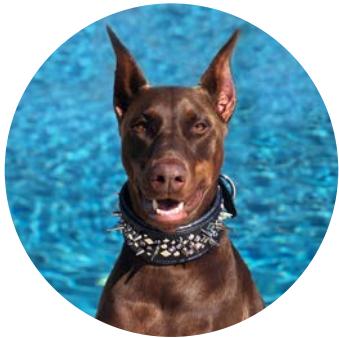


August
2022

August: Fun Facts & Special Days



Dog - Doberman

The Doberman Pinscher is also called a Doberman, Dobie, or Dobe. This fearless and agile breed was developed in Germany as a working dog at the end of the 19th century. They have a short coat that comes in a range of colors, including brown, red, and black. They make good pets, watchdogs, and service animals, and are often used by the police and military. In fact, Dobermans served in both WWI and WWII, helping to guard soldiers and sniff out mines. While it's understandable to be a bit wary of these formidable dogs, they are quite sweet, gentle, and loving.



Flower - Gladiolus

Gladiolus are August's flower. This lovely flower represents strength and integrity—not surprising when you consider that its name comes from the Latin word for sword, gladius. While its sword-shaped stems might imply Roman gladiators, its romantic flowers are capable of piercing a heart with their beauty. This might be why infatuation is another of this flower's meanings. Gladiolus, or "glads" as they are commonly called, come in a range of colors and sizes, making them versatile mainstay in floral bouquets.



Birthstone - Peridot

In 1912, the American National Association of Jewelers adopted the peridot as the official birthstone for August. The pronunciation of this gem is often confused: it is correctly pronounced PAIR-uh-doh, not PAIR-uh-dot. Peridot is a green gemstone that is as popular today as it was in the past. It has been found in ruins of ancient Egypt and Greece. It was often called the "evening emerald" by ancient Romans, who noticed that its green color shines even more vividly in lamplight, resembling deep-green emeralds.

SPECIAL DAYS

August 4

Chocolate Chip
Cookie Day

August 13

Left Handers Day

August 21

Senior Citizen's Day

August 26

National Dog Day

Birthdays, Celebrations and Updates



August Birthdays

- 08-01** — Janet Mellecker, Charlotte Buschelmann
- 08-06** — Chuck Zindel, Elissa Chisholm
- 08-09** — Jill Kleinman
- 08-10** — Dottie Arck
- 08-11** — June Borgmann, Dottie Birt, Judy Olinger
- 08-13** — Gayle Mulberry, Peggy Hamblin
- 08-15** — Marlene Parrott
- 08-16** — Sue Kitchen
- 08-17** — Janet Thom
- 08-21** — Evelyn Landen
- 08-22** — Gerald Siddall
- 08-23** — Tom Poston
- 08-24** — Mary Lohman
- 08-25** — Mary Reitz, Charlotte Sidler, Jane Herrington
- 08-29** — Bill Mendez, Clyde Koehne, Martha Johnson
- 08-30** — RoseMarie Hutchinson
- 08-31** — Betty Dailey



August Anniversaries

- 08-02** — Marion & Dottie Parish, Jerry & Jeanne Kohls
- 08-05** — Lowell & Sandy Bowie
- 08-06** — Harold & Ellen Mains
- 08-13** — Barry & Barbara Harrison
- 08-15** — Pete & Jan Taylor
- 08-19** — Herb & Judy Keil
- 08-25** — Dick & Bobbi Reeves



CVM Transportation

Transportation services are available to all residents. Monday - Friday, 8 a.m. – 4:30 p.m.

*Concierge Cards - \$30 for 12 round trips

For errand (non-medical) trips within 5 miles.

*Appointments by Mile or Hour

For medical appointments or other trips that would not qualify as a concierge trip.

- \$2.50/mile from drop-off and pick-up
- \$35/hour for the driver to stay with you

Scheduling Transportation

Call 701-3415 to schedule an appointment.

Village Clinic Hours

7169 Village Drive

Monday - Thursday - 9:00 a.m. - 10:30 a.m.

Contact the Queen City Skilled Nurses for any medical issues.

- Trish Ford, RN (513) 659-8494 - Available by phone on Fridays
- Lauren Hamilton, LPN (513) 439-5582
- Diane Reed, RN Home Care Coordinator (513) 314-0562

Grocery Pickups

Please turn in one list per week on Monday or Thursday into the Front Desk. (4 or 5 items).

Please give list and money to the front Desk or call Transportation at (513) 703-3415.

