

Pavilion Ribbon Cutting Recap

By Lizz Stephens, VP Marketing and Business Strategy

April 16 was a very special day at CVM. Residents and staff gathered to celebrate the official opening of the new pavilion with a ribbon cutting celebration. After many months of work to design and build the new pavilion, it was finally ready for the grand reveal.

After remarks from Larry Monroe, CVC's President and CEO, and Jeff Bradley, Vice President of Development, residents enjoyed refreshments and music as they viewed the new 3,600 sq. ft. space. Highlights include a beautiful gas fireplace with fireside lounge area, kitchen serving space, 3 restrooms, an additional 3,500 sq. ft. for storage, 48 new parking spaces, and remote operated solar shades.

The pavilion will be used often in the warmer months for activities and events including cookouts, ice cream socials, and concerts. In addition, residents will be able to use the pavilion to gather with friends or family. There are some simple guidelines for residents reserving the pavilion for events, and they include:

- The pavilion is for resident use only at no charge.
- You can reserve by contacting the front desk.
- An event request sheet will need to be completed as with other areas of our community used by residents.
- A key will be obtained at the front desk the day of the event and dropped off after each event.
- There is no public use of the gas grill.
- Each group is responsible for clean-up. Please leave it as it was found.
- Maintenance must assist with utilization of the solar shades.

We appreciate all residents adhering to these guidelines.

The new pavilion is an amenity our residents will enjoy for years to come, and our guests and prospective residents are sure to find inspiring.



Birthdays, Celebrations and Updates



May Birthdays

This information is for
The Christian Village at Mason residents.



May Anniversaries

This information is for
The Christian Village at Mason residents.

CVM Transportation

Transportation services are available to all residents. Monday-Friday, 8 a.m. – 4:30 p.m.

*Concierge Cards—\$36 for 13 trips

For errand & medical trips within 5 miles.

*Appointments by Mile or Hour

For medical appointments and other trips over 5 miles, or if you require the driver to stay with you, pricing listed below:

- \$3.00/mile from drop-off and pick-up
- \$40/hour for the driver to stay with you

Scheduling Transportation

Call (513) 701-3415 to schedule an appointment.

Village Clinic Hours

7169 Village Drive

Monday - Friday - 10:00 a.m. - 11:30 a.m.

If you need to contact the nurse outside these hours, please contact Diane Reed, R.N., Queen City Skilled Care, Home Care Coordinator at (513) 314-0562 or Heather Carter at (513) 701-3403.

Grocery Pickups

Please turn in one list per week on Monday or Thursday into the Front Desk. (4 or 5 items). Please give list and money to the front Desk or call Transportation at (513) 703-3415.

RESIDENT UPDATES

This information is for
The Christian Village at Mason residents.

Chaplain's Corner

BY CHAPLAIN DAVID RAY

How Many Generations?

Doris Goodwin, a remarkable American historian, had a remarkable husband, too, the crafter of many timeless speeches for U.S. presidents and others. In a recent article in The Atlantic magazine, Doris writes about one summer morning a few years ago—seven months after he had turned 80—when her husband, Dick, was exceptionally “chipper.” When Doris asked him why, he said it was because he had had “a flash,” and then started writing down numbers: “Three times eight is 24. Three times 80 is 240.”

“Is that your revelation?” Doris asked. “Look, my 80-year life span occupies more than a third of our republic’s history,” he said. “That means that our democracy is merely three ‘Goodwins’ long.” Doris said she tried “to suppress her smile” while Dick continued.

“Doris,” he said, “one Goodwin ago, when I was born, we were in the midst of the Great Depression. Pearl Harbor happened on December 7, 1941, my 10th birthday. It ruined my whole party! If we go back two Goodwins, we find our Concord Village roiled in furor over the Fugitive Slave Act. A third Goodwin will bring us back to the point that, if we went out our front door, took a left, and walked down the road, we might just see those embattled farmers and witness the commencement of the Revolutionary War.”

