



St. Patrick's Day

Who was Saint Patrick?

Was there really a St. Patrick? Definitely. Did he really drive the snakes out of Ireland?

Probably not, since snakes weren't native to Ireland.

St. Patrick was born in Britain as Maewyn Succat. At age 16 (around AD 400), he was kidnapped from his home on the west coast and carried off to Ireland to become a slave who worked as a shepherd. After six years, he escaped; upon returning home, he received his call (in a dream) to preach the Gospel. He spent the next 15 or so years in a monastery, preparing for his missionary work. When he became a priest, his name was changed to Patricius and, eventually, Patrick. Although some Christians lived in Ireland at the time, it was Patrick who spread Christianity throughout the land and brought an organized church into existence.

The Shamrock

We wear a shamrock on St. Patrick's Day because legend says, St. Patrick used its three leaves to explain the Holy Trinity. The Trinity is the Father, the Son, and the Spirit as three divine persons who are one divine being (God). The truth of the legend, however, is in question, as there is no direct record that the saint actually used the shamrock as a teaching tool.

Did you know...?

- The color of St. Patrick's Day was originally blue. Wearing green has become a staple of St. Patrick's Day, but the holiday was originally associated with the color blue. It's thought that the shift to green happened because of Ireland's nickname "The Emerald Isle," the green in the Irish flag and the shamrock, or clover. Green ribbons and shamrocks were worn as early as the 17th century.
- St. Patrick's Day is the traditional day for planting peas.
- Cabbage seeds are often planted today, too, and old-time farmers believed that to make them grow well, you needed to plant them while wearing your nightclothes!

Birthdays, Celebrations and Updates



March Birthdays

This information is for
Christian Village at Mason residents.



CVM Transportation

Transportation services are available to all CVM residents. Monday-Friday, 8 a.m. – 4:30 p.m.

Concierge Cards - \$25 for 12 round trips

For errand (non-medical) trips within 5 miles.

Appointments by Mile or Hour

For medical appointments or other trips that would not qualify as a concierge trip.

- \$2.00/mile from drop-off and pick-up
- \$30/hour for the driver to stay with you

Scheduling Transportation

Call 701-3415 to schedule an appointment



Grocery Pickups

Please turn in one list per week into the Front Desk (4 or 5 items). Due to increased number of lists submitted each week and limited staff, you may not get your groceries until Friday. We will try to accommodate you in a timely manner. **Please give list and money to the Front Desk or call Transportation at (513) 703-3415.**

RESIDENT UPDATES

This information is for
Christian Village at Mason residents.



If we have missed your birthday or anniversary or have the wrong date, please call the Front Desk at **(513) 398-1486.**



March Anniversaries

This information is for
Christian Village at Mason residents.

Chaplain's Corner

BY CHAPLAIN TOM MOLL

Spring is Coming!

The last few weeks have been so cold. One of our storms brought the heaviest snowfall in a decade. The frigid temperatures and the heavy snows make us long for spring.

In the midst of the winter, it is almost easy to wonder if spring is ever coming. That may be true this year more than ever. We are dealing with a pandemic that has brought fear and isolation. We have experienced almost unprecedented political turmoil. We have concerns about the economy. We miss being with family and friends.

Our faith in Christ says that we believe that winter seasons of our lives do not last forever. Even when we are cold and tired and weary of what is going on, faith tells us to hold on because spring is coming. We look forward to that spring. We are so thankful for the hope we have in Christ.

Worship with Us

Come celebrate that hope with us every Sunday morning at 10:15 a.m. on Channel 1851. Unite your heart with ours in these next weeks leading up to Palm Sunday on March 28 and then Resurrection Day on April 4. Join us in worship through hymns, observing the Lord's Supper, and studying God's Word.

At this time 10 Garden Apartment residents may attend the service in person.

Communion Sets Available

Remember that communion cups and wafer sets are available in the outer lobby from noon on Fridays until noon on Sundays for pickup (or we will deliver to you).

Pray the Village in 2021!

Continue to "Pray the Village" by taking the directory and lifting up those who live and work here. Pray for physical and financial needs, for encouragement, for healing, for comfort, for strength, and for people to feel the Lord's presence. Never underestimate the power of prayer!

