honor our resident Veterans who have served in the armed forces.

We invite all interested resident veterans to participate in this special commemoration. If you wish to be featured on a Veterans Day banner, please submit a picture of yourself in uniform, including the branch of service and the years served. Submit this information by email to hailley.stachowiak@christianvillages.org or bring your photo and information to the front desk no later than April 14. If emailing photos, please send them in the largest digital file format possible.

If you have questions or special needs regarding this project, please call Hailley Stachowiak at (513) 701-3400. Photos dropped off will be carefully handled and returned to each resident.



CVC TV Weekend Schedule

- Saturday, April 1, 3:00 & 7:00 p.m.
"25 Greatest Wonders of the Planet Earth"
- Saturday, April 8, 3:00 & 7:00 p.m.
"Israel Holy Sites Tour- Bible Tour of Israel"
- Saturday, April 15, 3:00 & 7:00 p.m.
"Over Think Ice Alaska"
- Saturday, April 22, 3:00 & 7:00 p.m.
"Incredible Idaho"
- Saturday, April 29, 7:00 p.m.
Community Movie: "The Griddle House"

Auxiliary & Resident Organization News

UC Health - West Chester Hospital - Health and Wellness Speaking Series

We are continuing with our UC Health-West Chester Hospital speaking series. On April 26 at 6:30 p.m., you are invited to the Stone Center Auditorium for the next seminar in our speaking series titled "Common Health Emergencies". This seminar will be presented by Dr. Sanjay Shewakramani.

Dr. Shewakramani's presentation will share insights about common emergencies and will address questions such as:

- What injuries or health emergencies commonly occur within the home (burns, fractures, choking, cuts, sprains, poisoning, allergic reactions, etc.)?
- What are the immediate first aid steps you should take during these types of emergencies?
- What signs and symptoms may indicate a more severe injury or illness?
- At what point should one call 9-1-1 to secure emergency medical services?
- What tips can help you be prepared to adequately respond to health emergencies within your household?

The presentation will conclude with a time for questions and answers.

To RSVP, please call the front desk at (513) 398-1486 by April 21. We hope to see you there!

Save these future dates for more presentations from UC Health – West Chester Hospital. All events start at 6:30 p.m. in the Stone Center auditorium.

- Wednesday, June 28, 2023
- Wednesday, August 23, 2023
- Wednesday, October 25, 2023

Upcoming Concerts

Concerts will be held in the Stone Center. They may not be available to be aired on CVC TV if music groups bring their own sound equipment.

- **CVM Ambassador Choir Spring Concert** – Tuesday, April 18, 7:00 p.m.

Let's celebrate spring with an evening of inspirational music performances by our very own CVM residents and other choir members.

- **Short Term Memory Band** - Tuesday, April 25, 7:00 p.m.

This group of musicians sing and play music from the 50's and 60's. Their music is sure to bring back fond memories of those Golden Years of Music.

Library News

By Mary Ann Watrous

February/March 2023 Additions:

- Emily Brightwell, *Mrs. Jeffries and The Three Wise Women*
- Michael Connelly, *Fair Warning*
- Janet Evanovich, *Going Rogue* (New)
- Nina George, *The Little French Bistro* (LP)
- Sandie Jones, *The Guilt Trip*
- Caroline Lea, *Prize Women*
- Alix Rickloff, *The Girls in Navy Blue*
- Donal Ryan, *Strange Flowers*
- Stephen White, *Compound Fractures*

Mason Public Library Outreach

Friday, April 7, 10:00 a.m.

Please remember to turn in your used books to the craft room for pick up.

You Never Know

BY RUTH ODOR,
GARDEN APARTMENT
RESIDENT

HEROES LIVE HERE

We see the words often--"Heroes work here"-- on signs, in publications, on t-shirts and sweatshirts. And the words are true. How grateful we are for our heroes, people who work here, who saw us through the pandemic and continue to "go the extra mile." They do far more than is in their job description. They go beyond the call of duty. If they see a job to do be done or help that is needed, they are there. We can never thank them enough.

Not only do we have heroes who work here but we also have heroes who live here. We see them now and then. Sometimes we see them walking down the hall, one step at a time. Each step requires persistence and pain. But they keep going. They are heroes.

A woman lives alone in her Garden Home after she has had to place her husband in the Guardian Center. She visits him every day. The trips are tiring; the separation is difficult to bear. She is a hero.

A man's wife, his longtime companion, has died. He has to live in their home alone. He wipes the tears from his eyes as the soloist sings at the worship service. His faith does not waver, and he reaches out to others to help when he can. He is a hero.

Another can barely see. The people who stand before her are only a dim shape. But every Sunday finds her at the worship service, listening to the song from the soloist she cannot see, digesting the words of the preacher she cannot see. She is a hero.

They are all around us although we may not know their names or faces. We are proud of them; we are grateful for them-- these heroes who work here and who live here in our Village steeped in its culture of caring.



The Christian Benevolent Association does not discriminate on the basis of race, color, national origin, ethnicity, sex, religion, age, qualified handicap or veteran status.