An hour later, after more reflection, Dick came back to read aloud a paragraph he had just written, which began with these words: “Three spans of one long life traverse the whole of our short national history.” Then he announced, “It’s now or never.” Dick had some 300 boxes filled with archives of his working days that Doris says “he had dragged along with us during 40 years of marriage.” He had saved “everything” from his time as a speech writer and/or advisor to JFK, LBJ, RFK, and Eugene McCarthy. It was a mass of information “that would prove to contain a unique

and comprehensive archive of a pivotal era. Dick had been involved in a remarkable number of defining moments.”

From all of this would eventually come a book, that Doris would finally have to write for him. Over several years they dug through boxes, leaving Dick one night to say: “Who will be finished first—me or the boxes.” The work kept him occupied until cancer took his life in 2018. And now, this past month, finally came the book, *An Unfinished Love Story: A Personal History of the 1960s*.

All of this left me thinking about how many lives of residents in our Village last up to or beyond a full century. It’s only been about 250 years since our nation’s “Declaration of Independence,” making it still only a distance of two-to-three, extra-long generations from that beginning point for some yet living today. Think about Dick’s reflection upon “one Goodwin,” “two Goodwins” and “three,” and insert your family name. What have you experienced in a near-century of time? Perhaps your closets and storerooms are also full of boxes. It might be worth sorting through them to share with the next generation, too.

Stone Center Sermons

During May, we will conclude our sermon series on **Jonah**, take a pause for a **Mother’s Day** celebration on May 12, and then have a “**Service of Remembrances**” on May 26, the weekend of Memorial Day, when you might just hear some resident’s stories.

Contact Information

Office (513) 701-3406, **Cell** (513) 218-6548, or **Email** david.ray@christianvillages.org. If you need assistance to attend worship, desire Communion, or would welcome a visit, please contact us.

This information is for
The Christian Village at Mason residents.

Social Services

BY HEATHER CARTER, LSW, DIRECTOR OF SOCIAL SERVICES

Caregiver Support Group

The Caregiver Support Groups meets monthly on the 2nd Tuesday of each month. The next meeting is scheduled for May 14, 2024.

Time: 10:30 a.m. – 12:00 p.m.

The group will meet at the Village Clinic located at 7169 Crescent Drive.

Volunteers

There are many volunteer opportunities available at both The Christian Village at Mason and Christian Village Hospice.

Volunteers assist with a variety of activities, including letter or card writing, 1:1 visit with residents, assisting with activities, and assisting with office paperwork.

If you or someone you know has an interest in volunteering, either to assist with general activities and social engagement or with the Christian Village Hospice program, we ask you complete an application and interest inventory. Applications are located on the facility website (www.christianvillages.org), in the Social Service office or at the reception desk. Once your application is received, we will reach out to schedule a brief volunteer orientation.

If you have questions or would like additional information, please contact Heather Carter, Assistant Administrator/Hospice Administrator at (513) 701-3403 or Tracy Wolcott, Director of Community Life Services at (513) 701-3414.

We look forward to your involvement!



The Well

BY TOMI MARUNA, DIRECTOR OF FITNESS & WELLNESS

National Senior Health and Fitness Day

Wednesday, May 29

9:30 a.m. - 12:00 p.m.

Hockley Chapel

We're getting ready for an exciting celebration right here at CVM as we prepare for National Senior Health and Fitness Day! It's all about you, our beloved community members. Join the fun as we offer a variety of classes designed just for you. There will be prizes up for grabs for anyone who completes two or more classes, and lots of healthy snacks to keep your energy high. Let's experience the joy of fitness together!

National Senior Health and Fitness Day isn't just any event – it's a chance for older adults nationwide to come together and prioritize their health and wellness. At CVM, we're proud to be part of this movement, with over 100,000 seniors like you joining in to promote the importance of staying active.

We know that as we age, everyday activities can become more challenging. That's why we are here to support you every step of the way. Whether it's those stiff joints in the morning or the need for a little extra motivation, we've got you covered.

Fitness isn't just about physical health – it's about overall well-being. By staying active, you're not only strengthening your body, but also boosting your mental health and preventing future issues. And what better way to stay active than by joining classes with your peers? It's a chance to socialize, motivate each other, and most importantly, have fun!

So, let's celebrate National Senior Health and Fitness Day together at CVM. Join us as we move, laugh, and embrace the joy of staying active. See you there!

Please make note: There will be no regular classes in the RFC, as we will be fully immersed in the festivities. We can't wait to see you there! We might even have a couple of surprise guests join us.