Offerings

Thank you for your faithfulness in giving your weekly offerings which go to the Compassionate Care Fund or the Stone Center Building Fund if you so designate. Your gifts make a difference in people's lives.

March Bible Studies

Bible studies are held on the first and third Tuesdays at 9:30 a.m. and 2:00p.m. in the chapel. This month's dates are March 2 and 16. In-person attendance is open to Garden Apartment Residents only and group size is limited to ten. The 9:30 a.m. study may be seen on Channel 1851.

Share Your Prayer Needs

Please feel free to share your prayer needs or concerns with me. Call me or leave a message at **(513) 701-3406** or e-mail me at **tom.moll@christianvillages.org**. It is my privilege to pray for you.

This information is for
Christian Village at Mason residents.

Social Services

BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES



Podiatry Services

Dr. Norman will be providing routine services for Garden Home residents. He will be using the Village Clinic at 7169 Village Drive. The next scheduled date is March 11. Please contact his office at **(937) 431-4749** to schedule an appointment. Continue to watch 1851 for updated information.

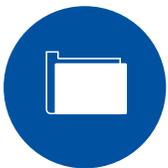


Village Clinic

A Queen City Skilled Care Nurse is currently available in the Village Clinic.

Clinic Hours:

Monday, Wednesday, Friday: 10:30a.m.-12:00p.m.
Tuesday & Thursday: 12:30p.m. - 2:00p.m.



File of Life

The File of Life is an important document for you to keep updated with your medical condition as well as emergency contact. The City of Mason Paramedics and other surrounding units that respond to an emergency at your residence, look for this document. We had a recent situation in which 911 was contacted and the medics were not able to find the File of Life. This may cause a delay in notification to your emergency contact and at times, not knowing your health status, could lead to a delay in proper treatment. Please be sure to complete this document if you have not done so. It is also important to keep the document up to date, with changes in



medications, new medical diagnosis or change of phone number for your emergency contact. The File of Life forms are a duplicate copy form. A copy should be kept in the magnetic pouch on your refrigerator. The bottom, or yellow copy, should be provided to the Social Service office. Blank copies can be picked up from the receptionist or in the Social Service office. During this time of restricted visitation, if you need a new File of Life or magnet, we would be happy to deliver it to you. If you have any questions or need copies of the File of Life or magnetic pouch, please give me a call.

The Well

BY KYRA SCHROER, DIRECTOR OF FITNESS & WELLNESS

Cardio - One of the three types of movement needed for health!

Walk, Dance, Bike... whatever gets your heart pumping a little harder is a good way to get this important type of movement. It is easier to keep doing things that you enjoy so try to find a way to have fun with it. Good music can help lift spirits and get you moving. Partnering up with a friend and holding each other accountable can also be helpful in keeping the exercise habit.

February was heart health month and March offers the opportunity to participate in the American Heart Association's (AHA) Heart Mini Marathon & Walk. The AHA's mission is "To be a relentless force for a world of longer, healthier lives." This event happens every year in over 300 locations to raise money to fight heart disease and stroke. As of this writing the organization is at approximately 45% of this year's fundraising goal. This year the events will be "virtual" so the challenge in reaching that goal might be more difficult. On the other hand 2021 might bring in more funds because of the pandemic. AHA has invested more than \$2.5 million to specifically investigate the cardiovascular implications of COVID-19 and is prioritizing the promotion of mental well-being by providing educational tools and content to corporate and community partners.

The Heart Mini has several events to choose from with varying lengths. My daughter and I have participated in several ½ marathons and 15K events over the years. The two events that may work best for the village to participate in are the Mercy Heart 5K Walk (3.1 miles) and the 1K Steps for Stroke (.62 miles):

Friday, March 26 - Christian Village at Mason 1K Steps for Stroke inside main building for people living in Garden Apartments.

Saturday, March 27 - Christian Village at Mason 5K Walk for people living in Garden Homes.