RESIDENT UPDATES

Martha "Patty" Appel

354 Village Drive
(513) 509-7708

Jacklyn Berryman

303 Village Drive
(513) 701-3303

Pat Hollstegge

356 Village Drive
(513) 701-3356

Roger "Dale" Walker

337 Village Drive
(513) 499-0448

Chaplain's Corner

BY CHAPLAIN DAVID RAY



Carina Nebula/Image Credit: NASA, ESA, CSA, STSCL

“How Majestic!”

Have you seen the recent images captured by the new James Webb Space Telescope? They are breathtaking! The picture above is of what is called, the “Cosmic Cliff,” part of the “Carina Nebula”—a “stellar nursery” surrounded by other individual stars. This constellation is some 7,600 lightyears away from us, and this single image is about 16 lightyears across!

There are hundreds of billions of stars in the single Milky Way galaxy within which Earth finds its home. And some now estimate that there could be as many as 6 to 20 trillion galaxies within our greater universe.

When we “consider” the vast expanse of the heavens, the “work of God’s fingers, the moon and the stars which He has set in place,” how amazing that He could demonstrate such intimate love and care for us small specks of humanity! Even enough to sacrifice Himself for us!

The psalmist David could only count the few stars his naked eyes could see, while today’s telescopes capture countless stars and galaxies stretching beyond our wildest imaginations.

No wonder Psalm 8 begins and ends by saying:
“Lord, our Lord, how majestic is your name in all the earth!”

Stone Center Worship

In July during Sunday worship, we began a new sermon series that we are calling, “**Blue Jeans Theology**”—a study of the New Testament book of James. Join us in person or online (via CVC TV) each Sunday at 10:15 a.m. as we explore the intensely practical life lessons this letter offers:

- | | |
|-----------|-------------------------------|
| August 7 | Math & Mirrors (1:21-25) |
| August 14 | Words! (1:19-20, 26, 3:1-12) |
| August 21 | Don’t Play Favorites (2:1-13) |
| August 28 | Faith That Works (2:14-26) |

How can we help you grow spiritually?

During August, we will be developing some long-range plans for how we can best help our residents grow spiritually. You can contribute by identifying some of your personal needs and interest. What would you welcome to help strengthen your personal faith and Christian walk?

Communion & Offerings

The Lord’s Supper is shared each Sunday during Stone Center worship or can be delivered per your request through the chaplain’s office. Catholic communion is celebrated on Sundays at 10:30 am in the Apartment Lounge. All Sunday offerings benefit CVM’s “Benevolent Fund” or the “Stone Center”.

Contact Information

Office (513) 701-3406, **Cell** (513) 218-6548), or **Email** david.ray@christianvillages.org.

In Memory of: Mary Abbott, Shirley Gressel, Mae Stephens

Social Services

BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES

Have you ever wondered about the role or job duties of a Social Worker in a retirement community?

In any setting, the primary role of a social worker is to address personal barriers so that individuals have optimal independent living. Social Workers confront challenging physical, psychosocial and emotional issues with creative interventions and have a plethora of community resources to which they can refer those needing services.

Social workers often work alongside an interdisciplinary team to develop a care plan that will help the individual cope with everyday problems. The interdisciplinary team will typically include doctors, nurses, therapist, and dietitian. The goal is for all receiving services to maintain their highest level of independence. Equally important, another role of the Social Worker is to help maintain the rights of all residents including privacy and dignity.



The Christian Village at Mason Social Service Department helps assess resident needs, personalize interventions, and offer resources. Assessments may differ slightly depending on the need and level of independence. The type of resources offered will also vary depending on need. Examples of resources can include:

- Referrals to home health services (medical and non-medical)
- Health care professionals (i.e., psychologist, audiologist, dental, companies that provide durable medical equipment)
- Aging Services (Pro Seniors and Council on Aging)
- Other Organizations – specific to need (Alzheimer's Association, Parkinson's Foundation, Veterans' Services)

We work closely with the individuals and their families to continually reassess and offer additional support and services.

Whether our residents are in nursing or in a Garden Home, we understand that at times there are challenges that hinder or limit independence. It is our goal to help you reach and maintain your full potential.

Social Service Team at Mason

- Heather Carter, LNHA, LSW Assistant Administrator/Director of Social Services - (513) 701-3403
- Hannah Gamer, MSW, LSW - (513) 701-3423
- Mary Brown, Social Service Assistant - (513) 701-3423

We welcome your questions and are here to help at any time or stop by just to say hello!