Senior Health and Fitness Day Schedule:

1. 9:30 a.m. – 9:50 a.m. – Seated Walking Workout (1000 Steps)

This seated cardio class is easy on the joints and a great way to get your steps in!

2. 10:00 a.m. – 10:30 a.m. – Chair Dance

This class is a dance party, done sitting down in a chair. Designed for those who may not be able to comfortably participate in standing aerobic classes. Come sing along and move to music of various rhythms and genres. All ability levels are welcome!

3. 10:45 a.m. – 11:15 a.m. – Strength & Stability

Improves joint range of motion, muscular strength endurance, cardiovascular system, balance, bone strength, posture, mood... all in an inviting, safe, light-hearted environment.

4. 11:30 a.m. – 12:00 p.m. – Stretching/Mindfulness

Mindfulness and relaxation practices are amazing ways to reduce stress, improve mental clarity, and enhance overall relaxation. These practices can be beneficial for managing anxiety, improving sleep quality, and cultivating a sense of well-being.

Auxiliary & Resident Organization News

May Dine Out

By Al Shelton & Dee Bartholme

The Dine Out event will be on Thursday, May 16 at the Rusty Bucket, Deerfield Town Center. Rusty Bucket will donate 15% to CVM Auxiliary to benefit our community. **Note this difference:** The register receipt must be uploaded via the QR code on the flyer (see inserts). You can do this yourself or leave your register receipt at the front desk by May 17 and we will do it.

Transportation will be available at 11:30 a.m. for those needing a ride. Please sign up ahead of time at the front desk.

Thank you for your wonderful support for our first “dine-out.” We hope to see all of you at our next one!

Garden Home Security Tips

By Jeff Wade, Maintenance Supervisor

As the warmer weather arrives and we spend more time outdoors and enjoying the fresh air in and outside our homes, it seems like a good time to offer some reminders about Garden Home safety.

- Be sure to lock doors and windows at night, including interior garage entrance doors.
- Make sure cars parked in the driveway are always locked. (Check to make sure your garage door opener is in your car!)
- Make it a routine to close your garage door every night.
- Be mindful of your neighbors and remind them not to forget to close their garage door.
- Each Garden Home is equipped with a security system. Please call maintenance if you need assistance with how to use it.
- Do not open doors to solicitors. If you see suspicious people walking around the property, please call maintenance, so they can escort the person off the property.

State of the City of Mason Meeting

Wednesday, May 1, 2:00 p.m. Stone Center

Mason City Manager, Eric Hansen will be speaking and bringing 4 other Mason staff members to discuss various projects and initiatives happening in the city. Jennifer Heft, Assistant City Manager, Jordie Bacon – City Planner, Levi Wells – Police Chief and Haleigh White – Assistant Parks & Recreation Director.

Garden Home Dinner at Dusk Save the Date

The well-attended Dinner at Dusk is making a return on Tuesday, June 25. Following the success of last year’s gathering, we are delighted to announce that we will be hosting this Garden Home event again to welcome new residents. The Dinner at Dusk is an elegant dinner in the Stone Center auditorium beginning at 6:30 p.m.. All Garden Home residents will receive an invitation in the coming weeks. The purpose of this dinner is to welcome new Garden Home residents that have joined our community in the last year. Watch your mailbox for an invitation with more details!

Upcoming Concerts

Concerts will be held in the Stone Center. They may not be available to be aired on CVC TV if music groups bring their own sound equipment.

- **Stacey “Duke” Todd** - Tuesday, May 7 at 7:00 p.m.

This singer-songwriter has toured with the Van-Dells for over 47 years. When he is not touring, he performs solo concerts for all audiences.

- **Larry Monroe in Concert** - Thursday, May 23, 7:00 p.m.
- **Three Pianos and a Voice Concert** - Wednesday, May 29, at 7:00 p.m.

Auxiliary & Resident Organization News



Larry Monroe in Concert

Thursday, May 23, 7:00 p.m.