The length of these walks are just suggestions so if you'd like to be involved but think that might be too much then just modify and do what you can. Tracy and I will be providing more details towards the middle of March. As always if you have any questions please give me a call 513-701-3455 or send me an email kyra.schroer@christianvillages.org. If you aren't able to participate but would like to sponsor a walker or be a cheerleader please let us know. The Alzheimer's walk in September was such a fun event for residents and staff. We hope this can be our Spring into action event for 2021.



Auxiliary News

Auxiliary Membership

By Herb Schneider

Again, I want to thank you for your dues payments this past month. Your promptness in getting these paid as early as possible helps all the other officers get their work done as well. Please remember how important your dues are for the benefit of all our residents, especially those in Health Care. Some of you have sent in a donation as well as your dues and these are greatly appreciated.

Remember that sign-up sheets are available at the Front Desk and will be collected on a regular basis. Membership is only \$3.00 for a single person and \$5.00 for a couple.

Thank you again for your support!

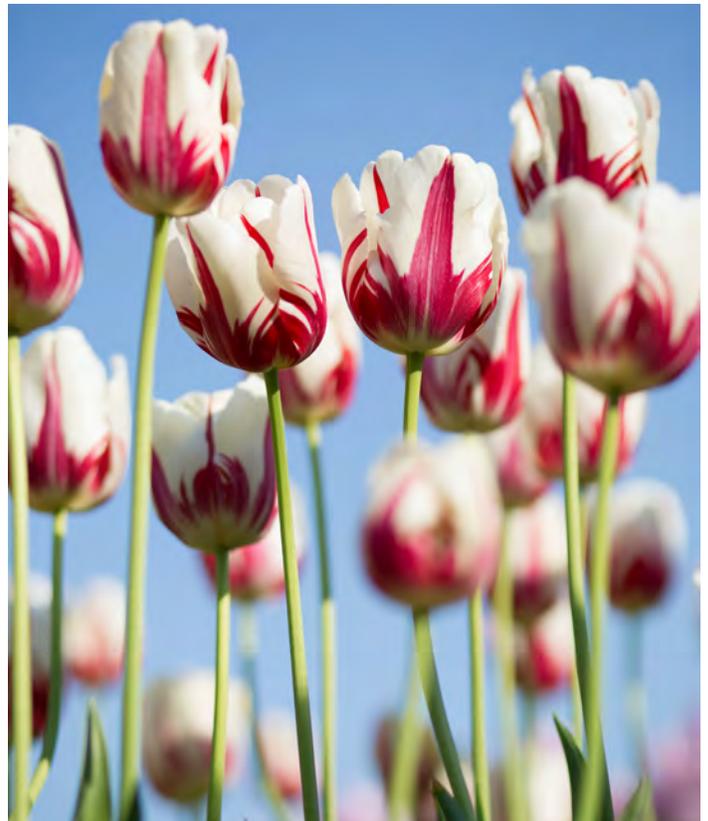
Spring Flower Sale

By The Black's and The Spreen's

On behalf of the Auxiliary of the Christian Village of Mason, we would like to thank those residents who responded with numerous orders for this year's flower sale! Due to the current epidemic, some of our "money making" endeavors have had to be put on hold. We enjoy working together as a caring community in order to raise funds, as Judy Olinger used to so knowledgeably state, "to enhance the living situation of all residents with an emphasis on the Health Care Facility". If this newsletter is distributed prior to Friday, February 26th you still have time to drop your order off at the front desk by that date. Once again, we thank all participants for their financial support.

Rosary

Due to COVID restrictions Garden Home residents have not been permitted to lead the rosary in the lounge. We are looking forward to when these restrictions are lifted but in the meantime Kyra is leading rosary in the Chapel on Thursdays at 3:30 p.m.. Our group is generally at least 5 but we can accommodate 10 people. Men are welcome to join and being Catholic isn't a requirement to say/listen to the rosary. We meditate on the mysteries of Christ and recite prayers either out loud or silently. The "Our Father" and "Hail Mary" are the most repeated prayers as we reflect on the mysteries. If you have any questions contact Kyra at (513) 701-3455.