The Well

BY KYRA SCHROER, DIRECTOR OF FITNESS & WELLNESS

Group Fitness Class Schedule

Subject to change - check CVC TV & 3 person class minimum

Monday

- 9:00 a.m. - Line Dance
- 11:15 a.m. - Balance

Wednesday

- 9:00 a.m. - Line Dance
- 11:15 a.m. - Balance

Friday

- 9:00 a.m. - Line Dance
- 11:15 a.m. - Balance

Renewal Fitness Center Hours

The RFC doors are unlocked from 6 a.m. to 7 p.m. daily. Please use a care pendant if you are alone in the fitness center and use the antibacterial wipes to clean any equipment used. If you are a Garden Home resident, please remember to think of the RFC as a gym that is separate from the main building. This means entering the RFC from the porch and exiting to the porch. If you need to go somewhere else in the main building, please visit the front desk and sign in as a visitor.

Walk to End Alzheimer's Update

- **Wednesday, 9/28 at 2:00 pm** - Walk to End Alzheimer's
- **Thursday, 9/8 at 11 - 1 p.m.** - Mr. Softee will be here and is donating 10% of profit based on sales goal.
- **Wednesday, 9/21 11 - 2 p.m.** - El Caporal food truck here with 10% of sales donated to our team.
- **Monday, 9/26 7 p.m.** - Concert in Stone Worship Center featuring Tom White - more details in next edition of the Village News.
- In 2021, The Christian Village at Mason was recognized as 3rd place Top Fundraising Team for Butler, Warren, and Clinton Counties for raising \$5,516 for this important cause.



WHAT IS SUCCESS

By Ralph Waldo Emerson

*To laugh often and much;
To win the respect of intelligent people and
the affection of children;
To earn the approbation of honest critics
and endure
the betrayal of false friends;
To appreciate beauty;
To find the best in others;
To give of one's self;
To leave the world a bit better, whether
by a healthy child,
a garden patch, or a redeemed social condition;
To have played and laughed with
enthusiasm and
sung with exultation;
To know even one life has breathed easier
because you have lived -
This is to have succeeded.*

This was my dad's favorite poem and August was his birthday month, so I'm missing him extra. In recent weeks it has been such a pleasure seeing so many children visiting loved ones here at The Christian Village at Mason. The affection of children and the respect of intelligent people is so alive here in the village, and it is my pleasure to serve this community. If you have questions or concerns, please don't hesitate to contact me.

Auxiliary & Resident Organization News

Village Auxiliary Quarterly Meeting

By Ed Stagney

Now that a few portions of the main building are available for use by Garden Home residents, we have scheduled a general meeting of the Auxiliary for all residents for Tuesday, August 9 at 2 p.m., in the chapel. Until recently, the only facility available for such use has been the picnic shelter—not always the best place to conduct a meeting.

The last “Quarterly” Meeting was January 8, 2020. Since then, the Board has met several times and approved requests from the Community Life Activities area (mostly Christmas gifts for Healthcare residents).

This meeting is to discuss the current situation of the Auxiliary as well as how we continue in the future. All residents are invited but only dues-paying members can vote. Please plan to attend.

Auxiliary Dine Outs are Resuming

THE RUSTY BUCKET

Tuesday, August 9
5035 Deerfield Blvd.
Mason, OH 45050

August is a good time to begin the monthly Auxiliary Dine Outs and try a new menu at the “Bucket.” Pizza & Juicy Lucy Burgers. Soup to Salad and Sandwiches and full meals are also on the menu. 15% of our total checks will be donated to the Auxiliary to support our community with an emphasis on the healthcare residents. So once again get your friends, neighbors, or cul-de-sacs ready for lunch or dinner at The Rusty Bucket. Transportation is available at 11:15 a.m. for lunch only. Please sign up at the front desk if you will be needing transportation. Please bring the “Rusty Bucket” flyer included in the newsletter.

Kroger Community Rewards

By Pat Wilson #1 (513) 234-0982

The Kroger Community Rewards Program krogercommunityrewards.com is an easy way to contribute to the **Mason Christian Village Auxiliary, ID# UY336**. Under the system, shoppers register their Kroger shopper cards online and choose a favorite charity from a list of local nonprofits that Kroger has agreed to help fund. Kroger then tracks all of the card holder’s purchases (excluding alcohol, tobacco and gasoline) with every dollar counting as a vote for the shopper’s preferred organization. *Shoppers do not sacrifice any in-store discounts or gas points that they would ordinarily earn on their Kroger card — the charitable component is a separate feature.*

Upcoming Music Concerts

Concerts will be held in the Stone Center. They may not be available to be aired on CVC TV if music groups bring their own sound equipment.

- **Oola Khan Grotto Band** - Tuesday, August 2, 7:00 p.m.

Under the direction of Jay Bressert, the band plays a variety of popular music ranging from the 1940s to the 1970s.

- **New Leaf Singers** - Monday, August 22, 7:00 p.m.

Enjoy an evening of bits of Broadway performances such as West Side Story, Cabaret, Jersey Boys, and more.