Join CEO Larry Monroe on May 23 at 7:00 p.m. in the Stone Center auditorium for an evening of fun and entertainment. This will primarily be a country/folk music concert but music from other genres will be included. The song list will include music from John Denver, Johnny Cash, Eddie Arnold, Kenny Rodgers, Don Williams, Jim Reeves and more. In addition to his 6-string and 12-string guitars, Larry plays songs on the banjo, so you won't want to miss this concert.

Three Pianos and a Voice

Wednesday, May 29, 7:00 p.m.

This concert features familiar faces from the Sunday morning worship Service in the Stone Center. The featured pianists are: Cindi Cooper, Joyce Lawson and David Lautzenheiser playing a variety of piano repertoire for two and three pianos consisting of Classic, Pop, and Gospel music.

The Voice, not the television show but a familiar face from the Stone Center Worship service, is soprano, Kim Rodarmal. Kim has presented special music in the Christmas and Easter services and has appeared as a soloist with the Ambassadors Choir a number of years ago. In this concert Kim will perform some of her favorites from The American Songbook as well as beautiful solos from the gospel music genre.

Kroger Shopping Bus

If you are a Garden Home resident and would like to use the CVM Bus to go shopping at Kroger on **Tuesday, May 14 at 9:00 a.m.**, please contact the front desk with your name and Garden Home address. The bus will pick you up at your home. Shopping trips require a Concierge Card — (\$36 for 13 trips). The cards can also be purchased at the front desk.

Library News

By Mary Ann Watrous

March/April 2024 Additions:

- Ann Cleeves, *The Sleeping And The Dead*
- BJ Hoff, *Harp On The Willow*
- William W. Johnstone, *Forever Texas*
- Julie Kenner, *The Givenchy Code*
- Liza Marklund, *Lifetime; The Long Shadow; Red Wolf*
- Robert B. Parker, *Damned If You Do*
- Nora Roberts, *Come Sundown*
- Joe Siple, *The Five Wishes of Mr. Murray McBride; The Final Wish of Mr. Murray McBride*
- Jacqueline Winspear, *A Sunlit Weapon; The Consequences of Fear*

Large Print:

- Michael Koryta, *The Ridge (LP)*
- Susan Wiggs, *Summer at Willow Lake (LP)*

Non-Fiction

- Robert Harris Walker, *Cincinnati and the Big Red Machine*

Mason Public Library Outreach

Friday, May 3, 10:00 a.m.

Please remember to turn in your library books to the craft room for pick up.

You Never Know

BY RUTH ODOR,
GARDEN APARTMENT
RESIDENT

WE ARE HIS

"Where are you?" God asked Adam, although He knew where he was and what he had done. He had to punish him, but still He loved him. Oh, how He loved this man and woman that He had created. Even though they and their descendants would disobey Him and stray from Him again and again, He would never stop loving them.

"I am your shield," He said to Abraham.

"I am with you," He said to Jacob, "and will watch over you wherever you go."

Although it looked as if God had forsaken Joseph, He blessed him and used him.

When a scared and timid Moses said, "Who am I to lead the people out of Egypt?" God said, "I will be with you." And at the end of his long journey, Moses told the people, "...the Lord your God goes with you; he will never leave you nor forsake you." (Deuteronomy 31:6 NIV). Moses said to the people, "...he guarded him as the pupil of his eye. Like an eagle that stirs up its nest, that hovers over its young, he spread his wings and caught them, he carried them on his pinions." (Deuteronomy 32:10-11 NASB).

To Joshua, God said, "...I will never leave you nor forsake you." (Joshua 1:5 NIV).

All through those years afterward, the people went back and forth, deserting God, turning away from Him, then turning back to Him. Still, He loved them. Oh, how He loved them.

"All through those years afterward, the people went back and forth, deserting God, turning away from Him, then turning back to Him. Still, He loved them. Oh, how He loved them."

Then in the fullness of time, He sent his Son. For God so loved the whole world that He sent His Son, to save His people, He sent His only Son. Of course, they had to accept His marvelous gift. His love for them is unending.

So, no matter how our cultures may clash. No matter how our world may fall apart, we are His. He holds us with that love that will not let us go.

"Loved with everlasting love,
Led by grace that love to know.
Spirit breathing from above,
Thou hast taught me it is so!
O, the full and perfect peace,
From His presence all divine,
In a love which cannot cease.

I am His and He is mine."

-George Robinson



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