Resident Organization News

Notary Services

CVC provides complimentary notarial services for our residents for basic and customary documents. This service is available Tuesday's through Thursday's from 9a-4p. During Covid we have been able to safely provide notary services. Please contact Rhonda Closson at 513-701-3436 (rhonda.closson@christianvillages.org) or Terri Burkhardt at 513-701-3448 (terri.burkhardt@christianvillages.org) to arrange an appointment.

Keep in mind: Personal appearance is required for all signers. If the signer is not personally known by the notary, the signer must present identification. The signer must be fully aware of the document content and that his/her signature is affixed to the document willingly, without any outside influence or coercion.

Our notaries do not provide service or participate in any property closings, and only financial institutions provide a Medallion Signature Guarantee (for securities).

TV Channel Name

By Hailley Carter

With the recent addition of new equipment that enhanced our "1851" TV station, we are looking for an official name rather than continuing to call it "1851". Since the residents are the primary users of the TV Channel, we'd love to hear your creative channel names.

If you would like to submit an idea for a name, we will accept submissions at the front desk or you can contact our Marketing Strategist, Hailley Carter at hailley.carter@christianvillages.org or (513) 701-3335. If you plan to submit a name idea, please have your idea submitted by **March 20th**.



Library News

By Mary Ann Watrous:

New Additions from Mid-January to Mid-February:

- David Baldacci, *Daylight*
- Annie Barrows, *The Truth According to Us*
- Steve Berry, *The Warsaw Protocol*
- Maeve Binchy, *Feather Scarlet*
- Dorothea Benton Frank, *The Hurricane Sisters*
- Tana French, *The Witch Elm* (LP)
- Tess Gerritsen, *I Know A Secret* (LP)
- Debbie Macomber, *1225 Christmas Tree Lane* (LP)
- Richard Mann, *How to Be A Movie Star (Elizabeth Taylor in Hollywood)*
- Christopher Reich, *Crown Jewel, The Take*
- James Patterson, *You've Been Warned*
- Belva Plain, *Whispers*

Mason Public Library Outreach

Friday, March 5, 11:00 a.m.

You Never Know

BY RUTH ODOR,
GARDEN APARTMENT
RESIDENT

COMMUNITY

When I first saw the words “village” and “community” used together I was puzzled. “Wait a minute,” I thought. “Don’t they mean the same thing?” I soon discovered that while similar the two words do not mean the same thing.

A village is a geographic place, a place with boundaries. Our village is the 75 acres on which we live - our campus. A community is much more. Definitions give the word a much broader meaning with words like united, bonded together, same interests, sharing. An old English word for community is defined as fellowship, union, common ownership. The Oxford Dictionary defines the word “community” as a group of people living in the same place or having a peculiar characteristic in common, the condition of sharing.

Never before have we been a community as much as during COVID-19 - an event from which we are recovering and may never recover completely. We have bonded together as never before.

We have done things we didn’t want to do. And we couldn’t do things we wanted to do. We understood the mandates but we didn’t like them. Through all of this we have encouraged and helped one another, knowing that we all were “in this boat” together.

Administrators had to stay informed; follow the government mandates; and provide understanding, strength, comfort, and hope to their residents. Staff went “beyond the call of duty” as they found themselves taking on tasks that were not in their job description. Day after day after day, nurses walk the halls as they check the temperature and oxygen level of each resident. Workers in the dining room prepared and

packaged meals, and servers delivered those meals to each room or apartment with a greeting and a smile, until finally the dining room opened. Skilled nurses test staff and residents and give reports of the results. Those who live in the Garden Homes help one another with visits, phone calls, shopping trips, and casseroles. Garden Apartment residents have been patient as they endure the rules. With smiles hidden behind masks they nod to one another or mutter a greeting as they pass in the halls. They communicate with one another with phone calls and cards and waves across the dining room. They share when they can. “Oh I have an extra bottle of detergent; you can have it.” “Of course you can borrow my blender.”

Kindness is one of our trademarks here, but I have never seen such kindness as I have during this pandemic. We are truly “all in this together.”

So in this place where we live, love, and care, we are indeed a community.

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The Christian Benevolent Association does not discriminate on the basis of race, color, national origin, ethnicity, sex, religion, age, qualified handicap or veteran status.