- **Bones of Cincinnatus** - Tuesday, August 30, 2:00 p.m.

This special trombone ensemble performs music from one of the most beautiful sounding instruments, the trombone. Trombonists are from Cincinnati, Northern Kentucky, and Southeastern Indiana.

Auxiliary & Resident Organization News

Town Hall Meeting

The second 2022 CEO Town Hall meeting will take place Thursday, August 18 at 2 p.m., in the Stone Center Auditorium. Residents are encouraged to attend this live event. In addition to his planned agenda, Mr. Monroe will answer resident questions submitted in advance of the meeting. Questions may be emailed to Amie Kocher at amie.kocher@christianvillages.org, or may be dropped off at the Village Center front desk by close of business August 12. Questions submitted to the front desk must be identified by resident name. Town Hall meetings are planned in support of the administration's objective of enhancing communication between CVM management and our resident stakeholders.

SAVE THE DATE

Join us in the Stone Center Auditorium on September 15 for the Night of Stars Banquet to celebrate the extraordinary service and dedication of ten of our own teammates, five from both The Christian Village at Mason and The Christian Village at Mt. Healthy. Departments represented include Nursing, Housekeeping, Maintenance, Resident Life Services, Social Services and Dining Services/Dietary. You won't want to miss this evening of inspiration, dinner, and the presentation of awards. The cost of reserved admission is \$20, and a mailing will be distributed soon with more information about reservations. This will be a gala event which will replace the previously held Annual Hall of Faith.

ROMEOS Lunches

(Retired Old Men Eating Out)

We're eating together on Tuesdays at nearby restaurants! Every Tuesday, we're gathering at the picnic shelter at 11:30 a.m. to carpool. Please Join us! For questions, call Chuck Abbott at (513) 492-7797.

Library News

By Mary Ann Watrous

June/July 2022 Additions:

- Diane Chamberlain, *The Shadow Wife*
- Kim Edwards, *The Lake of Dreams*
- James Grady, *This Train* (New)
- John Grisham, *Sparring Partners* (New)
- Faye Kellerman, *The Lost Boys*
- Caroline Mitchell, *The Village*
- James Patterson, *James Patterson* (New) – *Biography*
- Chris Pavone, *Two Nights in Lisbon*
- Lisa Regan (#14) *Watch Her Disappear* (New)
- Nora Roberts, *The Villa*
- Lisa Scottoline, *What Happened to the Bennetts* (New)
- Karin Slaughter, *False Witness*
- Nicholas Sparks, *The Lucky One*, *The Best of Me*, *A Bend in the Road*, *Safe Haven*
- Aggie Blum Thompson, *I Don't Forgive You*
- Ruth Ware, *The Death of Mrs. Westaway*

Mason Public Library Outreach

Friday, August 5, 10:00 a.m.



You Never Know



BY RUTH ODOR,
GARDEN APARTMENT
RESIDENT

GREAT ASSISTS

I grew up in Basketball Country. In rural Kentucky it was basketball and not football or baseball that claimed our attention and affection. Small high schools did not have football teams, only large schools and colleges. Our little town's claim to fame was our basketball 's team winning the high school state championship in 1930. We will never forget it and will tell anyone who asks all about it. Not only did our team win the state championship but they were third in the national competition. (Of course, no longer do high school teams compete on either of those levels.)

Even then it was not the tall player whose shot swished through the net but a teammate who passed him the ball that resulted in a winning score. It has often been that way in life's situations. Have you ever heard of F.W. Zachow? Probably not. But you have heard of George Frederick Handel who gave us the magnificent *Messiah*. It was Zachow, an organist and choir director, who taught Handel keyboard composition and performance. Norman Rockwell obtained his first commissions as an illustrator with the help of a high school art teacher whose name we have never heard. Alexander Graham Bell learned about the mechanics of sound from his grandfather, a speech tutor.

On this campus on which we live many assists occur every single day. A nursing home resident sleeps in soft, clean pajamas because a woman down in the basement (yes, we have a basement) did his laundry. An apartment resident travels down the hall because a willing aide pushes her wheelchair. A Garden Home resident visits his doctor because a driver in Transportation takes him there. Assists everywhere, everywhere! We even use the name for one of our areas-- Assisted Living.

We often think that there is little we can do to assist others. After all our own bodies are weak and often with problems, and the opportunities are few. But not as few as we often think. A lonely newcomer needs a visit. A friend hopes that she will open her door to find us standing there. A tired staff worker needs a smile and a thank you. Those in management often need a word of encouragement, of gratitude.

If we look and if we care, we can find ways to assist. We don't have to shoot the three-pointer; we can pass the ball.

